



INNER QUEST CHURCH

Communications

Inner Quest Shining the Light

Did you know that one person's light can not only influence his world, but can also light up THE World? And did you know that when one person who holds love and light in their consciousness is with another who holds love and light in their consciousness, the effect is substantially larger than the two alone! "Where two are more are gathered, whatever they ask in agreement shall be done." Matt 18:19-20

The power of the love of God moving through the human consciousness is incomprehensible. According to the work of Dr David Hawkins:

One individual who lives and vibrates to the energy of pure love and reverence for all of life will counterbalance the negativity of 750,000 individuals who calibrate at the lower weakening levels.

What happens when several individuals come together sharing love, light and hope? How powerful does this light become? When we gather as a church community, we are helping the entirety of mankind to heal. The love shared, the thoughts expanded, the powerful good intentions create a light that can be seen in the heavens. And this occurs every time our doors are opened. But the magnitude of this power is so much greater on Sundays!

If you have ever come to a Sunday Service early, you will feel the love and light, the peace and serenity. And then when others arrive, it begins to build. Then when the service starts and the church is full of people who are holding a frequency of God love for all mankind, the energy is palatable. You can feel the love of everyone supporting your consciousness; and together we are all supporting the consciousness of humanity!

Sundays are a very sacred time for us. We would love for you to come and be a part of this experience. Your light will certainly shine much brighter when you leave, and you will have shared your vibration of love with the whole.

Join us on Sundays!

Let there be Love on Earth, and let it begin with me!

Welcome Kristen Brown to our Staff

As you know we have all been praying for the perfect new team member for our Church. After a very long search and much prayer, Kristen Brown joined us March 16. She has been training with Cheryl Provence, Cassie Parlotto and Kelli Williams. (Many thanks to these three for holding us together during the search time.) While Kristen is still learning the ropes, she is available for questions, scheduling appointments and other things you may need. We are so very grateful for the prayers and so very grateful that God has brought a beautiful, talented light to our team. Yea God!!!

***Our Fall Festival is Coming!
Saturday - October 10, 2026
11am to 4pm***

Mark your calendars and get ready to Volunteer. Get an Amazing Healing and Reading, and Get Blessed!



Let God's Love Shine in Your Heart!

In this issue:

- Sunday Services –May-Tenets of Inner Quest; June– Jesus' Healings
- Tuesday Nights –May is all experiencing our Body as an Energy Vehicle. Then in June we work with our Crystals.
- Reiki Nights– May 09 & June 13
- May 17, Chakra Class 1pm—4pm
- Public Speaking Class, June 19 through June 21
- Fall Festival -October 01, 2026

Reiki Night Comments

"It was very relaxing, felt my whole body relax" MN

"I felt tingles and a feeling of joy. Many useful thoughts came to mind to better deal with my attachments and concerns. Great Experience" PS

"I felt rested. I felt heat passing through my body. I feel good and not as worried as I as when I came in" EC

"I noticed a change in vibration afterward and during the session. I was actively feeding off the frequencies. Very Pleasant experience and people" C



2026—Opportunities Abound

We are all looking for change, looking for a new reality. And for most of us, we will literally walk up to the door of a new awareness, and then stand and admire the door. Yes, the door is beautiful. The vibration of what is behind it is vibrating to welcome you in. BUT, you will realize that once you open the door, you will be in unfamiliar territory. You will no longer be able to control your expansion. You will have surrendered to a Higher Power. And you will find yourself beginning the journey to your fulfillment. Open the Door. See you on Sunday!

Sunday Services for May 2026

In May, we are continuing to embody the tenets of the Metaphysical Christianity of Inner Quest Church. Join us and find your path.

God and Us!

May 03	Our World, Our Creation	Cindy Fuller
May 10	Mothers Day	Patrick Abent
May 17	Growth leads to God Awakening	David Fuller
May 24	Heaven on Earth can Exist.	Cindy Fuller
May 31	Life is Eternal	Cindy Fuller

“God, I am Ready to Expand my Territory!”

Sunday Services for June 2026

In Jesus’ walk, he taught of God’s love and then he showed people the power of God’s Love. In June, we will explore some of the stories of Transformation and Healing.

God Love is a Miracle!

Jun 07	Roman Captain	Cindy Fuller
Jun 14	The Blind Man	Patrick Abent
Jun 21	Father’s Day— Jarius’ Daughter Epileptic Child	Cindy Fuller
Jun 28	Grecian Girl	Cindy Fuller

“Jesus said, “Everything I do, You Shall Do and Greater!”

Magic That Heals

“There is always something beautiful to be found if you will look for it.

Concentrate on beauty rather than on the reverse.

This positive, loving attitude toward life and people is all part of the divine magic which we are endeavoring to reveal to you.

*It is helping you to perceive the divine presence,
helping you to put into operation the divine magic that heals. ”*

The Quiet Mind by White Eagle

Reiki Healing Nights

May 9 & June 13 6:00-8:30pm

Reiki nights are a wonderful opportunity to come and receive a 20 minute reiki session on a Love offering basis. **Reiki Energy** heals on every level— including causal. It is received by the client as their body draws in the warm healing light. This is the most gentle method of receiving God’s love directly where it is needed.

Be sure to Mark your Calendars for the next Reiki Nights in May and June!

Chakra Class

Let’s talk Chakras!

Sunday after service, we will take a moment to look at the major chakras in our bodies. As we learn of the different frequencies and their area of expression in our worlds, we can learn to feed them and resculpt the thoughts that drive the energy into form.

This is a lot of information and will take a few minutes to go over completely. But once you can see the rhythm of your energy field, you can create exactly what you desire!

We will end with a Chakra Balancing Meditation so you will feel inspired, together and whole. *Love Offering*

Tenets of Inner Quest Church

God is Love

**All are Children of God
God Love Flows to us and
Through us.**

**Every Heart Desire is of God
Jesus is the Christed Son of
God.**

**All are on the Journey of
Christing.**

April– The above tenets were discussed during the Sunday Services of April 2026.

May– We will continue our studies of these tenets in order to enhance our basic beliefs that govern our individual lives right here, right now.

**We create our Reality
Experience Expands our
Christ Awareness
Heaven and Earth are One
We are Eternal**

**Stay with us as we explore
beliefs that can enrich and
re-script your reality!**

Summer Fun for the Kids!

We are currently planning a One Day Kids Camp at the church. We are considering a Saturday in July— running from 10am to 4pm.

If you would like to help participate in this, please let us know. We are planning: fun activities, a craft or two, lunch, meditation, more fun... and maybe a water balloon engagement if weather is co operating.

Also let us know if you would like your child to participate.

Little hearts are BIG radiators of love!

Tuesday Nights

Tuesday Nights, 7:30pm- 9:00pm



Tuesday evenings allow us a hands on experience to feel God in our hearts..

WE are all aware that we are energy beings of God's love. BUT how do we use this awareness? How does this change our actions, desires, or creations? Do we even stop to turn our energy towards what we would like, or do we find ourselves victim to whatever is occurring—feeling weak and directionless? In May, we will be learning tools that allow us to Be-Come the Masters of Energy that we already are! Learn to Express with your Christ Light on!

May

- May 05 **Energy movement– grounding** Tonight we will explore the basic principles of our vibration in the physical world. Grounding with Mother Earth keeps you one with the rhythm of the heart beat of life. We will be outside, weather permitting.
- May 12 **Mudras** Our Hands are unrealized power centers for our health and wellness. Join us tonight as we reconnect our energy fields into a state of wholeness.
- May 19 **Release and Receive** Noelle Abent owner of Energetic Therapies will be leading. Learn Energy tools to release pain and tension, reactivate your energy and a meditation to allow Divine love to flow through your body for healing.
- May 26 **Body & Spirit: How Energy Moves Through Us** Cassie Parlotto, owner of Joiful Yoga will be leading. Discover how energy flows through the body, bridging Christianity, Metaphysics, and Yoga into a grounded practice for deeper self-awareness, connection, and healing.

In June –Time for Crystals! Each Tuesday we will learn of the mystical supportive power of Crystals. Did you know that the more you work with your crystals, the more they will vibrate for you? Bring your crystals to charge. If you don't have any of these, we have small ones for sale \$3 each.



June

- Jun 02 **Clear Quartz** Called the Master crystal, this quartz can be used to hold and transmit information in all areas of industry and manifestation. Bring your quartz and let's charge it so it can assist in your dreams becoming a reality.
- Jun 09 **Amethyst** Known for its amazing healing properties, you can use Amethyst anywhere. In Jewelry, décor, and meditation areas, Amethyst will vibrate healing energy that creates a deep harmony in the energies that surround it. Let's connect.
- Jun 16 **Rose Quartz** This crystal of love transforms matters of the heart. This crystal should be a staple in every home! It responds immediately to the connection a human brings. Come and enhance your love frequency.
- Jun 23 **Labradorite** Allows Magic to happen! Stabilizes the aura and enhances flow of energy within. Helps with anxiety, Insecurity, stress, protection and Inner Strength.
- Jun 30 **Fluorite** Activates your Inner Genius. Enhances Focus and Mental Clarity. Assists in energy clearing and self love. Join us as we connect and align with our Fluorites.

Join us if you can. It is time for our expansion into Greater Love Expressing!



Each Tuesday Night, we open with our Healing Circle– which we have been doing for 36 years. If you are unable to make it, you can call in, or email your prayer requests or place them in the basket while you are here on Sunday. Each prayer is prayed over for 30 days, and individually blessed before releasing.

Public Speaking Class

Friday, June 19 7:30-9:30pm
Saturday, June 20 9am-4pm
Sunday, June 21 1am-4pm

This workshop will open your consciousness to an expanded energy way to present your messages to the world.

You will learn about energy, how to prepare your thoughts, how to maintain focus and how to hold that positive feeling within even while you are sharing it to the world.

Whether you currently speak publicly or not, the information will help you in all of your communications.

In the work world, with relationships, even in

casual conversation with a friend, you will become more aware of the message you are bringing to the exchange.

You will learn how to present your message to the world in a way that reflects your unique truth. A fun investment in self! \$250

It's Your Turn to
Speak

The Four Agreements

Be Impeccable with Your Word
Don't take Anything Personally
Don't Make Assumptions
Always Do Your Best



Thoughts of the Ministers



Saving Yes to God

We all know that what we experience is what we seek – on some level. This is why it is so important to be awake in Life. To be a conscious creator or a conscious chooser in life is our birthrite as a son or daughter of God. It is from this perspective that we can live the life we were born to live. This is kind of a “new” thought for race consciousness, whose time is now. We are divine beings.

“How can we live this truth, make it our reality”, is the question we must all ask ourselves. Our reality which is to look from a human perspective rather than with spiritual understanding, is difficult to transcend, but we can!

Our whole point of reference about life is from a 3rd-dimensional perspective of history as a human. From the moment of birth, we have been given an identity as human. Identities are good but labels limit. We were taught the way things are, the way things have been, and how they are going to be. We were given a slot or our part to play with little choice. Living a life of limitation has created a world of “isms”.

We came to be greater. Jesus gave us our “true” identity. We are the sons and daughters of a loving Father Mother God. The time is now to be who we truly are God love made manifest.

As we open to and accept this truth, that we are spirit, we open to greater good on all levels. We can now begin to participate in life from the perspective that we are one with life, knowing that when one is helped, all are helped, or when one is harmed, all are harmed. When we know we are love it is easier to live as love. We are creating a new relationship with life as well as a new life.

Harmony, Peace, Joy, Abundance, Acceptance are qualities of Spirit we have within our heart, and it is time to share with life these gifts of Spirit. This is what Jesus meant when he said, “to be in the world not of the world”. When we align our will with the will of Father Mother God, we can experience “Heaven on Earth”.

Are we willing to allow love to lead?

Peace,
Patrick

Transition

The world seems to be in a complete transition these days. Countries, Economies, Cultural Morales— everything seems to be up in the air with no sense of a grounded path forward. And each of us is experiencing that in our own personal life. When the world around you shifts, you have to shift to create a new norm for your reality.

Fortunately, we are also being given moments when we feel everything is out of our control. So all we can do, is give it to God and let go. In those moments, we can find the peace and serenity of oneness with Creator. We are no longer wondering how a government’s action will affect our world. We are simply breathing in God’s love and realizing that above it all, we ARE SPIRIT.

This is not a non-active position. This is a very active position. Here we are saying, God, we know you have the answers and we are choosing to live in that reality. Then as we re-engage with the world, we are fully aware that we have choices, and we are ready to live our truths as Children of God.

We may not see things settle until the end of 2027, and then things may be really different than they are today. BUT, we have lived through a global consciousness shift many times already, so we know we will be given opportunities to thrive in the new one as well.

In the transition time, it is so vital to keep your Spirit foremost in your awareness. And although we dearly love the world we have manifested, it is temporary. The only thing that remains is the love, energy and connections that we create during our journeys. We are the eternal children of God. Invest in those people who resonate with you. Honor all of life, but actively engage with those who hold a frequency of God light. Move freely in this world allowing serendipitous blessings to meet you where ever you are. No matter how it looks, God is in Charge!

So, as we watch the world look for a new way to create a cohesive harmonious path, we can be creating our own- A Path that puts God first– the God within your heart, not the rules that mankind has put on God. God Guidance and God Love will begin to show each person how valuable they are to the whole.

In the mosaic of humanity, each light is so important. It is the ones who hold the vision for a healthy, balanced world that will subconsciously guide the minds of the whole into co-operation and progress.

Keep your hearts full and find joy in the journey!

Much love to all,
Cindy



A New Shipment of Crystals
are arriving on May 19! Come and see if any new energies would like to support your journey!

Direct emails to the church:
iqc@innerquestchurch.org

See Updates on our website:
www.innerquestchurch.org



Inner Quest Menu



Healing Services—Served all Day

REIKI – 50 min \$80

Re Universal, Ki Life force energy- A gentle hands-on healing energy that quickens the body's natural healing ability. Reiki reduces stress and pain and improves overall wellbeing. Reiki removes blocks in the physical, mental and emotional bodies to allow healing at the deepest level. Experience peace and healing while you relax on the table and the healer allows the gentle flow of reiki to move through their hands.

COLOR THERAPY- 50 min. \$80

This powerful and transformative treatment developed by Inner Quest, introduces specific color frequencies into an individual's energy field to effortlessly restore balance and harmony. Every color has a matching sound, and every sound has a color. During the session you lay on a table, 2 colors specific to you are moved and held above your chakras while coordinated music is played to enhance your healing.

INNER LIGHT THERAPY- 50 min. \$80

This very deep and gentle healing is our gift from spirit. It is a combination of modalities that we teach at Inner Quest. Cradling, Scanning, Chakra Balancing and channeling the Christ light into the cells of the body, are used to transmute and transform patterns and memory we hold on at a cellular level that are creating discomfort and illness.

CRYSTAL SOUND THERAPY- 50 min \$80

Re-spatialization of Energy. Sometimes a greater shift is needed to clear the body and energy field of blocks and negative patterns. During the session, specially created music, color and crystals are used to shift the energy field and clear the body. Gain a new perception of self, clarity, openness and balance.

ROHUN Therapy-(3) 2-hour sessions/\$300 each/ \$900 total

An intimate therapy that allows you to identify faulty thought patterns that have been sculpting your reality. Once identified, you can release them and choose new positive thought patterns to redesign your life.

CHAKRA BALANCING- 30 min. \$40

The therapist balances your energy field by clearing chakras and reenergizing them so that they can work together. You will feel like you are whole again.

CRADLING- 30 min. \$40

This technique allows the therapist to hold the frequency of the Christ as it moves through the body—physically, emotionally, and mentally.

Special Services—Served all Day

Spiritual Readings

All Readings are 50 minutes and are Priced as Follows

Patrick Abent	\$100 per Session
Kelli Williams	\$100 per Session
Cindy Fuller	\$150 per Session

Heart to Heart

These Readings give you information from Spirit to help guide you and bring clarity in your choices. Your Questions guide the session. You may ask about others, situations, or any issue you may be going through.

Past Life Readings

These Readings give you information from your soul to help you understand issues from previous incarnations that may be influencing your world today.

Angel Readings

We will connect with your angel team and discuss the guidance and exchange they are providing to you.

Body Scans

The reader will scan your energy field and Spirit will guide information for correcting the energy patterns in your body. This may include dietary advice, movement advice and even causal thought that has created the crinkle in your energy field— which is being experienced in the body.

Main Dish for Everyone—Served all Day

SPIRITUAL COUNSELING- 50 min. \$80

Support on your journey- Everything in your world reflects your current belief system. Through recognizing these beliefs, you can then be guided to apply higher beliefs and truths to rise above the current situations in your life.

It is recommended that a series of counseling sessions be done. You will experience change with each session. Coming once a week or every other week allows you support as you create and navigate new forward motion steps.

Please follow us on:



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[Facebook.com/innerquestchurch/](https://www.facebook.com/innerquestchurch/)

To Be

Being, is just, Being
We live in the eternal Now
Who am I, I am Love
This is my sacred vow

God is love
God and I are One
Allowing my natural essence to flow
Is all I need to know

Love is the thread that runs thru life
All aspects of the One
No beginning or No ending
Nothing is ever done

Acceptance of this truth, a Key
Unlocks eternity
To seek, to see, to experience
How we came to Be

**Peace,
Patrick**



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God Bless.....