



December 2025



INNER QUEST CHURCH

Communications

Merry Christmas

The Celebration of the Christ!

The never ending love of Father/Mother God is so evident during each Christmas Season. The Christmas Angels descend to open the hearts of mankind so that they can bestow the blessings of God's Miracles. Everyone on the planet is affected by this great love that is shared in the human hearts. No matter the religion of the person, all can feel the celestial love and all are drawn into the sharing of that love with the world! And Christian churches lead the way.

At Inner Quest, we are so very grateful for all of our people. Whether they be members, participants or simply those who share their light, our Inner Quest family becomes the Christmas lights that all can see. We are so grateful for each one who comes for any reason. We are so grateful for each one who supports our ministry in any way. All of their love feeds the family of Inner Quest and allows our light to shine brightly in the world.

We would love to invite you all to join us at some time during our Christmas Celebrations. We will be performing the "*Metaphysics of Christmas*" on Dec 14, at 7:30 pm. This is a beautiful program that will open your hearts to the love of Jesus Christ and his continuing presence in our world.

We will once again, have our annual *Christmas Eve Candlelighting* on Dec 24 at 7:30 pm. Opening to the Christmas Angels and to all of the love in our reality, we will light our own candles to share our light with the world.

Then on New Year's Eve, we will have our *Burning Bowl Ceremony*, Dec 31 at 7:30 pm. We will release 2025 and set our goals for 2026 into motion.

Come and share your light with your Spiritual Family this Christmas. God's love can be truly felt when the Children of God gather! Come and join us as we create a space of pure love that will unite with all of the other lights in the world. Together we can transform this reality to God's perfect Peace.

"Peace on Earth, Good Will to Man"

Christmas Time

Christmas brings a spiritual presence unlike any other time of year. It holds an individual meaning for each of us and over the years it has changed many times for me.

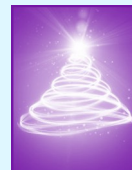
Early on it was presents, presents, and presents brought by Santa. Then buying gifts for family and friends. As I grew older, something changed for me. The meaning of Christmas changed: it no longer meant the 'outer'; it moved 'inward'. The birth of Jesus now brings tears to my eyes while bringing hope to my heart. This feeling is warm, comforting and peaceful and I find myself wishing Christmas would last all year long.

When you look at our children and

grandchildren's faces, they are glowing with joy and anticipation. There's such beauty and love abounding within; I just want to capture these moments so they remain part of every day not just at Christmas time. I ask for each of us to hold this peace and love in our hearts. As we sing Christmas carols and celebrate the birth of baby Jesus, let us live the true meaning of Christmas time all year long.

I wish a joyous holiday season filled with love, laughter, peace and harmony to each of you and your family. Let these gifts be the ones that comfort and support you.

Merry Christmas!
Terry Lufkin



In this issue:

- Sunday Services –Join the Celebration of Christmas Light
- Tuesdays Nights –Sharing God Love and Healing
- Christmas Shopping Sale! Sat, Dec. 6 from 10am to 2pm.
- Reiki Night -Dec 13
- Metaphysics of Christmas– Dec 14 at 7:30 pm, Sunday Evening
- Christmas Candlelighting Service on Christmas Eve, Wednesday
- Burning Bowl Ceremony on New Year's Eve, Wednesday
- Christmas Family Gifts– Due back on Sunday, Dec 7

Reiki Night Comments

"I felt very relaxed, calm and grateful." KM

"I feel less burdened and more confident" JL

"Feeling love and power in my body." LL

"I felt warmth, pressure, energy and light in my forehead. I felt deep gratitude and thought deeply about my purpose in life." VH

"This was magical" SA

Christmas Brings God's Love to Every Heart!



Sunday Services for December 2025

Jesus Christ came to Awaken the Children of God!

Dec 07	Christmas– God’s Gift to the World	Patrick Abent
Dec 14	Christmas Love Unites	Cindy Fuller
Dec 21	Merry Christmas	Cindy Fuller
Dec 28	The Light in Your Life	Cindy Fuller

“Jesus brought us the Gift of Remembering the Christ!”

Christmas is the wonderful time of year when every heart turns to love. We want happiness. We want love. We want to live in a world where hope and expansion are the normal emotions we live by. And most of the year, these qualities are hard to come by. Yet, at Christmas, we KNOW love. We feel happy and hope replaces our dismal perspectives as it paints a vision of beauty and peace. **We change at Christmas!** We change because we actually know the Father’s Love! We feel the Christmas Angels and we KNOW the love of Jesus Christ for each and every human on the planet. We don’t have to believe because we feel. Christmas love permeates all of the human challenges and reminds us all that we are the Children of God. The special time is a heaven and earth experience. The Angelic beings fill our hearts and thoughts with perfect light. And the people we meet all seek to share a moment of Christed love and goodness.

This year, allow your heart to open bigger than it ever has. Open to see and feel the angels. Ask to see and speak with Jesus Christ. Ask Father/Mother God to touch your heart with a miracle or two. Ask– receive. Give– celebrate. You are a Child of God, and His love is flowing through you in every way.

We would love for you to join us, your Spiritual Family, as we gather this December to remember and to shine our hearts in the Great Christ Love.

*“At Christmas Time...invisible hosts draw very near to the earth
as the Christ Spirit is born anew in human hearts...”*

The presence of the Cosmic Christ is actually seen and felt.

*This is the season of illumination,
the season for lighting the little lights in the human heart.*

Let the Light Shine.

*Let the light of the Christ Love, the Christ Spirit, shine forth from you,
and you can not fail to share in the happiness that you are all wishing each other!”*



CHRISTMAS PARTY in the BOOKSTORE

**Saturday, December 6, 2025
10am to 2pm**

Patrick is opening the doors to the bookstore and running a 4-hour sale. At Least 10% off of EVERYTHING.

It will be amazing! Come with your Christmas list in hand and bring your friends and family

Patrick will be offering hot beverages and snacks and working deals. This will be the ONLY time during the holiday season he will offer to sell the crystals, minerals, and gemstones at a reduced price! Don’t miss this event!

ALL INVENTORY at least 10% off –
but Patrick is willing to make some deals!

The more you buy, the deeper the discount!

Remember we have a great selection of crystals, jewelry and of course the best Metaphysical Books around!

And if you are looking for a Special Gift– a Gift Certificate just might be the perfect thing!



Holiday Schedule Dates We will be Closed:

Christmas– Thurs and Friday, Dec 25 & 26

New Years– Thurs and Friday, Jan 1 & 2

Schedule your sessions early so that you can get in for your Holiday Healing! These also make great gifts for your Christmas list!

Gift Certificates are available!

Don’t forget to schedule your Reiki Initiation Appointment



Don’t Forget our Christmas Family

Again, we are sponsoring 10 children from DFACS this year. The gifts requested are in the foyer. Please select one, write your name and number, and bring it back to us wrapped and labeled by Dec 07.

If you are unable to come and select a gift yourself, you can call, donate the funds and one of us will do the shopping and wrapping for you!

Help us make this Christmas fabulous for a few little ones!



Tuesday Nights

7:30pm- 9:00pm

December

Tuesday Nights are for you. Each evening is an experience of Connecting with God and uplifting your consciousness. When we come together as a group, the light multiplies making our forward motion easier and blesses the entire world. At Christmas time, the Angels are waiting for us to become that channel of God's love, so come and receive as you contribute to Heaven on Earth.

- Dec 02- **Christ Meditation** Tonight we will align with the Universal Christ, the Christ in Jesus and the Christ in our hearts. Come and Connect with Christmas!
- Dec 09- **Santa Meditation** Our annual meditation of connecting with someone in the Atlanta area that could use some spiritual strength and faith support. Everyone can share their love!
- Dec 16- **Past Lives**— Tonight Peggy Mills will guide us in an exploring Past Lives! We will understand how our past experiences affect our present which will bring us to new understanding, growth and change. With intention we will do a past life meditation followed by discussion. Come for a Christmas Miracle!
- Dec 23- **Christmas Angel Healing**— The Christmas Angels bring a celestial energy of healing into our worlds. Whether you need a healing of body, mind, emotions, or matter. Come and receive a Christmas Blessing.
- Dec 30 - **Walk through 2025** Tonight we will do a meditation to walk through our personal events of 2025. We will look at those places and people who still have our energy and we will decide how we want to unravel the attachments so that we can create a wonder filled 2026!

Tuesday evenings are set aside for the purpose of touching the presence of God within our hearts.

It's Christmas!Again!

Every year at Christmas time, the angels of God's love and Glory come close to the earth. It may not be as grand an event as Jesus' entry, but the Universal love that covers our world is palatable. When this occurs and the veil thins, messages, inspirations and insights abound. People experience serendipitous blessings completely "out of the blue". We know that the angels have orchestrated every detail. Those who need love are brought to those who want to give love. And the cycle of Christmas energy continues!

This year, let's participate consciously! We can come and share our lights on Tuesday Nights. We can share our healing love with the world. We can expect messages from God about our mission in this world. Christmas is all about connecting in God love. Jesus Christ created the path through which we can be blessed and be used as a blessing.



Santa story

Every year, we are asked if Metaphysical Parents should go along with the "story of Santa". This is what Spirit said.

At Christmas, the idea of Santa has become the concept that a child can receive anything they want and as much as they want, without restriction. However, let's look at it.

Santa does have conditions on his gifting:

If you are good, you will receive. If you are not good, you may not get what you want. Metaphysically, isn't this the law of how we create our reality. We give and we receive. **Santa gives them what they want.** Doesn't this show them that they are seen, valued and loved?

Santa gives magically. These gifts appear seemingly out of nowhere and by an invisible means of a secret transportation.

Now, if as adults we could give our talents to the world and know that they would return to us in the perfect form that we desired and needed— how powerful would that be?

And if as adults, we could also experience all of these gifts and blessings showing up in ways that we could not even imagine. Magical unseen forces would move to miraculously bring us exactly what our hearts desired, at the perfect time. How powerful would that be?

We all know the energy of Santa. And although at one time you thought Santa was your mom and dad, the truth can now be said. Santa is not your parents.

Santa is God!

Up-Coming January News

Reiki Initiations-

We have offered Reiki Initiations for over thirty years. Spirit is showing us that it is time to increase the energy exchange that we currently receive for our initiations. So, in 2026 the following prices will be in effect:

Reiki I Initiation will go from	\$200 to	\$250
Reiki II will go from	\$300 to	\$430
Reiki Master will go from	\$1,000 to	\$1,400

These new rates will become effective as of Jan 1, 2026.

If you have been thinking about advancing your reiki training, and would like to purchase during 2025, the current rates will be honored even if you schedule during 2026.

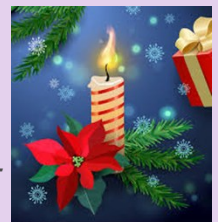
Reiki is one of the most loving and gentle healing techniques available. It can calm the soul and activate an instant healing process, and can be used in an informal setting when necessary.

Check your heart to see if it might be time for you to take your next step as a healing channel of God's love.

Merkaba— Saturday, January 31, 2026

9:30am to 4pm **\$250 per person**

Merkaba is the spinning light body that surrounds every human. In this class, you will learn to balance and set into motion your "light body". As you do this, you will lift your vibration so that you are in harmony with the higher energies of God's Love.





Thoughts of the Ministers

Share Your Love!

The Christmas Star drew many from afar. It drew those who were wise in the ways of the stars and it drew many whose hearts were stirred by the phenomena that

was taking place.

A greater light was returning to the planet. Prophecy had foretold of a great one to come. The whole world, whether they were aware or not, could feel something.

A world in darkness and bondage was collectively beaming out a prayer of Hope. This prayer was conscious by some, but for most it was from the collective unconscious of humanity. "Let love return to Earth". This was a universal prayer and still is.

Let Love Return to Earth.

Jesus the Christ, the Love of God manifest, came to reveal to us our hearts desire and how to truly know God. He showed us how to live as love, and by living love we can transcend this third dimensional reality. He gave us the path and the pattern and reconnected us with our Father/Mother God- we are the children of God. Jesus didn't do love. Jesus was love. And all he asks of us is to be who we truly are.

Every year we celebrate not only the birth of Jesus but also his life. His life, his living love is the gift beyond compare. I think Jesus would want us to celebrate the birth of the inner Christ in man daily. Our world is not so different from the world Jesus came into. Sure we have more trinkets and technology, but there is still a lot to accomplish on a humanistic level, not to mention from a spiritual perspective, or the simple directive to love.

Jesus the man, a soul fitted by many lifetimes of trial and triumph, so purified his soul as to be able to recognize his true nature- God's Love, and then manifest this Love.

We, too, have had many lifetimes, each presenting the opportunity to expand our consciousness and purify our soul.. to know true Self.

Once again the collective unconscious of humanity is beaming out a prayer of hope.

Let Love Return to Earth

"To be, not just Remember who we are" will propel us through this maze of life with clarity and understanding. Those with eyes to see and hearts to feel know that the time is now to beLove.

The Greatest gift we can give this Christmas.

Peace,
Patrick



Christmas Presents

Pick Yours!

"I have come that they might have life, and have it abundantly." John 10:10

My Life is Filled with God's Abundance!

"Every good and perfect gift is from above, and comes down from the Father of lights, with whom there is no variableness nor shadow of change." James 1:17

I thank God for the Constant Gifts that Shower My World!

"It is your Father's good pleasure to give you the kingdom." Luke 12:32

It is my Good Pleasure to Enjoy God's Kingdom!

"Give and it will be given to you: good measure shaken down and running over...For with the measure that you measure, it will be measured to you." Luke 7:38

I give with an open heart and a generous hand. I now receive in like kind.

"Ask, and it shall be given to you; seek, and you shall find; knock and it shall be opened to you."

Matthew 7:07

Father Mother God, I accept the lavish supply as You respond to my every Desire!

"Therefore, I say to you, anything you pray for and ask, believe that you will receive it, and it will be done for you." Mark 11:24

I now call forth and receive all the wonders and good the Universe has for me.

"I say to you, He who believes in me shall do the works which I do; and even greater than these things he shall do, because I am going to my Father" John 14:12

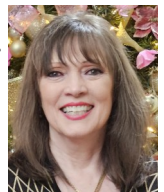
I am one with Jesus Christ. I am now doing the Works of the Christ!

"Behold, I bring you good tidings of Great Joy which shall be to all people." Luke 2:10

I receive the Joy of Jesus' Gift to ME!

I wish for all, a Very Merry Christmas and a renewed sense of Oneness with the Love of God!

My Love to all,
Cindy



Gift Opportunities

Reiki Night-

Saturday, December 13, 2024 6pm to 8:30pm

Reiki nights allow you to come anytime during our two and a half hours to receive a Reiki healing on a love offering basis. Each session is approximately 20 minutes long. You can also schedule a specific time for your healing so that you don't have to wait. Just call the office, let us know what time will work for you, come at least 10 minutes prior to your appointment and you will receive an amazing Reiki healing! Mark your calendars.

Gift Idea for your Non-Metaphysical Family & Friends

The Celestine Prophecy by James Redfield, published in 1993 took the world by storm. It was written with metaphysical insights surrounded by human intrigue. There was enough drama, conflict, and romance to capture the imagination of the every day people. Yet within its pages were many concepts of living in a reality of energy, creation and the power of love and good intentions. It is an easy read, and perfect for your family and friends, especially those who question how you are looking at the world. Enjoy!





Kids Shopping Day in the Bookstore!

On Sunday **December 7th**—during Service

Shopping Elves will be available to work with our children shoppers in the bookstore. On Dec. 7 during their Sunday School time, the teachers and elves will bring the children into the bookstore and help them pick out gifts for their family and friends. Parents, just be sure to give us a list of who you want your child to buy for and their budget. All gifts will be wrapped and ready to be placed under your tree. **There is an envelope in the lobby.** Follow the instructions. You can send in cash, check, or arrange for a charge to cover the amount your child is allowed to spend. Bring the special envelopes back to the bookstore. We will hold on to them until the shopping day.

We look forward to helping our children celebrate the spirit of giving. The kids always have so much fun, and the Elves do too!



The Metaphysics of Christmas **December 14, 2025-**

Sunday 7:30pm

The Universe celebrates as we present our very own “Metaphysics of Christmas” program. With message and song,

it tells the story of Jesus Christ and his great gift for all of mankind!

We will learn about:

The journey of mankind on this planet.

How we got so focused on our individual natures.

How we all came to feel so isolated in our walk.

Then we will see the great love God has for all of His children. Have you ever wondered-

“How did we get here in the first place?”

“Why did God send Jesus, the Christ?”

“Why did we forget our Divinity?”

The journey of man and the Christmas Story is an event honored by the Angels.

Join us for a fun filled evening as we remember the great love that created us and the great love that was given to us in Jesus’ coming. There is magic in the Gift of the Christ!

Mark Your Calendar and bring a friend to share in this evening of Enlightened Fun!

This is Metaphysical Christianity!

Refreshments to follow~



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Instagram.com/innerquestchurch/



Facebook.com/innerquestchurch/

Holiday Activities

Christmas Eve Candlelighting Service

Wednesday Dec 24 at 7:30pm

**The light of God’s love shines all around us,
but no place brighter than in our hearts.**

On this very Holy night, we gather to celebrate God’s Love and the Love of Jesus the Christ. **We know when He was born, heaven and earth became one with His Love.**

In our world today, it is such a wonderful opportunity to gather and celebrate our love for God and Jesus Christ as a family. We can always feel his presence and the presence of the celestial kingdom loving us and reminding us that we are truly the children of God. When the family of man gathers, there is a true magical light that is created. The room is filled with a Celestial Light, and we can feel and acknowledge the Love of God within our own Hearts. You can literally feel Jesus with us!

Our Candlelighting service is amazing! Together we will illuminate our world with Peace and Love. God is our Creator and Jesus Christ his Gift to mankind. Come and shine your light as we shower the world with love from our hearts. Be part of the beauty as everyone lights their candle in honor of the light still shining in each of us.

Love Offering

New Year’s Burning Bowl Ceremony

Wednesday, Dec 31 at 7:30pm

Time to Define Your Future!

No matter what you have been going through, you can ask that your new experiences support your growth, prosperity and joy! AND if there are further lessons in your future, you can ask that they come to you in gentle, loving ways that you can clearly see and clearly heal.

This all starts with clearing the past energies that you are complete with. They served you, let them go! And you know, what you don’t release follows you into your new reality!!!

Tonight, please join us as we release all of the patterns, concepts and difficulties that no longer serve our forward motion. Then we can claim the patterns we want to experience! Let’s let go of who we were in 2025 and embrace our New Self of 2026!

**This is God’s World and I can create
a New Reality for the Me I See!**

Love Offering



Direct emails to the church:
icq@innerquestchurch.org

See Updates on our website:
www.innerquestchurch.org



Peace
On Earth

I Am

Love is in the Air
Love is everywhere
It's ours to pick and choose
There is no win or lose

It's quite a different take on life
But why not take a chance
To live a life of love and light
And enter in this dance

Harmony completes the soul
When all is said and done
Illumination our gift of life
Our prayer "Thy will be done."

Two words complete this play to life
Reveal the truth of Man
Two words that echo from the heart
I AM
I Am that I Am

**Peace
Patrick**



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God Bless