



INNER QUEST CHURCH

Communications

2026– A New Vision

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Reiki Night Comments

"I was able to experience God's Love and Light immediately."
KR

"Felt relaxed and could see different thoughts come up, got understanding and able to let them go" LK

"Many emotions came up that were released. Much gratitude and love to the healers." KV

"Very relaxing." FP

"Great grounding" BD

"My back responded as the Reiki was received. There was so much love in the room, my whole body let go. Thank you Reiki Healers." MY

These are exciting times! The world is about to enjoy an astrological conjunction that has not occurred in thousands of years! On February 20, Saturn and Neptune will be exactly conjunct at 0 degrees Aries. This is the first degree in the first sign of the Zodiac! Talk about a new beginning.

So, let's break it down.

Aries is a fire sign that is all about the self. They are first in everything, never even considering the consequences of their behavior. They will do outrageous things that others would not consider, and most of the time come out unscathed. An old saying was, "Aires tread where Angels fear to go". They really aren't selfish– they are self aware. They see their needs before they see the needs of others. This sign is ambitious, impulsive and full of energy. So they are- ***I'm first, it's all about me, something new sounds great!***

Now Saturn is a planet that is all about form. It governs responsibility, leadership, Karma, limitation, all things created. Now put that into Aires...Ok... What will we be creating.. Or re-creating? There is no doubt that the form of the world we know will somehow be shifted for real.

Now Neptune is all about a deep spiritual connection. It guides dreams, subtle energies that lead to ultimate truth and can also lead to being lost in the illusion. It takes a strong heart to allow the fullness of Neptune to express. Now, put that into Aries– All about me spiritually, My interests first! There is no doubt that our spiritual landscape with take a new turn– one that may take us away from a unity and into a state of self serving.

Saturn—form, Neptune– spirituality, Aires-Individual Awakening. For sure and for certain a new form is awakening within us all. Perhaps this new energy will allow us to create a new space that will help each access the truth of who they are in this Universe. We can only hope!

Solstice Meditation Dec 21, 2025

Is there a message I can share with others?

You are a part of the magnificent oneness that is God. You are not infinitesimal as you might think. Your Beingness makes up the whole.

You are never separate, instead always connected vibrating in the heart of the Creator of all that is. The vibration is unique and contributes to the fabric of the whole, creating an intricate pattern from your unique point of light.

You are an integral part of the whole, never separate, never alone.

You are tethered to Source and that tether feeds you all that you need.

Will you choose to receive?

Lori Tinsley

God's Love holds us in a Brotherhood of Light!



2026– How Beautiful is Your Reality?

Sunday Services

We hear all of the time that our world is changing. And if you look back at 2017 or 2018, you will certainly see that we are in a different reality with different resources that keep us going. Nine years ago, we would never have thought that we would become dependent on delivery services, yet they are quite common. Nine years ago, we would have felt that our community was basically stable, and yet now we have seen things shaking and being redefined. We have been told to accept all of these changes without question, and we have. BUT, now the earth herself is shifting, the energies from the cosmos are changing, and our current human consciousness has no answers, guidance or input as to how we are to respond to these new vibrations. This is the time when we will need to turn to our Spiritual Beingness. God has us all. If we can see our lives being held in His Love, we will be told how to navigate the new vibrations. AND, if Mother Earth is shifting during this 2026 One Year, we, too, are being called to shift into living our dreams! We are the Children of God and our unique lives are filled with the potential to bless the Earth and all therein! Time to turn up the Light and Shine!- So, let's learn how.

How do we become the Spiritual Enlightened Beings we were created to be?

Sunday Services for January 2026

How I share my Light with the World Matters!

I bless the whole and live in love with my Brother Man.

Brotherhood Begins with Me

Jan 04	My Thing, My Light	Cindy Fuller
Jan 11	Honoring Differences	Cindy Fuller
Jan 18	As I Contribute to the World, My World Grows Strong	Cheryl Provence
Jan 25	New Light, New Love	Patrick Abent

“My Light Blesses the World”

Sunday Services for February 2026

Let God guide the Moments of Your Life!

God is my Constant Guide

Feb 01	Listen and Follow Your Guidance	Cindy Fuller
Feb 08	The Corporate Ladder and Spirit	Cindy Fuller
Feb 15	No More Rules	Patrick Abent
Feb 22	Truth is the Path to Oneness	Cindy Fuller

“I Trust the Still Small Voice in my Soul”.

“We can speak so confidently about the outcome of all your human problems because we know that all human life is governed by a divine law, perfect in its outworking.

The purpose of that law is to draw all men and women, all the human family into a consciousness of God. Do not look backwards unless it is to say, “how beautiful is the path that I have traversed!” Do not regret the past. You are moving forward, traveling life’s path to find happiness once again, and this time an enhanced happiness.” The Quiet Mind by White Eagle

Changes in 2026

Our church is taking a much needed break as we build energy for our New Adventures!

The **Womens Group** will be meeting on an irregular basis– only when inspired to do so.

The **Mens Group** will be taking a break for the year. They are all in prayer for guidance as to what the Mens Group needs to look like going forward.

Higher Educational Classes– this will be the first year in four years that we will not be offering these classes. All of our teachers have poured their hearts into each session and many have given up almost every weekend –all year long– to teach these classes.

BUT Wait –Instead of these regular events, we will be

offering special classes, workshops and events during the year. For example:

January 31, Patrick will be offering our Merkaba Workshop which will train you to build your own light body for enhanced vibration and protection.

February 28, Cindy and David will be offering a class on dealing with Death– Our Eternal Connections! This workshop will enable you to release and relink in a way that supports your love and shared energies.

And, of course, our Annual Inner Quest Festival is happening on **October 10th!** This event will be life expanding and amazing on all levels.

So, while you may miss our regular groups and classes, mark your calendars for these special events of Brotherhood and Light!



Sunday School for the Little Children

We are so blessed to have a team of teachers that are committed to teaching our little ones about God's Love and the Healing Energy of Jesus Christ.

Kelli Williams has been tirelessly creating sessions for these baby hearts, and we are so very grateful for her love!

She keeps the focus on God's love and how we can share that love with others. If you have a little one, bring them– they will love it.

If you want to help in any way, please let us know!

God Bless our Kids!



Tuesday Nights

7:30pm- 9:00pm

Tuesday evenings allow us a hands-on experience to feel God in our hearts..

2026 is Our Opportunity to Create

This January, we will first look at the new year and the potential it brings. 2026 is a **One Year** and the seeds we plant this year will be a part of our world for the next **Nine Years!** Think about how many nine year cycles you have experienced so far in your life. This is an opportunity to consciously plant the seeds you want to become a part of your Reality!

Join us as we plant the seeds we wish to experience now and over the next nine years. It's all about becoming the conscious expression of God's Love on this Earth.

January

Jan 06 What do I Want, and How do I Get It?

2026 Marks the beginning of a new nine year cycle.

Peggy Mills will lead us as we look at new opportunities to manifest our dreams!

Jan 13 Numerology 2026 and You

Tonight, we will focus on the Universal number of a One and your own personal year. We will attempt to explore how the two will interact as you create your new Life Path.

Jan 20 Seeds of Prosperity

Now to see ourselves becoming a magnet for prosperity in ways that we design. We can have it all, but we need to define the method and amount!

Jan 27 Seeds of Success

We tell the Universe how we want to serve and how we want to be recognized. Plant that perfect seed that will yield the Success you Seek!

February, we will be looking at how we can live in a greater world of love. Everything around us seeks to share it's love with us. Time to open a new channel of Love! New Seeds need to be planted!

February

Feb 03 Astrology

A Fabulous Conjunction between Saturn and Neptune is on the horizon. Joins us as we explore what these energies can create as they join at 0 degrees Aries— the beginning of the Zodiac.

Feb 10 Love Seeds in Relationships

Tonight we will look at how to give and receive love without any conditions. Everyone seeks a loving partner, learn how to be one Time to Plant a Seed!

Feb 17 Love Seeds in the Spiritual World

Angels, Guides and Teachers all come in an energy of love. They support our dreams and desires. Come and to touch this peaceful space of exchange and plant a seed for your spiritual growth.

Feb 24 Love for God

As we ask for God's love to fill us with all good, do we also love God in return? Do we allow our hearts to open and give back to God a minor aspect of what He has given us? Let's open our hearts tonight and allow our love to flow to our Creator— Father/Mother God. Time to create a constant open flow to our God!

As with each Tuesday Night, we will open with our Healing Circle— which we have been doing for over 35 years. If you are unable to make it, you can call in, or email your prayer requests or place them in the basket while you are here on Sunday.

Each prayer is prayed over for 30 days, and individually blessed before releasing.

The Journey of Life is to Know Oneself.

The Path Begins in the Heart!



2026- January 10 and February 14

Reiki Nights

Every month, we offer a Reiki healing on a Love Offering Basis! We start our sessions at 6pm and each healing lasts 15 to 20minutes. We are able to offer nine sessions each hour, and you can schedule ahead for the perfect time for you!

Reiki is a wonderful healing energy that energizes and balances body, mind, emotions and spirit. It goes to the spaces in your body where there is tangled energy and opens the pathway for healing. Done through touch, it is an amazing, relaxing experience.

Our Reiki Team commits to working once a month for the entire year. Trained by us, each offers a beautiful healing touch that is filled with the love of God.

Once a month, you are able to come and receive a healing without worrying about a day appointment. We have a donation basket so you can give what you would like to.

Mark your calendars, and call ahead to schedule. You really don't want to miss these awesome healing energies!

Reiki Initiations-

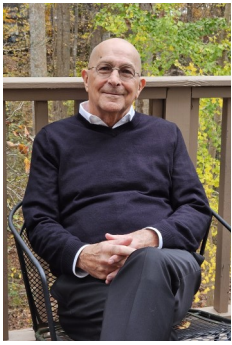
If you want to learn how to become a channel of Reiki Healing Energies— Classes are available! You can book private one- on- one classes that fit your schedule.

Reiki I Initiation \$250 is your first step. In this class you will learn the history of Reiki, you will be initiated or attuned to this level of healing and you will be taught how to use this gentle healing method— all in one 2 hour session.

Reiki II Initiation \$430 teaches you how to send Reiki through time and space. This level is taught in two—2 hour sessions. You will learn the Reiki symbols and how to use these symbols to send reiki to situations and people in need. This initiation lifts your healing ability by 100% over Reiki I.

Reiki Master \$1,400 is a very extensive training. There are 13 to 14 sessions —each 2 hours long. You will learn how to teach and initiate your clients. Your healing energy will increase another 100% when you are initiated as a Master. Your intuition will increase as you read the energy more deeply and work in remote sessions. When you have completed this course, you will know that you are ready to stand in the world as a healing light. If you are being called to stand as a healer-teacher, this may be the path for you!





Thoughts of the Ministers



Fearless

Every New Year we have the opportunity to create, experience or to be something new— “not existing before”.

A good question we might ask ourself could be – what would a new me look like?

We all play with this question on many levels, and our new year resolutions reflect this to a degree. However, sameness is often our guide. We get caught up in creating or choosing a different version of our same.

Identity is our key – how we see ourselves is how we present ourself to the world. When we see ourselves as mere human, our choices for the most part are just a variation on this theme. So... don't get too far out of line. Our outer manifestation or demonstration are just steps in the never-ending journey of being human.

Round and round we go.

When Jesus came, he gave a new identity, our true identity – Child of God – which will free us from our human identity. We are the chooser.

Knowing God as father would allow us to reveal our true identity and live the life we were born to live. Jesus revealed to us our true possibilities. He demonstrated that man could live at a higher level – a new level of love – that didn't exist for the masses before he came.

A new year lies before us – a blank canvas on which to create that which didn't exist before. Now to create anew! Jesus told us and showed us that we could be born anew – a new consciousness – and that we could live this new reality.

“You shall do these and greater.”

This can be our year to live fearlessly – but, we must let go of the old – human consciousness. Embrace our spiritual identity and live in this consciousness.

This doesn't have anything to do with religion – This is spirituality – This is God's love for us. Our destiny is now. Within each heart there is a guiding light, and this is where our journey begins. Within the light is our divine plan, not the world's plan for us.

We all brought something new to share and it is a gift beyond compare – a unique expression of God's love made manifest.

The world wants us to Do — its teacher is fear.

God wants us to Be – love is the way.

2026 can be our year of living fearlessly when we choose love. This is why we are here.

Peace,

Patrick

Direct emails to the church:
iqc@innerquestchurch.org

See Updates on our website:
www.innerquestchurch.org

A New Future Awaits

Over the past 35 years, Inner Quest has been many things to many people. We began as an experiential group— teaching techniques to shift energy and feel God's love greater. We expanded into becoming a healing center where we offered Reiki, RoHun, Readings, Counselings— often on a love offering basis. There was much healing, intimate sharing, and bonding. This group grew quickly— everyone invested until they began to manifest their dreams. Then they were off to the world.

Spirit told us at that time, that it was now time to become a full service church and not just a healing center. In 1992, Sunday Services were born. We have been a full service Church for over 33 years. We have served our community and all who came seeking a special moment with God. Over 60% of our clients are churched elsewhere. Their churches did not offer what we could. Everyone was always welcome.

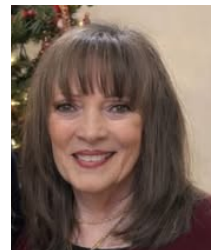
We have facilitated healings, taught many, many classes and generally held the light of God's love for all mankind. We have seen many of our students go out into the world and start their own healing services, which makes us very happy. It is wonderful to see the teachings that God gave to us continuing in the world.

We have always been a voice of love in a world that is constantly in motion. And now we find ourselves in a space to contribute something new and amazing. Patrick and I are taking 2026 to listen to the new directives of Spirit. We have followed God's guidance consistently for 35 years and are ready to help usher in this new shift in consciousness.

We are so grateful for every heart that has helped us grow and helped the light of Inner Quest. And we hope that love grows even stronger this year.

The world is on a precipice which will set the tone for the next decade. I feel that it is time to put love into action. Time to love the world, the people, the situations, and create a safe space where God is truly one with us all.

New Classes are coming. But for now let us breathe in what we know and breathe out our love and support for Planet Earth— God's beautiful world of Light! The bricks have been laid. We have given our hearts. Now we move into an energy of oneness with our Father/Mother God.



Be Gentle with Yourself and Others.
As you love life in a soft accepting energy,
The return will be exquisite!



February 28– 11am to 12pm
Special Service
Death– is only the Beginning–
A New Relationship with Grief

Many of us have experienced the loss of a loved one, and still deal with the grief of that experience. We are ill equipped to fully understand and accept what we see as a great loss.

In this Service, we are seeking to provide an experience that is educational, emotionally supportive and spiritually enlightening. Your grief has sculpted a reality based on this loss. For most, it leaves you with a sense of being incomplete, cheated or just generally not whole. Something in your reality still feels like it is missing.

Each participant will explore their emotions and how they memorialize their loved one. They can reframe their experience, and attachment. What has been a great loss can become a sense of freedom.

Spiritually, emotionally and educationally driven, this service will allow each individual to explore their own attachment, experiences... in the loss of a loved one.

- *Explore the differences in the reality that this created, and explore what reality could now be created.
- *Explore a new relationship with your grief, instead of a relationship with your loss.
- *What we cling to, can not grow. And we can not grow unless we let go.
- *Celebrate the Love you Shared.

Join us for a Service of Love and Divine Intervention as we free ourselves from the choices of a Soul we loved.

Feel free to bring an object that connects you to your loved one. You may want this as a point of contact as you expand your heart.

Please let us know if you will be there. Love Offering Basis. David and Cindy Fuller lead.



Oneness Affirmation



We all came from the One Light.
Loved, Empowered, and Perfect.
Here on earth when one is blessed, all are blessed.

When one is hindered, all are hindered.
As we remember the light from which we came,
We are once again Perfect Love!

Please follow us on:



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Merkaba Workshop

January 31, 2026 9:30am-4pm
\$200 for the Class

Mer: A counter rotating field of light

Ka: Spirit (on earth)

Ba: Body (our human body)

A counter rotating field of light (about 55 feet across) that will interact and translate the spirit and the body from one world into another.....

As we are experiencing a tremendous shift in the vibrations of our world, creating a Merkaba allows us to consciously create a sacred space for our lives.

This workshop teaches a specific technique which expands and enhances the energy field around your body. The Merkaba tunes your frequency to that of love and can be used when you need greater protection, greater connection, and even greater health. This amplification increases your auric field to over thirty feet. Your natural frequency will vibrate higher and stronger throughout your day. This energy of love is the foundation for movement through dimensions.

The frequency established is that of pure unconditional love. We set our vibration to be in harmony with God's love for all. The field then acts as a deterrent to all energies that are harmful or overpowering.

The Merkaba is for this time! It will allow each of us to remain stabilized in our own energies while the world shifts around us.

We must see the unity of God before we can integrate.

God's plan has no end.

We are in a life of many mansions.

God in his goodness renews the creations continually
--- and speaks through light.

Come and learn how to build and activate your own Merkaba field. You will walk in Safety, Love and Peace.

Bring a Light Lunch!



Student Comment-

Merkaba is the spinning light body that surrounds all of us.
In this class, I learned to balance and set into motion my "light body".

As I do this, I can feel my vibration coming into harmony with the higher energies of God's Love.

Thank you Patrick!

Windows

Way beyond our starlit sky
A radiant "Son Light" reigns
A journey through the darkness
Can remind us, from where we came

A never-ending story
Where our focus is on form
Aren't we just a wisp of light
Transcendent vision is our right

Cycles create the illusion
Sameness keeps us safe
"Son Light" lives within each heart
It's here we find true grace

Acceptance is what frees the soul
Love – our truth in being
The Moment is our blessing
The rest is window dressing

**Peace,
Patrick**



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God Bless