



INNER QUEST CHURCH

Communications

Inner Quest Festival– October 11

The Festival is HERE! Saturday, Oct 11, we will once again be hosting a festival of love. There will be Great vendors offering wonderful items full of transformational energies. This is the stuff you won't find at most festivals! We will once again have music with, "Those Two Guys", performing throughout the day. The food is always amazing. You can come and stay the day in the wonderful energies of your Metaphysical Family! AND

Our Readers and Healers are always such a blessing to all who come. We will have Heart Readers, Angel Readers, Angel Card Readers, and Readers who can Body Scan for you. The Healing techniques are also varied and powerful. We will have Reiki Healings, Color Therapy Healings, Chakra Balancing, and the Sedona Technique.

We will continue to offer our Special Package this year- \$30 for one healing and one reading. Each individual reading and healing are \$20 each, which is still such a gift to the recipient.

Come and bring your light as we build much needed love for the world! We are the Children of God, as we shine our light the whole is blessed.

Join us in celebrating the love of God that moves through us all.

In this issue:

- Sunday Services – Dreaming in Bigger
- Tuesday Nights – Sept - We will be healing patterns that no longer serve. Then in October our focus will be on healing through Sound Therapy.
- Reiki Nights – September 13 October 11 come to the Festival for Reiki
- Higher Education Classes Continue– Sept 20 Metaphysics IV and New Testament IV
- Fall Festival – October 11, 2025 Mark your calendars and plan on staying for the day.

"The sacred energy was amplified in me. I felt my emotions and heart and all my chakras opening. I feel more free to express my higher self, and to become a brighter light to others. Thank you to the incredible healers at IQC." KJ

"I felt amazing and so much love. I felt a heaviness being lifted off of me. The warmth and soothing touch made me feel connected and a little emotional. Absolutely Amazing." SS

"I feel looser, like a weight has been lifted off of me. Like I can be myself again & almost like finding my inner child." LK

Healing Energy Works!

Some of you may know that we have been doing a study on the effects of our healing sessions. If you came in for a Reiki, Inner Light, Crystal Sound or Color Therapy session you may have received a survey form to fill out before and after your session.

We use a pain or discomfort scale of 0-10 for 4 categories: Physical, Mental, Emotional, and Spiritual. 0 is no pain or discomfort and 10 is extremely painful or uncomfortable. For example, how much physical discomfort you are experiencing, back, neck, stomach pain etc., 0 is no pain to 10 is extremely painful. Emotional, for example how balanced do you feel? How much stress, overwhelm, anxiety, sadness, worry, etc.? Mental, how clear do you feel mentally? Do you feel confused, foggy, unfocused, hard time making decisions, or overthinking? Spiritual, how connected to spirit and your own higher self are you feeling?

After the Healing Session, 100 % of the

clients felt a dramatic sense of relief of physical pain from their back, arm, stomach, etc. 57 % of those had 0 pain after the session. 100 % of the clients that had emotional stress, overwhelm, anxiety, had a dramatic decrease in stress in their emotional body and felt more emotionally balanced and peaceful. 78% of those reported 0, meaning that they were peaceful, calm, and centered.

100% of the clients that had mental stress experienced significant relief. 88% of those put 0 after their session stating that they had more mental clarity and focus. 100% of the clients that were experiencing spiritual stress feeling disconnected reported feeling more connected, lighter, freer, and could feel God's love. 75% of those reported their stress was 0 after the healing session.

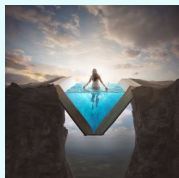
Would you like to have relief from pain, feel emotionally balanced, have mental clarity and feel at one with your higher self and feel God's love?

Book your healing session and be a "0" so you can become 100% YOU.

**Preregister– Oct 2 for your perfect
Reading and Healing
October 11, 2025 11am to 4pm**



**God's Love
Flows
Through Us!**



2025 – A Time for A New Awakening

Fall is right around the corner. Metaphysically, this is a time of enjoying the harvest of your life, releasing everything that you are complete with and beginning to dream in the seeds of what you will plant in 2026. All of life is celebrating what once was and is preparing for an inward journey to explore what can be. Sometimes this can feel like being between realities~and it is! Enjoy the fresh smell of the new beginnings ahead!

Sunday Services for September 2025

We always talk about our dreams. Our Dreams will eventually become our reality if we take the steps to nurture and grow them. BUT, we have to dream first. This is the beginning of the formation of the experience you are drawing into your world. What are you dreaming in? Phase 1 in manifesting.

When I Release, I can Dream in Bigger!

Sept 07	Allowing the Energy to Release	Cindy Fuller
Sept 14	What do I really Want?	David Fuller
Sept 21	Bigger, Better, Different	Cindy Fuller
Sept 28	My Dreams, My World	Patrick Abent

“I co-create my World with God’s Vision and Love!”

Sunday Services for October 2025

Now, is the season of tiny new things coming into your world as more things are removed. Creating a Dream is first about releasing the current pattern (Sept), then imaging in the New pattern. And then reality begins to shift. Holding the focus while more energy leaves and tiny little things begin to gather is the gift of Phase 2 in manifesting.

I Stay Awake to the Changes within me.

Oct 05	Universal Messages-Comfort or Discomfort	Cindy Fuller
Oct 12	Celebrating the New Bricks	Cindy Fuller
Oct 19	New Form, New Relationship	Patrick Abent
Oct 26	Dream Modification	Cindy Fuller

“I create trusting God in unfamiliar energies!”

Help From Above

*“You will receive help as you ask, not with your mind,
but in the depths of your being, quietly.
Pray to the God within you for help,
and you need have no fear at all
about your power to accomplish your given work.”*
The Quiet Mind by White Eagle

Picnic Sundays

Every last Sunday of the month, we will be having a picnic on the grounds in our pavilion. Bring your own lunch and share some fun quality time with your church family. Some folks bring angel cards to play with and others bring extra food to share. This is such a wonderful opportunity to get to know each other. The children always have a great time, so laughter abounds.

Picnics are:

September 28

October 26

November 30

December 28

The winter gatherings may come inside, but this is our intention to grow our love and awareness of the lights we share.

We are a family of love!



Higher Educational Program

Mark your calendars.

Metaphysics IV

Sep 20—Nov 1 Cheryl Provence

New Testament II

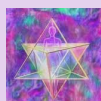
Sep 20—Nov 1 Cindy & Patrick

Each class is six weeks and held on Saturday Mornings 9:30am to 12pm.

The Love extended by all mankind is lifting Critical Mass!

Direct emails to the church:
iqc@innerquestchurch.org

See Updates on our website:
www.innerquestchurch.org



Reiki Healing Nights

September 13 & November 8, 6:00-8:30pm

Healing comes in Many Forms. One of the easiest and deepest techniques is Reiki. This energy can not hurt or harm. It is drawn by your cells into your body. The Healer can't force it in. The body recognizes it as energy food. And the body then literally draws it from the hands of the healer.

At Inner Quest **Reiki nights** are our offering to the community to come and experience Reiki for themselves.

Each session is 20 minutes of receiving God's love into your system. **Reiki Energy** heals on every level— including causal. This is the most gentle method of receiving God's love directly where it is needed.

So Mark your Calendars for the next Reiki Nights! If you know what time you would like to come, it is best to reserve your time slot. You will also need to come at least 10 minutes before your session. If you are not here on time, we will give your time slot to someone who has “dropped in” and is waiting for an opportunity. Each session is offered on a Love offering Basis. (Donation) See You Then!



Tuesday Nights

7:30pm- 9:00pm

Tuesday evenings allow us a hands on experience to feel God in our hearts. We open

with a prayer circle, so even if you can not come, you can email your prayers!

Fall is the time to release and receive all of your good!

September

Sept 02 **Bring Tithes into the Storehouse** Tonight we will learn about partnering with God.

Sept 09 **Touching the Inner Child** Tonight we will access our inner child to see what we may need to encourage growth and creativity!

Sept 16 **Past Life Mirror** We all have issues from prior incarnations that we are seeking to heal. Join us as we look at a pattern within us.

Sept 23 **Healing the Over-Giver** Tonight Bette Webb will lead in understanding why many people over give to life.

Sept 30 **Gifts of the Parents** Join us as we look at the ways we were taught to love by our parents

October

Oct 07 **Sound Healing- Crystal Bowls** An opportunity to receive a healing through a beautiful tone.

Oct 14 **Sound Healing-Tibetan Bowl** Tonight we will experience the ancient healing tones for body, mind, and spirit. These bowls are hand made of seven metals.

Oct 21 **Sound Healing-Chanting** Now we will experience the healing tones of our own voices.

Oct 28 **Sound Healing- Solfeggio** Healing through the base frequencies of creation.

Join us if you can. It is time for our expansion into Greater Love Expressing!

Pattern Healing

Did you know that all of your behavior and beliefs are the result of patterns through which your energy expresses? We have patterns from our childhood, young adulthood, and even from our past lives. Identifying our patterns allows us to change. For Example:

Why do some people always say "no" whenever they are asked to do something. They will say no because they haven't had time to decide if they will be safe in the experience. These people have a pattern of "fear of not being able to handle life!" Once this pattern is seen, they can consciously choose to pause and consider before they continue to shut the door on opportunities. Then they can decide if they are guided to participate or not.

Every pattern that is outside of our normal is viewed as odd. And every pattern in our normal keeps us bound in expressing in safe, familiar and stagnant ways. Expanding current patterns and exploring new ones allow for growth and greater experience for our soul. September is your time to grow!



Sound Healing

Everything is Energy and Energy is Vibration. As you introduce a higher vibration into any field, there is a natural uplifting of the base frequency and an expansion of the higher tones. This is Healing.

Sound healing is one of the most ancient healing techniques. It can assist in releasing toxic energy, re-balancing entire fields, and raising vibrations to that of an angelic realm. Everyone and everything benefits from the energy tones that are created in Sound Healing.

Join us this October for respatialization!

Each Tuesday Night, we will open with our Healing Circle— which we have been doing for 30 years. If you are unable to make it, you can call in, or email your prayer requests or place them in the basket while you are here on Sunday. Each prayer is prayed over for 30 days, and individually blessed before releasing.



Men's Group

The Men's Group will be meeting again the first Monday of each month beginning September 8th at 7pm.

The intention of the group is fellowship with like minded men. It can be a time to explore any question you might have or any situation you may be going through. We look at everything from a metaphysical perspective. And each of us have a unique perspective about life and all it entails. We welcome the gift of your uniqueness as we explore the possibilities.

All men are invited. This is a great opportunity to get to know your church family a little deeper

~I look forward to seeing you guys!~ Patrick

Church Yard DAY

Saturday, September 13 from 9am to 1pm

We need your help. It is time for us to prepare the grounds for our upcoming InnerQuest Fest. Our five acres needs some love and attention. We will be picking up sticks, weed eating, pruning and spreading mulch. Burn piles will be moved to a central location for future release.

This will be a fun day of fellowship and giving back to Mother Earth. The faeries have been asking for your help in "sprucing up" their area. They do the best they can however, some very large limbs have fallen in their space. So, as you work you will be blessing not only your church family, but also the Church Faeries as well. Sign up and let us know you are coming to help!



Thoughts of the Ministers



Love is Love

One of Jesus' last directives for us was "Love one another even as I have loved you." I think we all struggle with this directive from time to time. From our human perspective, in times of trouble or trial, our question is often, "how can I make this work?" "How am I supposed to love this person or this situation," and the mind can go on and on enslaved by past patterns and memory.

To give love or withhold love is not ours to do. The simple act of allowing love to flow is the secret of life.

The universal laws that we teach at Inner Quest allow us to understand the true workings of life.

The Law of Order: The universe operates in order and harmony. Everything is in right relationship with the whole. If everything is allowed to be—all will be in divine order. A good affirmation would be, "Thy will not mine be done," and then we can release personal will and surrender to the divine flow of life.

The part that often trips us up is, "Everything is in right relationship with the whole." A common response is, "I can't see it" and "what about Me?"

It's hard for us to see what's good for the whole if we observe life only from our personal perspective, separate from the whole, even disconnected from the whole.

The understanding that everything is energy with a divine directive can free us from past limiting laws and beliefs. As we let go of the old and embrace the new—the now—we can enter our next level of manifestation of living love at a higher level of awareness. It is only when we begin to apply the universal laws in our life that we begin to see and understand the bigger picture.

It's easy to love those that love you—what about those that don't?

What's good for the whole is good for me—we are one—we are love.

This brings us to the Law of Love: Love attracts only love, and transcends all other conditions—especially fear. We create our experiences to grow. We begin to realize the people and experiences in our lives are our opportunities to love and to express our uniqueness. We grow our capacity to be love made manifest. We do live in a loving and supporting universe and the time is now to allow Love. Divine Love is the most powerful energy in the Universe—it's in each heart.

It can be our greatest gift to life. When we live from our heart, we can truly know God and it's easy to say "Thy will be Done."

Peace,
Patrick

A New Foundation

As you know, Patrick and I have been teaching the New Testament. We soared through the gospels and are now working through Corinthians and Acts. During one of our discussions, Patrick asked me, "Why do we have to study all of this energy that is not Christ based? Most of what Paul says is not what Jesus said. It is not loving and forgiving. It is controlling and harms."

And he is correct. But I found myself explaining: In order to create a new house, it is sometimes good to examine the bricks of the old house to see what they contain. New bricks, of course, are what we are all seeking, but until we understand why and how the old bricks were created, we may unknowingly place some of them in our new construction along with our "bricks of good intentions."

In our world, we have all been raised in a "moral state" that mirrors the teachings of Paul in the New Testament. And it is vitally important that we begin to realize that these laws are not ok. They do not represent Jesus' teachings and they do not represent what we, as Metaphysical Christians choose to live. Now, we can realize this, but are we awake and aware enough to see how these old bricks are still operating in our worlds? Do we recognize when we allow these old bricks to be included in some aspect of our lives because they feel familiar—even though we can not source their origin. We feel they are ok, because we heard of them from somewhere....

When you consciously study these texts and see the reason behind the words, you unhook their power in your lives. New understanding rewrites the Subconscious and Conscious mind. You are then free to truly think about each situation you encounter with an open mind that is willing to examine the energies with fresh awareness.

Christendom has been founded in the "human judgments" of mankind instead of the loving perspective of Jesus Christ.

If we are to Christ, we need to become aware of the hidden prejudices that lurk in our programming and reboot our systems with God's love as the Motherboard.

Much love to all,
Cindy



New to Inner Quest?

We are having a Meeting

Sunday, September 7, 2025 at 12pm
If you are new to the church, please join us for a fun informative meeting following the Service. You will learn about our church and are free to ask questions! Sign up and let us know you will be there. This is a great foundational meeting for understanding who we are!



Saturday
October 11, 2025
from 11am to 4pm

Our **INNERQUEST Fests** are fun ways to explore *metaphysical thought*. We offer mini-readings and healings. Beautiful gifts being sold by our vendors. And this year, back by popular demand are *Those Two Guys*, adding music to the festivities.

The InnerQuest Fest is fun for everyone. It will be a wonderful day to explore the grounds, listen to music, purchase gifts for yourself and for others, and enjoy a tasty lunch, freshly grilled, just for you. We offer hot dogs, hamburgers, brats, salmon, and vegetarian items as well. Many come just for the lunch!

Readers— Our readers are all amazing. Each leads from their heart and seeks to bring a blessing to the client. Every year we hear praises about their love and accuracy. First timers are always amazed and typically say, *I have never had a reading like that before. It was amazing!*

Healers— Our Reiki people are all trained by us and bring a spiritual love that allows a deep healing. Chakra Balancing is another way to release what no longer serves you in a safe and life affirming way. Color therapy, Patrick's domain, is a loving soft way to receive a healing that permeates all aspects of you.

So you can see the value of the package that we offer. The 15 minute readings and healings are \$20 each, or you can buy a package for \$30.00 that includes one reading and one healing session, a \$10 savings. All workers are donating their time and your participation is considered a gift to our church!

So, Come! Shop, Eat, get a Healing and a Reading and meet some new friends. You will be so glad that you were able to come and stay for a while. This only happens once a Year! This will be the Best Festival Yet. And if you would like to participate as a vendor, reader, or healer and have not yet signed up, just give us a call! We would love to have you join us on this Beautiful Day of Spiritual Togetherness.



InnerQuest Fest **Pre-Registration for** **your** **Healing Session & Reading**

Prepaid reservations will begin
October 2nd

You can call to book your sessions or make your plans in person anytime you are in the church. (Healings being offered are listed on the front page!)

For our festival, you are highly encouraged to book before the event if you want a specific reader or a specific healing. We want all of our great workers to work a little and play a little, so that favorite reader you want, or that healing session you have in mind may only be available early or late, so plan ahead and book early. You can relax into the day knowing that you will receive exactly what you need!

Vendor Participation

We would like to invite you to join our Festival as a Vendor if you have merchandise that you would love to share with our community. Just contact our office to register.

COST: There is a \$10 non-refundable booth fee in addition to 10% tithe on your total sales. A typical fair will be visited by 150-200 people. You will need to register with the office, 770-521-2875, and we can answer your other questions at that time.

SET-UP: Vendors bring their own tables and/or canopy and set-up begins at 9:00am, Saturday Oct 11.

WEATHER: We have never cancelled in 30+ years due to weather, so it's a rain or shine event.

The area is largely covered by trees, so use your own judgment about bringing a tent or canopy. You are welcome to come and look at the vendor area ahead of time.

Please follow us on:



Instagram.com/innerquestchurch/



Facebook.com/innerquestchurch/

The Hand of God

**Sometimes we miss the gift of Rain
The blessings that it brings
Often too preoccupied
With our agendas and personal things**

**It's only when we seek to see
Beyond the little me
A new light shines revealing
In Rain - the gift of healing**

**Mountain, rivers, plains, the sea
Make up this world for us to be
All is integral to the whole
Conscious oneness is the goal**

**To take a breath and just let go
Perfection there to see
The hand of God a wonder
Wouldn't you agree**

**Peace,
Patrick**



Inner Quest Church

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God Bless.....