

July and August 2025



# INNER QUEST CHURCH

Communications

## Inner Quest Spiritual Intention

"The Journey of Life is to know Oneself. The Path begins in the Heart."

At Inner Quest, we have always been about helping people find God's Love. As a part of that path, we provide healings, readings, spiritual counseling, classes and so much more. We have structured classes and weekend classes on topics that Spirit asks us to cover. Over the years, we have done one day classes on Dream Interpretation, Death, Dating, Relationship Communication, Ego Refinement, Feng Shui, Numerology, Prosperity, Manifestation, Healing the Inner Child, and so many more that have been forgotten about. Most of these small classes are only done once. They are at the request of Spirit and are always a tremendous blessing to everyone who attends. For some reason, that moment in time when the class is presented, THAT is the moment the energy is needed. And we happily share.

Our foundational classes, most of which are 6 weeks long, have covered everything from Meditation, Psychic Development, Aquarian Gospel Studies, Bible Studies, Studies of the Masters, Healing and, of course, our first level series- Metaphysics! The programs have enhanced so many lives and continue to allow all who have successfully attended to walk "in the World, but not of the World".

We are so very excited that our classes continue to bless the world. And we are extra happy that these Classes are continuing in 2025. Aug 2 we will be offering Metaphysics III and New Testament I. We hope you will hold these students in your hearts as they continue to hold the Light of our Church!

### In this issue:

- Sunday Services –Taking your Place in World Consciousness. And in August we learn to increase our Christed Consciousness.
- Tuesdays Nights – July, Join us for the Four Agreements, and a crystal meditation. Then in August our focus will be on Prayer. How to pray and know God oneness.
- Reiki Nights – July 12 & August 9
- Higher Education Classes Continue– August 2nd. Metaphysics III and New Testament IV
- Fall Festival – October 11, 2025 Mark your calendars and plan on staying for the day.

*"It was amazing. I felt an abundance of warmth and love, I felt toxins releasing out of my body and felt at peace" CK*

*"I enjoyed it. While my eyes were closed I almost felt as I saw energy move through my eyes, felt like I was connecting." SJ*

*"Very relaxing, felt a lot of warmth." LJ*

*"The energy flow created a loving space for my spirit to receive the kindness and love of two amazing people. Thank you to all the healers and Inner Quest" KJ*

*"So relaxing. Felt totally at peace." WF*

### Benefits of Church Life

In our rapid moving world, it can be so difficult to make a commitment to actively attend and share your light with the Church of your choice. For us at Inner Quest, we LOVE to see you bring your light. It enhances all that we do and blesses all that we touch. Your Light helps us Shine!

Now, let's look at the Benefits you derive from becoming a part of a church family— especially at Inner Quest!

- \*Reawaken your deep knowing of God in Your Heart.
- \*Have access to wonderful healing techniques that help heal your body, mind and spirit.
- \*Become a Part of a Light that seeks to harmonize all mankind and quicken the Love within all of Humanity.
- \*Get to know, bond with, enjoy a spiritual family that supports you in becoming all that you are meant to be.
- \*Reawaken your deep knowing of God in Your Heart!

We are all in the family of man. Find your spiritual family and begin your growth. We, at Inner Quest, would be very honored if you feel a part of our family. We welcome you with open hearts and arms!

**Our Fall Festival is Coming!**  
**October 11, 2025 11am to 4pm**

**We are all God's Children!**





## 2025 – A Time for A New Awakening

During the summer, we have seen many challenges in our world. Seeking brotherhood and co-operation can appear to be a far away concept. However, it is ours to do. As Metaphysical Christians, we are to hold the light within and allow it to grow no matter what the outer is expressing. During Jesus' time on the earth, there was political unrest, no assurance of fair treatment. But he told all to focus on God. Focus on God our heavenly Father and everything that you need or ask for will be provided. When one is helped, all are helped. It is time to follow the love of God in your heart and realize the power that love has to help the whole.

### Sunday Services for July 2025

We all talk about how the one individual can impact the whole. Join us during the month of July as we explore how we can contribute to the whole simply and easily.

#### *Our Light Blesses the Whole of Humanity* *Taking Our Place in World Consciousness*

July 06	The USA Today	Patrick Abent
July 13	Growth – Challenge or Opportunity	Cindy Fuller
July 20	Good Intentions	Cindy Fuller
July 27	New Visions for the Whole	Cheryl Provence

**“I am an integral part of the Whole. My Light is Important!”**

### Sunday Services for August 2025

Becoming a Better You. Now, it is time for us to grow beyond our wildest dreams. In August, we will look at changes that we can all easily make to create a new environment in which to thrive.

#### *I Graduate Myself to the Next Level*

Aug 03	Christ Consciousness	Cindy Fuller
Aug 10	Commitment	David Fuller
Aug 17	Meditation	Patrick Abent
Aug 24	Judgement Creates Form	Cindy Fuller
Aug 31	Daily Practices of Christ Consciousness	Cindy Fuller

**“I accept the light I AM, and I shine brightly!”**

#### *You will Not Know Tiredness*

*“If you will meditate upon the presence of the beautiful Christ-Spirit  
you will absorb the essence of His being, the essence, or perfume  
which will quicken your own bodily vibration  
so that all tiredness and heaviness depart.*

*You will not know tiredness when you come to the edge  
of the aura of the Great One.*

**The Source of all our Strength by White Eagle**

## Core Beliefs

We all have core beliefs that color all of our lives. These beliefs may have been created in childhood, or may originate in another lifetime experience. No matter their origin, they create a vantage point that we must see through. It defines who we are, how we react and how we see any possibilities in our world.

Knowing the core is sometimes difficult to access. But, be aware, that all core issues have habits and patterns that feed and support the belief they hold. They need repetition, and they will create it.

SO, when we break one pattern or alter one little habit, or make a choice that supports ourselves instead of our past...These are actions that disrupt the core belief of who you have thought you were.

Even driving to work a different way is enough of a change to waken your conscious self. Breaking any habit, or pattern will take the energy out of the core issue and if we can continue to consciously choose Positive patterns, the core belief of limitation which we have lived with for so long will no longer be functioning in our world. We will have shifted to a Positive Healthy Pattern of who we are now. And that pattern will now want to be fed!

***Change one thing and think positively about YOU!***

Direct emails to the church:  
[iqc@innerquestchurch.org](mailto:iqc@innerquestchurch.org)

See Updates on our website:  
[www.innerquestchurch.org](http://www.innerquestchurch.org)



## Reiki Healing Nights

**July 12 & August 9, 6:00-8:30pm**

**Healing comes in Many Forms.** One of the easiest and deepest techniques is Reiki. This energy can not hurt or harm. It is drawn by your cells into your body. The Healer can't force it in. The body recognizes it as energy food. And the body then literally draws it from the hands of the healer.

At Inner Quest **Reiki nights** are our offering to the community to come and experience Reiki for themselves.

Each session is 20 minutes of receiving God's love into your system. **Reiki Energy** heals on every level– including causal. This is the most gentle method of receiving God's love directly where it is needed.

So Mark your Calendars for the next Reiki Nights! If you know what time you would like to come, it is best to reserve your time slot. You will also need to come at least 10 minutes before your session. If you are not here on time, we will give your time slot to someone who has “dropped in” and is waiting for an opportunity. Each session is offered on a Love offering Basis. (Donation) See You Then!



## **Tuesday Nights** 7:30pm- 9:00pm

*Tuesday evenings allow us a hands on experience to feel God in our hearts..*

**2025 Summer Months - It is amazing that we are all experiencing such an unprecedented forward thrust in our worlds. Things may not be changing but they are certainly in motion. Now is the time for all of us to become more stable in our approach to our daily lives and our world in general. Society can't guide like it has before because it has no idea where we are going. It is only through maintaining connection with Father/Mother God that we will be able to navigate this new terrain. So, in July we are implementing and activating newness that we desire in our world. Then in August, we will pray.**

### **July**

July 01 **Affirmations for Desires** Tonight we will play with creating an affirmation that lovingly and creatively magnetizes our next dream or adventure. Bring your Inner Child and come ready to PLAY.



### **The Four Agreements**

The next two Tuesday Nights, we will be learning about the Four Agreements by Don Miguel Ruiz. These principles are foundations upon which to build your new consciousness in this reality! You will learn how to make the world around you more positive which allows your "living" to become more fulfilled. Carrie Krause will lead these two Classes.

July 08 **Class 1 – Be Impeccable with Your Words & Do your Best**

Tonight we will be looking into what stories or "spells" we have cast on ourselves that may need to be re-written. Carrie Krause is leading

July 15 **Class 2 – Don't Make Assumptions and Don't Take Anything Personally**

You can use these concepts in your everyday life. Blending your spiritual approach with your business, hobbies, and groups outside of your church will enrich not only you, but everyone you come into contact with. Carrie Krause



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July 22 **Serendipity and the Divine Plan** Are we aware of the outer signs, symbols, or chance encounters that are significant to our life journey? Join us as we look at how the serendipitous nature of the outer events are confirming our spiritual journey. Bette Webb will be leading.

July 29 **Meditating with Crystals** We love our crystals! But do we know how to tap into their frequency for our healing and blessing. Bring Your Favorite Crystal and join us as we learn to move into its essence and receive all of the blessings it has for us. Don't forget to bring your Crystal!!!



**In August-We Pray.**

### **August**

Aug 05 **Masterminding** An old solid technique, masterminding allows a small group to join their energies on behalf of each individual. This is a fun and powerful way to multiply the energy around your desires.

Aug 12 **Pray for One Another that You Might Be Healed** Tonight we will explore the power of directed prayer. We will look at intention, expectations and how to feel oneness with the love of Father/Mother God.

Aug 19 **Prayer– Feeling the Connection** Now we are moving into a space of connection with God, Jesus Christ, Angels and Guides. Join us for an evening of Divine love.

Aug 26 **Prayer for World Peace** One Heart Many Voices. Join us as we connect with God and pray for our reality.

**Join us if you can. It is time for our expansion into Greater Love Expressing!**

*Each Tuesday Night, we will open with our Healing Circle– which we have been doing for 30 years. If you are unable to make it, you can call in, or email your prayer requests or place them in the basket while you are here on Sunday. Each prayer is prayed over for 30 days, and individually blessed before releasing.*

**Reiki Train** is available during the week.

If you need reiki to be sent to any situation. Just call or email and we will get the reiki coming!

*When the Desire is in your Heart  
The Manifest is in your Field*





# Thoughts of the Ministers



## Community

We talk to many people and in the conversation a main theme always seems to revolve around community. Many people are seeking community and yet they have a hard time defining community.

A simple definition might be a feeling of fellowship with others, as a result of sharing common attitudes, interests, and goals. Another definition might be - "a community is a group of people who share something in common, shared interest, or a sense of belonging".

My simple definition of community is - common - unity. What is the common denominator or attracting force. There are many varied communities out there - You are the chooser.

Inner Quest - our Spiritual Community. We are a church that loves God and believes in the unlimited potential of man. We believe that all things are possible with God, and we seek to learn how to use our hearts and mind to reach our full potential as God's children. We believe in partnering with God.

Our intention is to unconditionally accept the uniqueness in all with our loving heart and support their journey.

A key aspect of our church community is the sense of connection and support felt by all. We often say we are a working church - community. This means shared participation, opportunities to experience helping one another or even to experience being supported yourself. Helping one another with personal goals, healing and transformation as well as our common goals as a spiritual center truly does create unity. Service connects us with the whole, the greater and lifts us from "having to do" into "getting to do" which is quite empowering in itself.

A shared purpose, love and supporting each other, with love, allows for the true feeling of fellowships, brotherhood, family or whatever word you want to use that represents Love in action.

We are all in this process of transformation, individually and as a whole and we are beginning to understand the power in group consciousness and the synergy that can be created.

Jesus said "Where two or more are gathered I Am in your midst."

Christ, the Love of God made manifest! It's not an Idea, It's Real.

As we come together in love and allow love

We create Heaven on Earth

"It's Easy if you Try"

Join us when you can

Peace,

Patrick

## **We are a working Church!**

*During the week, we offer healing sessions, counselings and readings. Reiki, Reiki Initiations, Inner Light, Color, and Crystal Sound are some of the healings available. Call and schedule your appointment today!*

## A New Endeavor

As a healer, part of our job is to assist in the realignment of one's energy fields. We move into another's space, help identify the issue where the energy is knotted, and then we bring the greater light into our client so that they can receive the healing love of God. Each session is so amazing and so humbling. Just being an instrument of God's love is a blessing.

We do our work with willing individuals and then we see the world. We are all aware of the paths of conflict, harshness, and discord that we see happening all around the globe. And our hearts are stirred.

A Healer sees so many issues that they do not have the permission to assist or help heal. We can often see the causal energies, but have no option to help with a change in the manifestation. So, we send love. We send love to every event, person, experience that appears to have knotted energies at its core. We send love because of the hardship, because of our compassion and this focus can take a toll. It takes a strong soul to hold the light for the entire world. But we certainly try.

For me personally, I have needed to remind myself that what I focus on expands. As I see my fellow man suffering, I often forget that they are here to achieve greatness. I may not understand their choices, but they are still powerful children of God.

As I remember, "all is eventually made right," I also have to look at my role in the big world a little differently. I will always be a healer, reader, and teacher. But in the Bigger picture.... I am now a spreader of light!

It is now my job just to shine light and cast seeds of love to any issue that stirs my heart. I do not know the reason people are having these experiences, so I can have no opinion. But as I shine the light of God's perfect love for all, I can allow the wind of Spirit to take the beautiful energy to where it is needed and it can be received. Just like the rain falls on all, so can the energy of love that is sent to the whole fall exactly where it is needed. And I take no thought!

And as every good farmer knows. We sow seeds and trust the process of Mother Earth, Nature Spirits, God's love and life itself. We just trust God.

As I do this, I can release the burden I have carried for my brother man. I do not know their stories, their hopes, all I truly know is that they are Children of God-Just as I am.

The world I live in is God's. The world all humanity lives in is God's as well. We are all experiencing, we are all growing.

I now ask that the Light of God shower the globe with seeds of light so that whoever needs this rain can receive it. As I claim my Joy,

I claim Joy for all!

We live in an amazing and wonderful world. We are all Connected in the Heart of God.

Much love to all,  
Cindy





**October 11, 2025**

11am to 4pm

Our **INNERQUEST Fests** are fun ways to explore *metaphysical thought*. We offer mini-readings and healings. Beautiful gifts being sold by our vendors. And this year, back by popular demand, are Those Two Guys, adding music to the festivities.

The InnerQuest Fest is fun for everyone. It will be a wonderful day to explore the grounds, listen to the music, purchase gifts for yourself and for others, and enjoy a tasty lunch, freshly grilled, just for you. We offer hot dogs, hamburgers, brats, salmon, and vegetarian items as well. Many come just for the lunch!

**Readers**— Our readers are all amazing. Each leads from their heart and seeks to bring a blessing to the client. Every year we hear praises about their love and accuracy. First timers are always amazed and typically say, *I have never had a reading like that before. It was amazing!*

**Healers**— Our Reiki people are all trained by us and bring a spiritual love that allows a deep healing. Chakra Balancing is another way to release what no longer serves you in a safe and life affirming way. Color therapy, Patrick's domain, is a loving soft way to receive a healing that permeates all aspects of you.

So you can see the value of the package that we offer. The 15 minute readings and healings are \$20 each, or you can buy a package for \$30.00 that includes one reading and one healing session, a \$10 savings. All workers are donating their time and your participation is considered a gift to our church!

So, Come. Shop, Eat, Get a healing and a Reading and meet some new friends. You will be so glad that you were able to come and stay for a while. This only happens once a Year! Let's make 2025 the Best Festival Yet. And if you would like to participate as a vendor or reader or healer and have not yet signed up, just give us a call! We would love to have you join this beautiful Day of Spiritual Togetherness.



## **Higher Educational Program**

If you are currently in our program, here are the classes remaining for the year. Mark your calendars!

### **Teachers**

Metaphysics III	Aug 2—Sep 6	David Fuller
Metaphysics IV	Sep 20—Nov 1	Cheryl Provence
New Testament I	Aug 2—Sept 6	Cindy & Patrick
New Testament II	Sep 20—Nov 1	Cindy & Patrick

Each class is six weeks and held on Saturday Mornings at 9:30 to 12pm.



## **Bookstore News**

We are excited to share some new items in our bookstore: **Astrology 2026**—We have just received the Llewellyn Calendars and Daily Guides for 2026. These are great because they track the moon, the moon void-of course-, exact aspects every day. And they have a full annual ephemeris in the back. I Love marking the dates when planets shift signs!

**Room Sprays**— We have a new supply of Room Enhancement Sprays from Aroma Health Texas. These sprays are made to transform your environment so that aspects of you can become more easily expressed.

**Harmony and Balance** is great for everyone.

**Prosperity** of course quickens your awareness of abundance and your ability to receive.

**Guardians** help you connect with Angels and Guides so that you feel spiritual safety in this world.

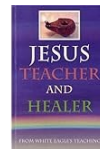
**Protection** helps you maintain a mind heart connection through stability, safety and self esteem. It creates a space to prevent depression or sad moods.

Each Spray is a wonderful way to transform any room.

## **White Eagle Books**

And then there are our favorite books! Most of you are currently using "The Quiet Mind" by White Eagle to enhance your Spiritual Journey. But it may be time to add some of the other White Eagle Books to your collection. Each title holds a beautiful message of love in a most amazing presentation.

So, during the month of July, We will be having a sale on all of White Eagle books! 10% off! Time to purchase some inspiration for yourself or get that perfect gift for someone you love! It's a White Eagle Sale!!!



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**A Moment**

**Summer Sunrise - presents the day  
What lies ahead, is ours to say  
To accept Gods gift with gratitude  
Or color it with attitude**

**Letting go our little needs  
Allows the day to be  
More than we could ask for  
Patience is the Key**

**From seed to plant to blossom  
The divine plan before our eyes  
When we stop and take a breath  
It's easy to realize**

**How love creates the moment  
God essence for all to see  
Surrendering to this beauty  
We are free to be**

**Peace,  
Patrick**



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*God Bless.....*