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#### Reiki Night Comments

"I felt major healing" SW

"I felt very relaxed and cared for. My sinuses cleared and my arm feels much better. Thank you " CV

"Better harmony and higher vibration. I look forward to returning." DS

"Thank you, felt love and energy moving, felt relaxed." DE

"A lot of energy moved as chakras were being balanced. Very relaxing and healing" LP

#### God's Love

In your Love I can grow
With your guidance I can know
As I surrender to your will
I enjoy each moment and just chill.

My life unfolds at your pace
As this life is not a race
I am grateful for each day
Allowing You to lead the way.

Kelli Williams



# **INNER QUEST CHURCH**

Communications

# Welcome Fall

# Inner Quest Fest- October 14, 2023

Saturday from 11am to 3pm

2023 has been an interesting year with all kinds of movement. So, we are happy to be beginning our fall with our wonderful annual festival. This year our festival will be focused on shining the light of God's love to all who attend. And we are delighted to share this Light with the world. As usual, we will have wonderful vendors, great food and awesome readings and healings.

**New this year**, we will be having **live music** from 12 to 2pm. Do plan on taking some extra time to relax and listen the "**Those Two Guys**" during your stay.

The Healings are always amazing, and this year....

- \*Bill Steiniger will be offering the Sedona Technique
- \*Patrick will be doing color Therapy Sessions
- \*Reiki and Chakra Balancing will be offered by our Reiki Team

And our Readers are amazing, as always.

You will be able to get an Angel Reading, a Body Scan, a Past Life reading or just a full reading on an issue that you are currently working on. Bring your questions and receive some awesome guidance.

It is time to celebrate Life with your Spiritual Family and Friends. Come early and stay the day. We will have awesome food to purchase, come hungry! Our next festival won't be until October 2024, so you will want to make every effort to join us at this one!

Join us in celebrating the love of God that moves through us all.

# **Fall Brings New Opportunities**

# Reiki Renewal - Three Sessions for \$162

Starting September 1, we will be offering a new Reiki Renewal program which will allow you to book three reiki sessions for the discounted price of \$162 for the package. Reiki is a healing energy that moves deeply into your body, mind and spirit. It releases blocks in your system and seeks to readjust causal energies.

Each session will be an hour with 50 minutes of pure reiki flowing. The hand positions used will allow the reiki to touch every meridian in your body and heal every chakra.

Reiki is God's energy moving through the practitioner and your body actually draws it into your cells. There is a natural intelligence within this energy that directs the healing to the right and perfect places. Reiki is energy food for every level of your being. It not only builds your immune system, but it also creates a sense of health throughout your consciousness.

By having three sessions within a month or so, you are able to enact a much deeper healing than just one session will allow. This is the perfect gift you can give yourself for a certain renewal on every level.

We will be offering the program through September and October. So book your sessions soon!

Health is the truth of our being- Let's claim it now!

#### **Deep Meditations for Tuesday Nights**

In Our Tuesday Night Program, we will be focusing on a new way to access the depth of our heart connection with God. We will be using a technique that is outlined in "Love Without End" by Glenda Green.

In the book, Jesus explains that the way we enter the heart can give us greater access to the inner spirit that we are. We will be using that approach every Tuesday to go deeper into the pure essence of our own spirit. This approach should enhance any meditation practice in amazing ways.

**God Guides our Growth in Miraculous Ways!** 



# How did Jesus Live the Christ? Sunday Services

It is fall, and it is a natural time to grow and learn. This year, we will be looking at how Jesus lived the Christ as he interacted with the people of his day. His manner and focus will help us see a new way for us to look at our own lives.

In September, we will look at how Jesus, the man, dealt with issues he found as he shared his truth of God to the world.

Then in October, we will be looking at how he handled healings in a very individual way dependent on the person he was healing. As we look at his life, we will be better able to recognize how we can continually shine our Christ light no matter the circumstances.

# **Sunday Services September 2023 Walking the Path of the Christ**

Sept 03 Non–Resistance	Cindy Fuller
Sept 10 Healing	Cindy Fuller
Sept 17 Communication	Cindy Fuller
Sept 24 Teaching	Patrick Abent

"When I walk in the light of God, I always express Love!"

# Sunday Services October 2023 Heart on, Hands open

Oct 01	Jesus' First Healing	Cindy Fuller
Oct 08	Healing-the Roman Soldier's Faith	Cindy Fuller
Oct 15	Healing at the Fountain	Patrick Abent
Oct 22	Healing at Gethsemane	Cindy Fuller
Oct 29	How do you Feel?- A Play	IQ Players

"God's Love Recreates my Reality!"

## When You Fall

"Your guardian has seen you fall and does not condemn; but would whisper in your heart, Courage. Let us Raise you Again!" The Source of all our Strength by White Eagle

#### Jesus Teacher Healer

"On earth, if you desire to go to a particular function, you wear a dress suitable for the occasion, and if you do not clothe yourself rightly, you are unable to enter the function. How can man expect to participate in the joys of the heavenly life if he has no clothing, no aura, no senses developed which will enable him to contact such spheres of life?

Meditation alone will not give you the requisite clothing, or vehicle, but simply being love in all your relationships will clothe you in raiment suitable for you to meet the king."

by White Eagle



# Three Steps Required in Achieving Christed Consciousness

- 1. **You must loose all Judgment**. Judgment attaches you to the thing you judge and holds it in place in your reality.
- 2. You must step into unconditional love to all, including yourself. Remembering that all are children of God, each choosing the experience that they need to grow, allows you to focus on your own choices and inner light. When you can love your experiences, you are love.
- 3. You must learn to follow your inner guidance with a trusting and loving heart. The God connection within is the oneness with Christ.

## Church Pot Luck- October 29, 2023

Immediately following our Sunday Service on the 29th, we will gather in the Pavilion to Celebrate our church family! Please plan to attend and bring a dish to share. The church will provide a main dish of some kind. See you there!

## **Affirmations to Inspire**

I am an expansion of God energy every moment.
I am sharing my light with the world and the
World delights in my light and
lovingly shares all that I desire in return.

Seek first the counsel of God, and all things will be Added unto you.

We are beings of pure white light. Be the totality of You!

Jim Scruggs

By the authority of the Christ, the living Christ within me, I command that my body be now perfect health.

I am now in the process of positive change. I deserve the best.

Patrick Abent

What are your beloved affirmations of truth? Let us share them in our next newsletter!



# Tuesday Nights 7:30pm-9:00pm

Tuesday evenings allow us a handson experience to feel God in our hearts.

Join us as we move into that space that exists between the realities of our world and the illusions of our desires. It is our intention to connect with the pure energy of truth and potential that exists in our souls. We will touch the energy of the Beingness that we are—in this world and beyond.

In September, we will be working with the teachings of Jesus as written in Love Without End, by Glenda Green. We will be working with a unique way to enter the heart chakra to gain access to our true oneness with God.

"By entering the portals of the heart in this way, you will inherit the wisdom that was placed there for you from the beginning."

Each week we will use this technique to explore a deeper layer of the universe as it flows through us. Join us as the repeated experiences will reveal a deeper and deeper sense of self.

Each Tuesday Night, we will open with our Healing Circle. If you are unable to make it, you can call in, or email your prayer requests or place them in the basket while you are here on Sunday. Each prayer is prayed over for 30 days, and individually blessed before releasing.

# September

- Sep 05 Our First Dive into our Divine Heart
  Please dress comfortable and bring your journal. You
  may also want to bring a crystal to record your journey.
- Sep 12 **Second Dive** Tonight we will have gained some group consciousness energy, so our journey could be more revealing.
- Sep 19 Third Time Together Deeper and Deeper
- Sep 26 Our Last Dive into the Center of our

<u>Universe.</u> Even if this will be your first time, please join us. We will have built up enough energy as a group to make all of our journeys awesome.

# October

In October, we study "the heart's seven concentric rings of understanding"- Love Without End, Glenda Green.

- Oct 03 Unity and Love There is one God and God is love!
- Oct 10 Life and Respect Life is love in action. Honor This!
- Oct 17 <u>Honesty and Justice</u> Learn the power of innocent perception and the balance of fair exchange of energy.
- Oct 24 **Kindness** Goodness is strengthened through kind ness. You are literally tapping into the intelligence of God.
- Oct 31 The Seven Passions of the Sacred Heart Tonight we will put it all together as we coalesce into a single frequency of divinity.

The Journey of Life is to Know Oneself.

The Path Begins in the Heart!

# **Metaphysics Study Continues**

# **Metaphysics IV**

Saturdays 9:30-12:00pm

# Sept 23 & 30, Oct 7, 21, 28 Nov 4, 2023

Symbolism is the language of the Universe. Through looking at the energetic information being conveyed, we can see a truer meaning to the stories we have inherited in our world. Learn tools that will enable you to interpret situations and environments in your personal world as well.

Information is everywhere. Learn to Discern! Metaphysics I, Metaphysics II, and Metaphysics III are pre-requisites.

## <u>Aquarian V</u>

Also continues during this time. Aquarian I, II, III and IV are pre-requisites.

The cost for each class series is \$160.

## Reiki Night for Sept 9, Festival in October!

Saturday 6:00pm— 8:30 pm

Join us for a wonderful healing for your body, mind, spirt and Soul! Reiki heals on every level, seeking to alter the causal thought creating the discomfort. All of our healers are trained by us and unified in the Love of God' Healing Light. Come any time or you can preschedule your healing time so that you do not have to wait for a table! *Love Offering* 

## Men's Group

Sept 11 and Oct 2, 7:00-8:30pm All Men welcome! A time for the male energy to gather to support the energy of metaphysics as a way of life.

#### Women's Group

We will not have Women's Group in Sept. Join us October 21. Snacks at 6:30 - Meeting from 7:00 to 8:30. We meet on the third Friday of the month, This is a wonderful interactive group where each participant is integral to the experience of the evening. Come and share your light with us!

## Metaphysics of Christmas-Rehearsals are Coming!

Our Annual Christmas Program of the Metaphysics of Christmas is scheduled to be performed on Sunday, Dec 17 at 7:30pm. As many of you know, this is a beautiful program of song and celebration of the life of Jesus Christ. And in order to make it happen, we need singers, a stage mom, sound person and video person. Everyone joins the rehearsals in November, however, our singers rehearsals will begin Sunday, October 22 from 12:30 to 2pm. (All rehearsals are on Sunday after church.)

Check your hearts and see if you would like to join us in the production. It is a big investment with an even bigger return! Join us in lighting up the world this Christmas Sea-

# Thoughts of the Ministers





## **Not Mine**

"Thy Kingdom come, thy will be done on Earth as it is in Heaven". When my will and God's will are one, I can experience Heaven on Earth. When our will (mans) and God's will are one, we can experience Heaven on Earth.

We live in a time on planet earth when intuition must be our guide. Reason and logic are based on past experiences, we are now becoming aware of the "eternal now". We won't find the answers we seek by looking backwards. As we keep our vision high—on spirit—and remain grounded in our heart, our forward motion is assured. We will become aware of a new way of thinking, a new way of living, and <u>our</u> unique way of being. With new thought we can create a new world individually and collectively.

As we stop imagining the doom and gloom of past prophesy—and the news—perhaps we could image in a new reality of life on planet Earth. The time is Now!

We can begin the process by moving from <u>hoping</u> for a new experience to <u>knowing</u> we are the creators of our new experiences. This is what the age of Aquarius is about—change.

As we live, the tenets of the Aquarian age, transformation begins—individually and collectively. We are being asked to live in brotherhood with all of life. If we just observe our little children, we will see that the brotherhood of all life is their message. We need to just love the children. The children will lead.

Communication is important for it allows the free-flow of information and wisdom. Our part of communication we are being asked to develop is to become better listeners. To listen to all of life, allows us to connect with all of life.

We are being showered with the love and light of God to truly support our Spiritual Enlightenment—this just means our truth in being.

<u>Hu-divine Man Being</u>—Being divine man. Jesus was the living word made manifest, and he said "Follow Me". Discipline leads to dominion - remembering who we are and living in this consciousness is the way to experience Heaven on Earth.

We came to do this!

# Peace, Patrick



Machu Pichu





Didyma, Turkey



## **Possibilities**

This photo was taken by Patrick from inside the Glastonbury Tor in Glastonbury, England. I have always loved this shot because when it was taken, there was such a silence within the chapel and as you looked

out at the land below you could see the wonders of life on planet Earth. Is this how we all feel when we make our entry into our new lifetimes at birth? We come from a space of silent serenity and enter a world of infinite possibilities of experiences.

My son once asked me, "when you were a child, if someone had told you all of the places you would visit as an adult, what would you have thought your job would have been?" And, of course, the little Cindy, the one who was raised in a home of limited funds, the one who was taught "to show up and get through" would probably have thought she was selling something, not that she was doing Spiritual work literally in Spiritual places of the world!

*Infinite Possibilities of Experiences!* 

God's light can flow through *any* open mind and heart. Some of us may think we are limited by the lessons we have chosen to learn in this lifetime, but God's love and light can help us resolve these lessons easily or help us learn them through contribution rather than contrition.

The truth is your soul is contributing to the whole every moment of every day. Even in your walk through the grocery store, your thoughts are affecting the whole. When we can become aware of the awesome responsibility that we all have to create a heaven on earth, then our energies can coalesce to form the heightened frequency that will bless each one.

An elderly man once said to me, "when the tide comes in, all the boats are going to rise". He was doing *volunteer* work cleaning the church I attended. He said that as the church prospers—he was going to prosper, simply because of the increase in energy! What Profound Faith!

Imagine the experiences that await us all when we can see this world as a place of God's unlimited joy! As we share our lights, it is taken where it is needed, and we, also are taken where we are needed!

The love of a few can change the trajectory of the many because they channel a direct energy of God into that which has already been created.

And then through this heightened love,

it can be created again—this time reflecting the wonder of the world God created for His Children to enjoy!

Infinite Possibilities of Experiences My Love to all, Cindy



# Saturday, October 14, 2023 from 11am-3pm Time to Celebrate God!



Special Package Deal! \$30 for One Reading Session & **One Healing Session** 

# PLUS... Live Music -Those Two Guvs will be performing from 12-2pm

Our semi—annual INNERQUEST Fests are fun ways to explore *metaphysical thought*. We offer mini-readings and healings. And this year, we are adding live music to our Fall Fun!

The readings and healings are \$20 each, or you can buy a package for \$30.00 that includes both.

The InnerQuest Fest is fun for everyone. It will be a wonderful day to explore the grounds, listen to the music, purchase gifts for yourself and for others, and enjoy a tasty lunch, freshly grilled just for you. We offer hot dogs, hamburgers, brats, salmon, and vegetarian items as well. Many come just for the lunch!

Shopping for yourself and for gifts is highly encouraged! We invite unique vendors to come and sell their specialty wares, like artisan jewelry, décor items for the home, candles, artwork, pottery and organic or eco-friendly consumables like local honey, eggs, seasonal plants, and produce. Our bookstore and gift shop will be open so you can purchase crystals, books, cards, jewelry and incense.

These festivals are annual fundraisers for Inner Quest Church and we really want everyone to attend and encourage their friends, family and neighbors to make it a fun Saturday event

You can book your readings and healings early! Let the Angels guide you!







# InnerQuest Fest **Pre-Registration for your** Healing Session & Reading

Prepaid reservations will begin October 2nd

You can call to book your sessions or make your plans in person anytime you are in the church. (Healings being offered are listed on the front page!)

For our festival, you are highly encouraged to book before the event if you want a specific reader or a specific healing. We want all of our great workers to work a little and play a little, so that favorite reader you want, or that healing session you have in mind may only be available early or late, so plan ahead and book early. You can relax into the day knowing that you will receive exactly what you need!

# **Vendor Participation**

We would love to invite you to join our Festival as a Vendor if you have merchandise that you would love to share with our community. Just contact our office to register.

**Cost:** There is a \$10 non-refundable booth fee in addition to 10% tithe on your total sales. A typical fair will be visited by 150-200 people. You will need to register with the office, 770 -521-2875, and we can answer your other questions at that

SET-UP: Vendors bring their own tables and/or canopy and set-up begins at 10:00am, Saturday Oct 14.

WEATHER: We have never cancelled in 25+ years due to weather, so it's a rain or shine event.

The area is largely covered by trees, so use your own judgment about bringing a tent or canopy. You are welcome to come and look at the vendor area ahead of time. Join us in making this Festival the BEST!



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# The Way

All that's left of Yesterday Is just a memory If we miss it's meaning The truth there for our gleening

The threads that weave the pattern And manifest as life Are fashioned by the weaver In harmony or in strife

Experience is the teacher
The lesson plan is ours
To hold our vision, play our part
Or will we miss the mark

When our eye is single And love becomes the goal Oneness– is the truth we see And ours is just to "Be"

> Peace, Patrick



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God Bless....