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Reiki Night Comments

"So much pain was released. There was a lot of light" - SS

"It was very soothing and peaceful. I felt like I was floating on a gentle cloud with feathers brushing away anything that needed to be cleared and lifted in a gentle and loving way.

Thank you for the beautiful healing energy." AT

"Wow! I felt immediate release from my face and chest. My chest doesn't feel as heavy. Thank you for the Healing!" TC

"Very calming. First time I was able to really relax and receive!" KC

"Felt the love in a completely enfolding way. I saw events in my life leading to the healing I was receiving. Thanks to all" M



INNER QUEST CHURCH

Communications

Inner Quest Fest - May 13, 2023

Our Semi-Annual Fun Raising Event! 11am-3pm

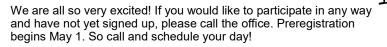
It's that time Again! Time to join us in a beautiful day of celebrating life! Time to gather again and share our love with like minded people! Again this year, we will be hosting some wonderful vendors. Jewelry, hand crafted Gifts, Art, and many other gifts will be available. Don't forget Mother's Day is the next day!

Healings Available – Chair Massage, Chakra Balancing, Color Therapy, Reflexology, Reiki, Sedona Pain Release Technique and Sound Bath Healing.

Readings Available— Angel Readings, Astrology, Body Scans, Past Life, Relationships, and Your Life Questions. Dr. Mary will also be joining us again, if you would like a picture of your guardian angel drawn just for you!

You will be able to schedule one healing and one reading for the "Package Price of \$30" or you can purchase as many individual sessions as you would like for \$20 each. Either way, come early and plan to stay. Our Readers bring a vast array of talent! You will want a couple of readings just to experience the different approaches.

AND, There will be an awesome "lunch menu" for your feasting as well!



We look forward to seeing you then!



Our Completed Pavilion Thank you God!

As you know, the idea of a pavilion was born out of our desire to provide a space in which we could seat more of our congregation than we currently can in our sanctuary. This would allow us to have outdoor events that could be

attended by all. And we are very happy that the dream is now a reality!

We are so very grateful for all of the work and energy that has gone into the building of the Pavilion! To say it was a very large undertaking is a complete understatement. It has taken literally hundreds of hours of research, labor, mistakes, negotiations and finally an executable plan that has lead to the picture you see.

We want to thank the financial contributors who made this possible:

Watkins Christian Fund \$25,000
Private Members Donations \$11,000
Funds from our Building Fund \$34,000
Total Cost to Date \$70,000

We are now researching the acquisition of picnic tables that could be moved in and out of the building. Our estimated cost at this time is running around \$2000 per set. We are still researching, but if you would like to contribute toward the purchase of these tables, (above your normal tithes, of course) we would love to receive!

On May 21, immediately following the Sunday Service, we are having a pot luck to Bless and Celebrate this accomplishment! Inner Quest will be providing Sandwiches from Costco and ask that you bring a side dish or dessert. Lets come together to make our first event a family moment of love! We would love to see you there!



God's Love Enfolds All I Do!

Creating a Path of Growth Sunday Services

Trying to follow the path of the Christ requires that we look at the foundational beliefs that create our world. Our security will dictate all the other choices that we make. It's time to realize where we invest our energies to remain secure in this world. And it's time to look at the security that Jesus lived with.

In June, we will examine how we have chosen to learn. Each of us chooses the method through which we will grow. Let's consciously look at the teacher we have chosen and decide if this is the method we can thrive in. We can always choose again!

Sundays are a time for personal growth and growth within the community of the Christ. Come in person if you can. You will benefit greatly from the collective consciousness, and will be able to contribute your light to help all of mankind!

Come and join the love of a very special Spiritual Family!

Sunday Services May 2023 Where is Your Security?

May 07 No Place to Lay My Head	Cindy Fuller
May 14 Render Unto Caesar	Cindy Fuller
May 21 Lay up Your Treasures in Heaven	Cindy Fuller
May 28 In the World, but not Of the World	Patrick Abent

"I live in the Eternity of God's Love!"

Sunday Services June 2023 Who is Your Teacher?

Jun 04	Experience as a Teacher	Cindy Fuller
Jun 11	Karma as a Teacher	Cindy Fuller
Jun 18	Jesus as a Teacher	Cindy Fuller
Jun 25	Holy Spirit as a Teacher	Patrick Abent

"The Earth is my School. I am learning to Christ!"

"...IS A TOWER OF STRENGTH AND LIGHT THE VICTOR

Man is spirit-this is all man needs to know; and spirit is triumphant over matter." The Quiet Mind by White Eagle

New Driveway Planned June 26 through July 1

Christian Fund which has generously donated to assist in improving the grounds and property of our church. They have given us \$25,000 to put in a new drive way!

As you know our building was originally built in the 1960s and the driveway just may be original! We have been needing a new entry into the property since we acquired it over 20 years ago! And we are so grateful!

However, it does mean-

We will not be able to have any clients in person during this week. All clients will need to be either on the phone or remote. Cindy and Patrick will be working from their home if need be.

We will also not be having our Tuesday Night program on June 27. Cindy and Patrick will do the healing circle from their home.

The driveway will not be able to be used for an en-

Special Music in June

Our Choir is taking their annual month off this June, so we will be welcoming some quest performers to share their musical hearts with us.

June 4 Surely Alvelo

Actress and Singer- and an awesome member of our Church!

June 11 Thomas Barnette

Olympic Choreographer and award winning vocal coach, has been a friend of Inner Quest for years. He is currently a Diversity Leader

June 18 Ken Carnes

Musician and songwriter. He will be performing his Originals.

June 25 Maia Nkenge Wilson

Actress and Singer with years of work on Broadway and was the voice of Bulda in Frozen. Also a songwriter, she is currently a performing artist in the Atlanta area.



tire week. We are hopeful that for our Sunday Service of July 2, we will be able to drive on the new drive way for We have been so blessed over the years by the Watkins the first time. Please hold this in prayer—that the project is easily done and completely finished by July 2!

Diaper and Baby Food Drive

May 1—June 30

Several times a year, we collect donations for the North Fulton Community Charities which supports hundreds of families in our area. At this time, they are in need of diapers and baby food. The following is being requested:

Diapers Sizes 3, 4, 5, 6 and pull ups. (sizes 1 and 2 are provided by the government).

They also need baby food and baby formula.

Anything you could contribute would be greatly appreciated. If you would like to make a cash donation instead, we would be more than happy to purchase items for you. Thanks everyone for sharing your generous hearts!



Tuesday Nights 7:30pm- 9:00pm

Tuesday evenings allow us a hands-on experience to feel God in our hearts.

The Universe is supporting our Success right Now! During May and June, we will be learning about and applying principles of Depak Chopra's "Seven Spiritual Laws of Success". These provide practical approaches to mind shifts which will allow you to become the Self you always dreamed of! Join us every week as we move toward our perfectness!

<u>May</u>

- May 02 The Law of Pure Potentiality The perfect place to begin. Without an awareness of what is currently available, how can we choose again? Rev Cheryl Provence leads.
- May 09 The Law of Giving and Receiving It is very difficult to receive when your hands are not empty from giving. Learn the power of movement!
- May 16 The Law of Karma or Cause and Effect
 When we realize our participation in our current circumstances, it is easier to choose something different.
- May 23 The Law of Least Effort Yes, we want this first! But it can not come until we are ready to focus our desires on a true goal. Join us on the easy road!
- May 30 The Law of Intention and Desire
 Aligning our Emotions, Body and Spirit brings the total
 Magic!

<u>June</u>

In June we will finish the last two laws as we move into greater success. We will finish the month by looking at the power our words have on our consciousness and how to use them to continue the steps we have already taken!

- Jun 06 The Law of Detachment One of the biggest challenges is to let our Spirit guide our expectations and not our egos. Attaching to anything keeps us there.
- Jun 13 The Law of Dharma or Purpose in Life
 Our Good from past lives and adventures is seeking us. It
 is designed to assist in the expression of our true purpose this time around.
- Jun 20 The Power of Your Words Dr Masaru Emoto gifted the world with the amazing proof that our language affects everything. How we speak to ourselves both outwardly and inwardly- determines the experiences we will have!



Jun 27 No Tuesday Night on Schedule

Due to the scheduling of the pouring of our new drive way, we will be closed this week. Cindy and Patrick will do the healing circle at their home. If there are any delays in our improvement plans, we will let you know.

As with each Tuesday Night, we will open with our Healing Circle. If you are unable to make it, you can call in, or email your prayer requests or place them in the basket while you are here on Sunday. Each prayer is prayed over for 30 days, and individually blessed before releasing.

The Journey of Life is to Know Oneself.

The Path Begins in the Heart!

Healing I Class

June 11 1:00-4:30pm Sunday Afternoon after Service

June 15 7:00-9:30pm Thursday Night

June 17 9:00am-4:00pm Saturday – Sessions will be offered

June 22 7:00-9:30pm Thursday-Final Class in Series

Everything is energy. As we encourage the life force of the Divine within all, we can begin the journey of becoming a Channel of Healing Love.

In the first series, we will learn

- *How to hold the frequency of Healer
- *How to feel energy and identify whether it is flowing or blocked.
- *Difference between healing through a process and a spontaneous healing.
- *Long Distance Healing
- *How the body responds, and how to encourage a shift in consciousness so it can embrace the healing light.
- *How to work with the Chakras for healing and balance. Each class will provide a self healing technique as well. The investment for this series is \$500.

We are Expanding- Again!
More Readings Available

<u>Kelli Williams</u>
Is now Available every Wednesday
for Body Scans or Past Life Readings

Kelli is a fabulous reader who will be able to assist you in gaining a greater

understanding of your health and your reason for being on the planet!

<u>Body Scans</u>— is a method of traveling though the body and looking at the energies that may be blocked or not balanced. She will talk to your angels to see what you might be able to do to create health and wholeness.

<u>Past Life Readings</u>—These are done when you would like to see why you are experiencing what you are experiencing in this lifetime. When you can not find the cause for any life event or situation, it may well be that the reason for the experience stems from another lifetime, another time and space. By realizing this, you are more able to make choices that will bring you completion and the ability to move forward into a new focused life journey.

Both of these techniques are tremendously powerful in assisting you to find your truth and change your reality!

At Inner Quest, we want to be able to provide the spiritual support that our family might need. Call to book your appointment. (770) 521-2875. Cost is \$70 per session.

Reiki Night for June

On June 10, we will once again offer our Reiki Night. Come any time between 6:00 to 8:30pm and get a healing. You can also preschedule your healing time so that you do not have to wait for a table! Come and receive the perfect healing for you.

Love Offering

Thoughts of the Ministers





God Essence

As I look out across our church property the spring greens have reclaimed their space. The rhododendrons are in full bloom and the azaleas are merging with the mother.

We have been on this property for 23

years and have experienced many changes on the planet. Yet, spring always provides me a greater sense of hope and respect for the cycles of life. I can look at whatever is happening on the planet, or in my life, and trust the process of life. I know that I can tap into the Eternal Spring of Life – God Essence.

Our planet is over 4 billion years old, gone through myriad of change and brought us to <u>NOW</u>. Earth's greatest revelation is "change is Good" and "All is in Transformation". At this moment in time our experience is relevant to the now, and what is ours to do. <u>Be</u> (Spirit) <u>Here</u> (I Am) <u>Now</u> (Eternal)!

We have all we need to make the changes we need to make in our life - NOW. We have all we need to make the changes that need to be made on Earth - NOW.

The key is Consciousness, awakening to our truth in being, and then "Being". We are Spirit!

Metaphysical – beyond the physical.

"Ask and ye shall Receive."

Are we beyond the physical? Are we Spirit? Did we create our body to experience this land of form as Love, to create and live in harmony with all life? Did we come to experience God in All? The answers to these questions aren't in a book - they're in our soul. This journey of the soul can reveal the truth we seek through the experiences we create. Our quantum leap is from our Head to our Heart. From Matter to Spirit!

Jesus taught that the greatest truth man can know is "Spirit is Eternal and matter is an illusion". Why wouldn't our world and what we know change as we change through expanded consciousness in spiritual awareness?

To be "in tune with the infinite" we must transcend the finite. The never-ending story is that of creation recreating itself, ever expanding love. The eternal spring is ever present. It's the Essence of God!

Enjoy the Spring Blessing

Peace.

Patrick

To stay up with all of the activities at Inner Quest, hover your phone camera over the QR Code below.

It will take you directly to our Website



Direct emails to the church: igc@innerquestchurch.org



The Answer

What would happen to a society if every person believed the same thing at the same time? The solidification of the energy would be insurmountable, and the direction of the future movement would be set.

As I was meditating, I was reminded how the energy of fear affects everything. It not only makes the physical body shut down, it turns the thoughts to protection and less than conditions, and it makes the emotions begin to recoil instead of shine as they were designed to do.

Fear is the belief that something other than God's love will happen. And if we inventory our lives, this idea of fear is almost constant. Do we not plan our days to keep us safe? Do we not expect the worst so that we can prepare for it, just in case? Do we not limit our exposure to possibilities because we can't trust the world? All of these conditions are born out of one concept—fear.

If we could get our minds thinking about the unlimited condition of the Universe, if we could allow our thoughts to open to God potential, how would our world change?

God's love is full of Rightness, Mercy, Peace, and Joy. It is an enfolding and expanding light, which when accessed, allows all to live in a world of safety and love. God's love is God's will.

If we trusted God, we could plan our days flowing with guidance. We could expect to be loved and supported no matter what. We could trust the possibilities that the Universe brought to us because we could feel the rightness in them. We could feel God in our day.

What would happen in our society.. if every person believed that the power of God not only created them, but also sustains them? What if we could begin to feel the measurable presence of God's energy all around us all of the time? The solidification of the energy would be insurmountable, and the direction of the future movement would be set.

This would begin the journey of Heaven on Earth. Don't be afraid of losing your will into the will of God. You are already a part of God will. Don't be afraid of missing out on anything. You are one with God's vast universe, all is yours for the taking. Don't be afraid of love, you are love.

Simply—don't be afraid. Be faithful to the love in you! Radiate your heart and don't even think about the consequences for love creates love.

You are safe in God's heart. You are truly the beloved.

My Love to all, Cindy





Saturday May 13, 2023 from 11am-3pm

Join us In a Celebration!

Our semi-annual *INNER QUEST Fests* are fun ways to explore *metaphysical thought*. We offer mini-readings and healings. Our Spring Festival will be filled with opportunities to heal and be fed!

The readings and healings are \$20 each, or you can buy a package for \$30 that includes both. We have some wonderful readers coming and you will have an array of healing modalities to choose from! Come for a package deal or two!

Our festivals are annual fundraisers for Inner Quest Church and we really want everyone to attend and encourage their friends, family and neighbors to make it a fun Saturday event.

Our InnerQuest Fest is fun for everyone. It will be a wonderful day to explore the grounds, purchase gifts for yourself and for others, and enjoy a tasty lunch, freshly grilled just for you. We offer hot dogs, hamburgers, brats, salmon, and vegetarian items as well. Many come just for the lunch!

Shopping for yourself and for gifts is highly encouraged! We invite unique vendors to come and sell their specialty wares, like artisan jewelry, décor items for the home, candles, artwork, pottery and organic or eco-friendly consumables like local honey, eggs, seasonal plants, and produce. Our bookstore and gift shop will be open so you can purchase crystals, books, cards, jewelry and incense. Let Your Angels guide you!

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Special Package Deal!

\$30 For

One Reading Session & One Healing Session

InnerQuest Fest Registration:

Prepaid reservations will begin May 1. 2023

You can call to book your sessions or make your plans in person anytime you are in the church. For this festival we are highly encouraging you to book before the event if you want a specific reader or a specific healing. We want all of our great workers to work a little and play a little, so that favorite reader you want, or that healing session you have in mind, may only be available early or late, so plan ahead and book early.

Vendor Participation:

Cost: There is a \$10 non-refundable booth fee in addition to 10% tithe on your total sales. A typical fair will be visited by 150-200 people. You will need to register with the office, 770-521-2875, and we can answer your other questions at that time.

SET-UP: Vendors bring their own tables and/or canopy and set-up begins at 10:00 am, Saturday May 13.

WEATHER: We have never cancelled in 25+ years due to weather, so it's a rain or shine event.

The area is largely covered by trees, so use your own judgment about bringing a tent or canopy. You are welcome to come and look at the vendor area ahead of time.



Our Readers for our Up Coming Event!

Angie Taylor Esa Stevenson
Brandi Robinson Kathleen Kenny
Carrie Krause Kelli Williams
Kristina Lawson Nancy Tait-Oberst
Dedie Parker Peggy Mills

Shay Levister "Your Love Diva"

You can preregister with your favorite and add a new reader to your schedule! Each brings their own unique approach to helping you "see" what the future is holding for you and to also help you make the choices that will bring you the greatest joy!

Scheduling begins May 1

Create

Layers of Color Blanket our day Invisible veils Distort the true way

The illusion of life—hypnotic To some its all that's real Is it all we've ever known Ask and you'll be shown

Its ours to keep our vision high As we trod the narrow path The still small voice within the heart Will guide us to our part

The secret Life— Just to Love Simple as this seems Too long we've played the waiting game Its time to create our Dreams



Peace, Patrick

Inner Quest Church
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God Bless....