



INNER QUEST CHURCH

Communications

Fall of Health 2021!

Fall is the time for renewal on every level. As we move into our shift, it may be time to enjoy our reconnecting with our health!

If you are ready to give your body an energy boost to create greater health, we are ready. In September, we will be implementing our "Stay Healthy Program". The package will consist of 1– Reiki Session, 1 Color or Crystal Session and 1– Inner Light Session. Each of these assists in healing the physical, mental, emotional, and spiritual aspects within each of us. These will strengthen your body, balance your emotions and clear your mind! And as we are going into the change of seasons, why not add balancing your consciousness to your fall activities.

We will be scheduling these sessions beginning in September and will continue through November, so you can schedule your three sessions any time during this period. And these session can be done remotely. This means that you can have your healer connect with you while you are lying down in your own bed. The energy will move to where you are.

The cost of this package of three is \$160. You will not only be contributing to your health and wholeness, but you will be contributing to the work of your church as well. Healing is a necessary part of all of our journeys. Come and let us support you in your next step. Call to schedule your appointments today! Let's embrace the fall of 2021 with a robust sense of Health!

In this issue:

- Sunday Services in October– New Speakers every Week!
- Tuesdays Nights –Clearing and Healing Chakras!
- •Metaphysics II Class begins September 25, 2021!
- InnerQuestFest Oct 9! Semi-Annual Festival to celebrate life!
- Volunteers keep us going!
- •Stay Healthy Program begins in September!
- •Last meeting of the Bookclub for this year, Oct 17, 2021– Planning for next year will be done!

"If you haven't found what you are looking for at other religious churches, then this might be for you. Great spiritual energy and non judgement." JS

"I began to attend Inner Quest church in March 2017 and felt like I was "HOME". For the first time in my life, I found a church that really met my Christianity and my Metaphysical beliefs" HR

"What a fabulous church!! Finally somewhere to go that you actually learn about the true teachings of Jesus and the love from everyone is so authentic! Love this Church!" CS

"What a wonderful place to fill your soul with Spirit" TC

Inner Quest Fest- October 9, 2021

We are so excited to be hosting our Annual Fall Inner Quest Festival! We have been doing these festivals for thirty years and they always bring such a level of fun, expansion and joy to all who participate. From the volunteers who so strategically handle all of the "behind the scenes details" to those who share their talents by healing and reading and also those who bring their treasures to sell, it is truly a gathering of people who love God.

AND what an honor to share a day of fun with people who truly put God first in their thoughts and dreams. Every healing and reading will begin with a prayer. We are turning to God to guide all of the activities that will be shared. We will even bless your lunch if you would like!

This year as we are emerging from ideas that may have separated us from one another, let us gather with open hearts knowing that God has us all. And, as we have always done during this past year and a half, we will continue to honor the choices of each individual as we follow the guidelines as set forth by the state of Georgia. So, join us as we reaffirm that God's love fills each and every one of us. We are the Children of God and we are claiming our Health, Joy, Prosperity and Fellowship!

Patrick and I cant wait to gather with you all once again. We are taking volunteers and vendors names now! Let us know how you would like to participate— October 9, 2021! Join us in God Love!!!!!

<u>Sunday Services</u> 2021– The Year of Possibilities!

Sundays are always the time to gather, feel God's love and enjoy the synergy created by a group of like minded people! And as we move into fall, we are very excited about the themes we will be sharing.

In September, Patrick and I will be teaching from one of White Eagles book, Practising Peace. This was originally published as The Gentle Brother. Each of these lessons will allow us to touch his vibration of peace and the power of internal silence. Each week will be amasing!

We are the illustrious Children of God Creating a World of Joy.

Sunday Services for September 2021 Peace Opens the Door to God!

Sep 05	Listening in Love	Rev Cindy Fuller
Sep 12	The Power of Light	Rev Cindy Fuller
Sep 19	Trust and Tranquility	Rev Patrick Abent
Sep 26	Still the Storm	Rev Cindy Fuller

"When I am in Peace, I am in God's Heart!"

Sunday Services for October 2021 Directing God Energy

Then in October, we will be doing a series on learning the fundamental steps of creation!

Each of these services will be lead by a minister of our church, or a minister in training. Each one brings their own unique perception of how these building blocks are created! Every Sunday will build upon the next, so plan on being there for all!

Oct 03	Thoughts Build Your Blueprint	Rev Bette Webb
Oct 10	Emotions Create the Building Materials	Rev Charmayne Scruggs
Oct 17	Focus = Form	David Fuller
Oct 24	Receiving Your Creation	Rev Cheryl Provence
Oct 31	Living the Life	Rev Patrick Abent

"I AM Creating Now!"

Sundays are always wonderful!

Beauty and Peace

Dear Earthly Brethren, the beauty that awaits you is there now; it is only for you to raise your thoughts and humbly believe in God's love and His will for your complete perfectness.

May this beauty and this peace be ever present in your hearts.

The Source of All Our Strength by White Eagle



Did you know Volunteering is Fun?

We have so many opportunities to volunteer at this church.

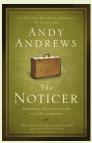
All you need is a loving, willing body and a desire to support our church. IQ grows with the investment of our energy.

All positions are scheduled ahead of time and can be changed if need be. For all positions there is training and a chance to work with someone until you feel fully competent to handle it yourself. You will be working within a group of likeminded people and getting to know them in a deeper way.

Wait! Is that personal growth?

Let us know if you are interested in working with our children, manning the video station, covering the audio station, working on our healing team, or greeting people. You know you can do this!

Book Club Forming for Next Year



On Sunday, October 17 the last 2021 meeting of the existing book club will take place. We meet after church from 12pm to 1pm and talk about the latest selection which is The Noticer by Andy Andrews. This meeting is open to anyone.

After a brief discussion of the subject book, we plan to talk about Book Club for 2022. It will be an open discussion about how many meetings will be scheduled, where they will take place, how we select books and who will moderate. Anyone who wishes to come is welcomed by the group.

Plan to join us in 2022!

Thoughts of the Ministers







We all know that God is everywhere present, in all things and in all of our experiences. We get to have God experiences every day, however, for the most part we don't acknowledge them as God experiences. They are just life; our experiences are just life experiences in our mortal mind. A lot of the time we miss the connection with God, we don't connect the dots, and miss the true gift of life.

Life on planet earth is changing and we are being asked to live with greater awareness. The brotherhood of life and an understanding of universal consciousness is the path we now trod. It's not that we have to lose our individuality we are just being asked to expand into a more inclusive way of living.

All of mans past actions, in actions and experiences have brought us to the here and now. For some this is the best of times, for others it is the worst of times and for many it is just the way it is. No matter what our experience, we are being asked to transform. What this will look like I don't think anyone knows, however, how this transformation will happen in thru LOVE.

Love is the creative essence of our universe with the innate wisdom of harmony and peace. When we gaze into a starlit sky, we cant help but be in awe of creation and the infinite wisdom of Creator God.

From our little perspective we might not be able to understand creation, but we can be aware of creation. Awareness being the key to greater understanding. As we are being asked to participate in the re-creation of our world allowing LOVE to guide is the first step. Love is the thread that runs thru all creation and will lead us to oneness. The universe- the one versewhen we come into harmony with the one verse, we become the one verse.

How can we make this leap from our old world to our new world?

We humans like answers- answers allow us to feel safe, they validate our life, our world, our microcosm of the macrocosm.

How can we make this leap- the answer in faith- a living faith?

As we live with the <u>knowing</u> that we are the children of God and that we live in a loving supportive universe we will begin to manifest this truth. This is why we are here. This is the foundation that will support the transformation for greater love and light on the planet- Heaven on Earth-

And God said, "All is Well." Remember- We Are One. Peace, Patrick

Forward Moving Now!

As I write this, all 5 of the larger planets are in Retrograde, with Mercury joining them on September 27. October will see three of the big boys finding direct motion. But why wait until then for our forward motion.

Just because the stage that we play in may not be changing scenes any time soon, does not mean that we can not shift our relationship to what is right here and now! I do not have to wait for the universe to show me a new alternative, AND I do not have to continue to review....breathe...all of the stuff that has gone before. Let me change something now.

During these "slow times", it is the perfect opportunity to do a little feng shui in your life. Clean a closet. Rearrange a room. Release stagnant energies and choose something that makes you happy right here where you are!

Emotional clearing is where I spend most of my time. And for me, I am so glad to be releasing thoughts of failure (and the emotions attached to them), thoughts of fear (and the emotions attached to them), thoughts of being incomplete (and the emotions attached to them). Do you see a pattern?

When the stage remains the same, the characters can still have as many costume changes as they would like. We can even play a new improved character that has awakened to their greater self! Then when the stage begins to shift as we move into the holidays, our new improved self can become the "star" of our own story!

Time to clean house now. Feng shui gives you a path to follow that does not require the deep insights into your complex matrix. Crystal healing, Reiki, Color, Inner Light, Counseling, Readings will help you move into that complex energy of your soul to clear what needs to be changed. And the very simple act of affirming your empowerment will go a very long way to shifting your vibrational reality.

The world can respond to the outer energies as it wants. We have the choice to use this time to rebuild our own sense of self.

So, I shall, get some healing work. Use my affirmations—God and I are One, God is making my world Right! I am on track with God's will for me! And continue the deep dive into my emotional body as I clear my life, closet by closet!

Have a wonderful Fall!

My Love to all, Cindy



Metaphysics II Class Begins—September 25—October 30, 2021

If you have completed Metaphysics I Class, you are eligible to continue your studies with this Six Week Series which will take you deeper into the Understanding of Christianity and Metaphysical Wisdom. Learn:

*Seven Chakra Man *Cause and Effect *Reincarnation *Karma *The Law of Grace *Healing Karmic Patterns

Sign up Now- \$160 for the entire Series! You will truly begin to understand your journey and the journey of Mankind!





Meditation 1 Class-CyberThursdays Oct 14-Nov 4, 7:30-9:00pm

\$90 for Four Weeks
Join us for a foundational series that will teach you how to
meditate through different modalities. Each class will be a
"stand alone" technique that you
can use to enhance or begin your
Meditation Practice.

These classes will be done via Facebook Portal, so you become a "friend" of Cindy Fuller and you will be called each Thursday evening as the class starts. Master Meditation Teacher, Rev Patrick Abent will be leading you in your expansion.

If you are ready to take another step in your own spiritual journey, this is a great opportunity for you! Call or email to reserve your spot!

<u>There is a difference</u> between Interest and Commitment.

When you're interested in doing something, you do it when it's convenient. When you're committed to something, you accept no excuses, only results. K. B.

No Reiki Night in October

Since we will be having our festival, we will not be hosting our monthly Reiki Night. Be sure to come during the day and receive your Reiki or other healing session!

Tuesday Nights, 7:30pm-9:00pm

Feel God in our hearts!

Time to Expand the Way you Meditate and Experience Spirit!



During September, we will be completing our journey with Deepak Chopra, MD in his new book, Total Meditation, Practices in Living the Awakened Life! For this month, you will want to bring your pillows and blankets for your comfort during meditation.

<u>September</u>

- Sep 07 **Love and Bonding** Keeping the energy of love moving allows it to stay fluid instead of negotiated. Join us as we energize your flow of love to your world.
- Sep 14 <u>Higher Purpose Meditation</u> We are all seeking our Higher purpose in life. Join us tonight as we explore a path we are already on!
- Sep 21 Wholeness & Unity We are all one in God love, yet we do not feel that connection as we walk on the Earth plane. Join us as we seek those who are walking with us and those who are on their own unique path.
- Sep 28 **Mantras** Tonight we will be Chanting from our hearts. Repeated phrases that align us with the Divine are so powerful in our connection.

In October, we will be opening up our chakras for a greater perception of our own energies.

October

- Oct 05 **Third Eye Meditation** A gift from one of our early teachers, this meditation brings light into your body and opens the 3rd eye for clarity and peace.
- Oct 12 **Breath Work for the Chakras** Tonight we will be breathing light into your chakras to align and revitalize. Come relaxed, it is time to expand.
- Oct 19 **Painting a new Vision of Your Chakras** Tonight we will look at our chakras and see the energies that are currently expressing. Then we will enhance with greater love.
- Oct 26 **New Vision of Self** We will see who we are in the heart of God. This will enable us to do a final healing on our chakra balance.

Each Tuesday Night, we will open with our Healing Circle—which we have been doing for 30 years. If you are unable to make it, you can call in, or email your prayer requests or place them in the basket while you are here on Sunday. Each prayer is prayed over for 30 days, and individually blessed before releasing.

Join us if you can. It is time for our expansion into Greater Love Expressing!

The Power of Intention by Dr. Wayne Dyer (pages 106-107) Dr. Hawkin's Research

One individual who lives and vibrates to the energy of optimism and a willingness to be non-judgmental of others will counterbalance the negativity of 90,000 individuals who calibrate at the lower weakening levels.

One individual who lives and vibrates to the energy of pure love and reverence for all of life will counterbalance the negativity of 750,000 individuals who calibrate at the lower weakening levels.

One individual who lives and vibrates to the energy of illumination, bliss, and infinite peace will counterbalance the negativity of 10 million people who calibrate at the lower weakening levels (approximately 22 such sages are alive today).

One individual who lives and vibrates to the energy of grace, pure spirit beyond the body, in a world of nonduality or complete oneness, will counterbalance the negativity of 70 million people who calibrate at the lower weakening levels (approximately 10 such sages are alive today).

WOW



Saturday October 9, 2021 from 11am-3pm

Time to Celebrate God!

Our semi—annual *INNER QUEST Fests* are fun ways to explore *metaphysical thought*. We offer mini-readings and healings. And this year, our Fall Festival will be filled with surprises!

The readings and healings are \$20 each, or you can buy a package for \$30.00 that includes both.

Our festivals are annual fundraisers for Inner Quest Church and we really want everyone to attend and encourage their friends, family and neighbors to make it a fun Saturday event.

Our InnerQuest Fest is fun for everyone. It will be a wonderful day to explore grounds, purchase gifts for yourself and for others, and enjoy a tasty lunch, freshly grilled just for you. We offer hot dogs, hamburgers, brats, salmon, and vegetarian items as well. Many come just for the lunch!

Shopping for yourself and for gifts is highly encouraged! We invite unique vendors to come and sell their specialty wares, like artisan jewelry, décor items for the home, candles, artwork, pottery and organic or eco-friendly consumables like local honey, eggs, seasonal plants, and produce. Our bookstore and gift shop will be open so you can purchase crystals, books, cards, jewelry and incense.

Let the Angels guide you!

To Go to Our Website-

Hold your phone camera over the this link! Our calendar and events are updated weekly!



Twitter.com #innerquestchurch



Instagram.com/innerquestchurch/



Facebook.com/innerquestchurch/



Special Package Deal! \$30

One Reading Session & One Healing Session

InnerQuest Fest Registration:

Prepaid reservations will begin September 27th

You can call to book your sessions or make your plans in person anytime you are in the church. For this festival we are highly encouraging you to book before the event if you want a specific reader or a specific healing. We are wanting all of our great workers to work a little and play a little, so that favorite reader you want, or that healing session you have in mind may only be available early or late, so plan ahead and book early.

Vendor Participation:

Cost: There is a \$10 non-refundable booth fee in addition to 10% tithe on your total sales. A typical fair will be visited by 150-200 people. You will need to register with the office, 770-521-2875, and we can answer your other questions at that time

SET-UP: Vendors bring their own tables and/or canopy and set-up begins at 10:00 am, Saturday Oct 9.

WEATHER: We have never cancelled in 25+ years due to weather, so it's a rain or shine event.

The area is largely covered by trees, so use your own judgment about bringing a tent or canopy. You are welcome to come and look at the vendor area ahead of time.

Much Gratitude to All Volunteers

We are so thankful for every person who has contributed their energies to help keep Inner Quest a beautiful Center of God's Love!

Coming to church brings your energies to the family of Spiritual Consciousness, but when you volunteer you are emeshing into the stream of consciousness that seeks to lift mankind into a new realm of God. Think of the many Masters who stand by your side when you are sharing your light for the purpose of advancing the enlightenment of man. Even if you are working the audio board or reading to the children, you are taking your place in the heavenly movement! And for all you give, you will receive—blessings multiplied!

We, the humans at IQ, could not do what we do without the human hands and hearts stepping forward. So, thank you, thank you, thank you, We pray that your blessings will be Celestial!!!!

The Plan
When winds of change are blowing
What's there for us to see
Can we keep our vision high
Behold what's now to be

To see is just the first step Questions open the door Allowing forward motion Life keeps revealing more

Letting go can free the Soul From moments lost in time If life is about expressing Is it time to be a blessing

Unique the gift within each heart
To just let go - and play our part
Each snowflake gently whispers I AM
We too- integral in God's plan
Peace
Patrick



Inner Quest Church
12830 New Providence Rd
Alpharetta, GA 30004
770-521-2875

God Bless....