

INNER QUEST CHURCH

Communications



In this issue:

- Sunday Services Focus on teachings from the Life & Teachings of the Masters of the Far East– Book 1
- Tuesdays Nights –Universal Laws and Creating Your Path
- Our First Cyber Meditation Class Offered.
- Higher Educational Classes begin again in 2021! - Metaphysics, Aquarian, New Testament,- Cyber or In House!
- Inner Quest is expanding its presence in the world—on line and physically!

“A beautiful place for beautiful souls” AG

“Wonderful place to fill your soul with Spirit” TC

“A loving, spiritual place” CJ

“Endless list of positives” CM

“The only church we ever called home” BP

“A wonderful Spiritual Family” CP

“Love Rev. Cindy Fuller!” AR

“My wonderful spiritual family.. Love your light” LS

A New Year— A New Way

2021 finds us all wondering how our world will function as we reestablish our social and economic structure! But, at Inner Quest, we are making our services more accessible to everyone, even those not able to attend.

This year, we are offering many of our classes via Facebook Portal or Zoom. This is our first attempt at cyber “hands on” instruction, but we are confident that it will be a great success. Our first attempt will be to include cyber participation in our upcoming healing class on Sunday afternoon, January 17. This class teaches a healing technique you can do at home!

Then we will be offering a completely cyber Meditation I Class from January 21-February 11. For four weeks, you can join from the comfort of your home and participate in our meditation I series, wrapped in your own comfy blankets. This is an evening class— so no driving! But there will still be homework.

And our foundational Higher Educational Classes are being offered with both cyber participation or physical attendance as options. These meet at 9:30am on Saturday mornings beginning January 23.

AND, we will of course, continue streaming our Sunday Services via facebook every Sunday morning. If you miss these, you can watch the full service or just the message later on Facebook, Youtube or on our Website www.innerquestchurch.org

As you can see, we are ready to move into the new decade by creating a light that moves beyond our building! We are here to help enlighten the world, and we look forward to your participation in that!

2021 is a Year of Redesigning our Reality! Yea God!

Property Improvements

2020 took us all by surprise in the requirements to social distance. It definitely impacted the number of people who could attend our sanctuary. So the Council has proposed a solution.

During this year, it is our plan to redesign the current barn so that it can be used for outdoor seating. This space is quite large and will enable social distancing— under it's roof and out onto the property. The services can be held outdoors with everyone having plenty of room and fresh air. At this point, we are not sure whether we will have one service a month outside or more, but we are very excited that this will allow us to gather as a church family once again.

You have all been very missed. We miss your lights, your singing, and your laughter. We know that we are all still connected in Spirit and still working together as much as these times will allow. But please know that your Council is “on it”. We all look forward to the coming days when we are free to gather without concern!

A New World! A New Forward Motion!

2021– The Year of Possibilities!

Sunday Services

Spirit has said that it is time to integrate the basic building blocks of Spirit in Matter. This year we will explore concepts that when realized will begin to shift not only our physical reality, but also our understandings of life. But we must begin with our personal precepts.

During this year, we will look at many of the concepts outlined in the Life and Teachings of the Masters of the Far East, and will study Jesus' impact on matter. We do this not to prosper. Rather, we do this to Christ. It is time.

Sunday Services for January 2021

Christing

Jan 03 New Times	Cindy Fuller
Jan 10 Love at the Core	Cindy Fuller
Jan 17 Aught or Naught– Clearing the Soul	Cindy Fuller
Jan 24 My Body is Light	Patrick Abent
Jan 31 Son or Servant	David Fuller

“God Light fills my Cells and I am Whole!”

Sunday Services for February 2021

God in Man

Feb 07 Man, the Perfect Creation	Cindy Fuller
Feb 14 In The Silence	Cindy Fuller
Feb 21 Transformation	Cindy Fuller
Feb 28 Metaphysical Pilgrimage	Patrick Abent

“The Light I Shine Blesses the Whole!”

Each Sunday will build upon the next! You won't want to miss them!

“If you can keep your certain, sure contact with God, nothing can go wrong in your life. You have no need to worry about decisions whether to do this, that or the other.

Your decisions will be made for you, but you must be awakened to the spirit, quickened in spirit, so that you will instantly respond to the gentle guidance of the almighty Presence within you.”

The Quiet Mind by White Eagle

Our Kids will Create a Time Capsule

Mid January, our kids will be working on a Time Capsule that will be buried in our property. The intention is to fill the capsule with items that represent their idea and love of God! (I hope there will be an Aquarian Gospel included...lol)

Each child will be able to create or bring an item that means something to them personally. They will look at each others treasures and will create more treasures together as a class.

This will be a wonderful experience for all of the children to be able to share their love of God with the future!



Include God in Your Healing

Medicine introduces a chemical into your body to force your cells to respond.

God love infuses a vibration of love that feeds the cells and literally restructures the physical and causal level.

Ways to Include God in Your Healing

At Home

MAP Sessions

Energy Naps

Reiki

Essential Oils

Meditation

At Inner Quest

Crystal Sessions

Color Sessions

Reiki

Inner Light

RoHun

When we include Spirit in our physical healings, we are including the energy of God, our creator.

We are Energy Beings.

We can heal with God Energy.

When we feel we need medicine alone to heal, we move into a state of fear because the power is outside of us.

The more fear we have, the more we generate energies that block our body's natural intelligence which would lead to restoration. God's Love assuages fear. Your body can readily accept the vibrations of peace.

Restore the missing elements.

Restructure the cells.

ReBoot the system.

Don't live in fear. Use your tools to include God at the first sign of an out of Balance.

Up Coming Healing Classes

Map Sessions– January 17, 2021

This class will be held after church on Sunday from 1pm to 4pm and will cost \$50. Here you will learn an invaluable healing technique that was channeled by Machaelle Small Wright, author of Behaving as if the God in all Life Mattered, and MAP, the Co-creative Spirit Brotherhood Medical Assistance Program. This is a technique that I have used for almost 30 years. It is so kind, loving and effective! You can join us in person or via Facebook Portal.

Energy Naps– February 7, 2021

This class will also be held after church on Sunday from 1pm to 3pm and will cost \$35. I learned this technique many years ago, and have used it ever since. This is a means of reenergizing your body, mind and spirit connection in a matter of 15 to 30 minutes. Once you are able to allow the process, it unravels all stress and tension and refreshes you on every level! Spirit is amazing!

Reiki I Class– March 21, 2021

This First Degree Class will include instruction and initiation. Have healing at your fingertips!

1pm –5pm, \$180



Tuesday Nights, 7:30pm- 9:00pm

Tuesday evenings allow us a hands on experience to feel God in our hearts..

In January, we will be preparing for the journey ahead. Time to refine our goals and remove our obstacles.

January

Jan 05 **Affirmations of Light** Tonight we will begin to re-think our truths about who we are and what we are capable of being!

Jan 12 **Inner Child Meditation** We will go within to see how our inner child is doing and how we can help in fulfilling their desires.

Jan 19 **Timeline Journey** Tonight we will move into 2021 and ask to see something that we can avoid or do differently. Bring your journals.

Jan 26 **Healing Light** Patrick will lead us in bringing in the pure light of God love into our body, minds and spirits. Dress comfortably.

Then in **February**, Luz Adriana Suarez will lead us on a study of applying the universal laws. This will be an amazing month of healing and expansion!

Value Yourself Using Laws to Increase our Awareness of Self- Love

Adriana Suarez

February

Feb 02 **Law of Identity**: Every creature is unique with localized intelligent - let's work on our identity as a unique powerful child of GOD.

Feb 09 **Law of Attraction**- Let's focus our intention in our self-love using this law to bring happiness and awareness of who we are.

Feb 16 **Law of Giving and receiving**- When we open our hearts and give our good intention, the universe will bring back to us what is for our highest good.

Feb 23 **Law of Love**- Self-discovery is self-love- let's get clarity in answering some questions so we can learn to love ourselves more.



As with each Tuesday Night, we will open with our Healing Circle- which we have been doing for 30 years. If you are unable to make it, you can call in, or email your prayer requests or place them in the basket while you are here on Sunday. Each prayer is prayed over for 30 days, and individually blessed before releasing.

Join us if you can. It is time for our expansion into Greater Love Expressing!

Higher Educational Classes Begin January 23—February 27,2021 \$160 for the Six Weeks

Your first step- Metaphysics I

This class is composed of four six week classes that build upon the next. This is a foundation of metaphysical thought that will continue in Aquarian and New Testament studies.

The first six week series will teach you basic fundamental precepts of energy and how it moves through our creative minds. You will learn how to unhook and redirect your own personal world. You will also create a foundation that you will build upon for the rest of your life. Completing the year study will culminate in receiving the achievement of "Teacher of Principle"

The most common comment we hear about this class is: "It will change your life."

The next step in your metaphysical studies is:

Aquarian I-Study of the life of Jesus the Christ through the Aquarian opens the heart and mind to a clear revelation of what he was seeking to teach during his lifetime. His eternal connection with God can be felt as you read and study the materials. This is a Metaphysical approach that you will not find in just reading the material. Join us and expand your heart connection with God.

New Testament I-Upon completing the Aquarian series, you will be eligible to take the New Testament. This year is dedicated to the metaphysical study of the entire new testament, except Revelations.

The first six weeks is a study of half of synoptic gospels-Matthew, Mark and Luke.

The second six weeks, we complete these three books.

The third six weeks, we study the book of John.

The fourth six weeks, we begin our study of the books of the early disciples and start our walk with Paul.

The final six weeks, we complete our journey.

By reading these records with metaphysical eyes, we can clearly see the God thought, the fear of man, and the attempts to keep the faith alive! It is a journey of how human nature translates the Divine into the Daily Life!

Our Higher Educational Classes do continue with the study of the Old Testament and Life and Teachings of the Masters of the Far East-Books 1-5. If you are interested in becoming a candidate for Ordination within our Church, there are also other "hands on classes" required. You can contact our office for details if you are interested.

2021- a year of opening to the Possibilities!

New Year's Eve -Burning Bowl Everyone got a specific name for the year ahead for them. Some of them were:
Year of Peace Year of Faith Year of Positivity
Year of Love Year of Radiance Year of Prosperity
Year of Family
What would yours be?



Thoughts of the Ministers



Happy New Year-

Happy New You

If we have ever believed that change is good, I think 2021 will test our metal. We are on the cusp of planetary change and we not only get a front row seat, but also an opportunity to participate personally. We might ask “Who Me?”, “What can I do?”, or even “Will it matter?” The answers to these questions is Yes. However in order to answer yes, we have to begin to see ourselves differently (as spirit) and begin to love our unique truth. This will allow us to see our world with new eyes and our new role in it.

Happy New World also means Happy New You! The time has come to live from our heart-our truth. Living from our heart will open up infinite possibilities for our new expression. As we trust our daily intuition and insights, we move from being conditioned by the past to being inspired in the present.

This may seem radical to our rational mind which is focused on our survival. However, aren't we more than our minds? The teachings of Jesus were radical in his day and are still radical today– to the rational mind. His Law is Love and His Gospel is Peace. These tenants are often trod asunder in man's race to the top. And what even is the top?

This is where seeing ourselves differently comes into play. It is when we can see self as a soul-consciousness evolving- and can begin to support our soul growth, that we will also see our planet evolving. New Eyes!

Doesn't a bucket seem like a small container for our list of hopes and dreams? Perhaps it is time to be open to the universal support in this journey of being. Leo Tolstoy said, “If you want to be happy– Just Be.” Sage advice that will never lose its savor.

So, it is up to us to start our new life and then begin to accept it as perfect. No one else gets a vote! Again– Pretty Radical!

We are the creator sons and daughters of God with the awesome opportunity to “Be” just that.

Happy New You!

Peace, Patrick

2021 The Year of Possibilities

It is January 2, and already the immense tasks that lie ahead of us are looming in my mind. The planetary shifts that we have just seen and those that are coming in January will help us feel as if we have options in the year ahead. But be awake– where there are choices, there can be confusion! Keep the focus on your Heart!

In numerology, this year is a five year– one of change and reorganizing. Therefore, a five year can be quite busy with experimenting, examining, doubting and just a general feeling of being unsettled. And this is good for us to have a moment to explore our options! But for me, it will be absolutely necessary to look for God's love and God's will in all of the options I seek!

Already we as a church, have come to realize that our presence in the cyber world will eventually become larger than our physical home family. This reality is not a bad one, but requires adjustments. Our church family will now include people we can't personally know....People we can't hug...So a new way of designing an intimate platform must be created.

And as we walk through this shift, it is so important to me that our physical family can find a way to stay connected. We have our Inner Quest Community Page, perhaps we can leave messages just to reach out when we can't make it to church. We could call someone just to share a moment of love.

When we are united, we build an energy of strength that will help us all in the choices ahead. The love that we feel for God and each other creates a light that will sustain and enrich us all. Being connected in this world will help all of us as we branch further into the cyber world of tomorrow. We need each other!

In the middle of this year when we are all moving to support the health of the whole and the joy of our individual lives, let's let our thoughts remain on the unchanging love of God. His world, His love, through which we work, never changes. Spiritual truth and light are the foundation on which I must stand as we move through this year of Possibilities.

And, please, try all of the possibilities in your life. Test the waters, make changes– but when you begin to feel the stress of being unsettled, remember you are God's child. Stand in that unending love– that love that says –do what you need to do, but remember you live and have your being in Father/Mother God! You are never out of God's intimate love for you!

My Love to all,
Cindy

Christmas Kids

Thanks to everyone for their contribution to our Christmas kids! The following is an email we received from the lady in charge at Cherokee County DFCS:

I just wanted to reach out and sincerely thank your church for all of the amazing gifts that were just delivered. They're all wrapped so pretty and so very organized, which I am very thankful for. We are so lucky to partner with you all during this Christmas season. May your church and all of its people be blessed with so much joy! Very Merry Christmas!

Good Job Everyone!





2021
May 1, 2021
October 9, 2021

Mark your Calendars—May 1– Something New
We will be hosting a special event in May. It will be a modified version of our Festival– details to follow!
May 1– it is an auspicious date astrologically.

Mark your Calendars—Oct 9– Our Innerquest Fest
We will be holding our full Festival in October– readings, healings, vendors, food and all of our normal excitement!

It is being held one week early– so mark your calendars for all day, Saturday October 9!

Remember, these are the two fund raisers that we have as a church, so do your best to contribute in whatever way works for you! You will be hearing about our May event in the next Newsletter! Stay tuned!

Spiritual Counseling Sessions

We have offered our counseling sessions for over thirty years now. These sessions allow the client to discuss what is troubling them, and then the counselor can help them apply metaphysical principles. They may gain understanding, be able to get their power back, see a path to recreate the situation, or simply bring the light of God into the details so that they are healed.

This year, we will be offering another opportunity to our consistent counsel clients– Pair Meditation.

In Pair Meditation, the client will be taken up by the counselor to have the experience that they need in that moment. These always lead by the counselor, but guided by God. Sometimes you just need to fly!

If you are already a part of our program, do consider taking advantage of this kind of experience– you will feel amazing! And if you are not, you may want to try metaphysical counseling! Applying the laws is Awesome!

Direct emails to the church:
iqc@innerquestchurch.org

See Updates on our website:
www.innerquestchurch.org



Please follow us on:



Twitter.com #innerquestchurch



Instagram.com/innerquestchurch/



Facebook.com/innerquestchurch/

Meditation I Class– it's a Cyber Event Jan 21– Feb 11, 2021 \$100



Thursday Nights 7:30pm-9:30pm

Our First ever Cyber Only Class! Join us for a four week event. Just answer when we call you through our Facebook Portal and you will be connected with Patrick for our wonderful series!

Meditation I will teach you several different techniques to center the mind and allow the body to relax so that you can achieve a space of receptivity!

Only through Meditation can you quiet your mind to reach your soul! Join us for this series and let your life begin it's expansion.

Solstice December 21, 2020

This year, we all did our Solstice meditation from home. It happened on the same day that Jupiter and Saturn conjuncted in Aquarius. The following is a recap of messages received:

From Patrick and Cindy-

We did our meditation and invited Jesus Christ and all of the masters in– This is a part of the message. Release memory-let go and transcend memory because it is a human paradigm that keeps us from going forward. Holding on to memory keeps us in doing mode, we are now to move into being. We are to uncover the rock to find the gold. If we do this, we can go to spirit to create.

Then we both saw a great celebration of angels and light beings showering the earth and pulling out fear. Then the words- "We made it".

We also saw that this conjunction is helping our solar system give back to our galaxy!

From Lori Tinsley:

The planet is in a state of flux. Energies are shifting and changing. There are dark forces at play, and the light is working to bring healing to the situation. This will come as either the light exposes the dark for all to see or the light will heal it as if it never existed. The outcome depends on what is best for the planet. A goal in the healing is to protect and heal Mother Earth in the process. The solution will be the one that benefits the planet the most.

The planets that are conjuncting bring power that can be used to heal Earth and strengthen the planet. The energy from the conjuncting planets is powerful healing energy that radiates out into space. The strengths of each planet join forces and the combination of energy enhances healing. They said in space it sounds like the planets are singing.

....Love can prevent darkness from coming into our world. Keep sending love because it will repel the unwanted energy.

The fairies feel the vibration of the planet, and they are aware of a shift toward a more positive vibration as a result of all the work from the light workers. They want us to know that just by having the desire to live in God's world in peace and harmony and abundance, it brings healing to the planet.

Yea God!

Seeds

**Letting go the hands of time
As interesting as it seems
Presents to all a quandary
What are ends and means**

**Busy in the quest of life
Traveling here to there
Experience the bounty
Oft lost in a misplaced dare**

**When standing there before us
Is all we need to see
Letting go the hands of time
Frees us now to be.**

**Peace,
Patrick**



Inner Quest Church

12830 New Providence Rd

Alpharetta, GA 30004

770-521-2875

God Bless.....