
COMMUNICATIONS

January and February 2020

Forward Motion

We are living in very exciting times! During the year of 2020, we will experience so many astrological energies that will help us create new foundations! Some energies may need to be broken first, but the rebuilding will be necessary. We will also have the opportunity to begin to formulate a new concept of brotherhood!

Metaphysically, we hold the belief that all mankind is our brother. All are children of God and all are able to create the world that they choose to experience.

When Jesus was asked– who is his brother– he said all of mankind.

“God cannot cast a child away; the Jew, the Greek, and the Samaritan are equal in his sight... The lines that separate the sons of men are made of straw, and just a single breath of love would blow them all away.”

Aquarian 82:20,22

When he was asked “who is his family”, he said– *“Whoever lives the life and does the will of God is child of God and is my mother, father, sister, friend”*

Aquarian 106:21

As we begin to redefine our relationships in the world, perhaps it is helpful for us to remember what Jesus said.

As my brother, you are free to choose and I will love and honor you as Child of God. And when our paths cross, I will enjoy your Beingness and celebrate your light. And at the highest level, I will know that we are on our individual journey each following our lessons to growth. And I will trust you are doing what you need to do.

As my family, I will see in you the energy that is in me! Our commitments will be the same:

One with the love of God– desiring to serve God– surrendering to the greater power that God is. And walking daily in the love and light of the Christ. You are my family. Your path is one with my path. We are each holding the light of God as a priority in our worlds and we are connected no matter how far apart we live.

Brotherhood will be the theme that emerges and transforms this year. Acceptance of our differences, honoring of our uniquenesses, and encouraging our expressions will find it’s way into our collective consciousness.

I send my love to all of my brothers and sisters. And I send my love and gratitude to my family. Thank you so much– I don’t like to walk alone.

Much love to all,

Cindy

A Great Year!

This is going to be a great year! There, now you have it; you heard it here.

Now, I want you to close your eyes and take a breath, and say to yourself, “This is going to be a great year!” Now say it out loud with joy!

You see, we are creator of our life. We create with our thoughts, words and dreams. The most important aspect in the process of manifestation is – that the dream be ours, and that we be in alignment with our vision.

For too long we have given our power to create to the outer. We have given it to people, places, things, dogma, even the stars. This has not been fulfilling for us and it never will – they aren’t our dreams. Jesus constantly taught of the Father within, the God Essence within – the I AM presence – This is our truth and true power.

Man was taught to fear our outer God of judgment and punishment; trusting ourselves was blasphemy. Jesus came to change our perceptions of God and ourselves. Through his birth, he birthed a new consciousness for Man – Christ consciousness. He taught that we are the children of a loving God.

Jesus taught us to trust Love and to live as Love. That Love is our true nature. I think the opposite of fear is to live! Instead of running from life, if we can begin to embrace it and trust the presence of Love, our life will begin to transform before our very eyes.

No one has to give us permission to Love! To be in the world but not of the world begins as we live as Love. Our life can now truly begin anew.

Although we are so different from one another, we are one in the spirit of God. It’s time for us all to begin expressing this truth. I think Jesus wanted our life to be an expression of love and not fear. He knew that Love was the only energy that could free us.

How great do you want your new year to be?? You are the chooser. Some simple steps we could take are:

1. To choose Love first. This will allow us to begin living our spiritual nature
2. Choose happiness, for ourselves and others. This will release a flow of love of which the world has never seen.

3. Accept and appreciate the oneness of Life. This will set into motion waves of harmony that will lift the whole.

These steps will usher in the true Age of Brotherhood and your greatest good. This is going to be a great year!

Peace,
Patrick



Inner Quest

12830 New Providence Road, Alpharetta, GA 30004

(770) 521-2875

At **Inner Quest**, we are committed to creating Heaven on Earth. We believe in the promises of Jesus Christ - "Everything I do, you can do, and Greater." We are here to take that next step in Christed evolution, and to assist all others in doing the same. We sincerely appreciate your support, your love, and Your Lights. Many Blessings.

Inner Quest is staffed by:

Cindy Fuller	Minister, Reiki Master, Counselor Master Ro Hun Therapist
Patrick Abent	Minister, Reiki Master, Counselor Crystal and Color Therapist
Charmayne Scruggs	Children's Minister
Bonnie Westbrook	Bookkeeper

Upcoming Events

- Jan 04 **Metaphysics I Classes** — Saturdays, 9:30am-12pm. Six week series— Basic understanding of metaphysical principles. \$150 for the series.
- Jan 04 **Aquarian I Classes** — Saturdays, 9:30am-12pm. Six week series— Once you have completed the Metaphysics Classes, you are able to move into the Aquarian which teaches the basics of Jesus' beliefs and teachings. \$150 for the series.
- Jan 06 **Men's Breakfast** — Monday, 6:30pm. Bring a dish to share and enjoy refocusing for the year with men of like-mind. Patrick will make the eggs.
- Jan 09 **Meditation I Class 1**— Jan 10-31. Thursdays, 7-9pm. Learn to meditate, open your mind and heart to receive, and experience stillness in this four week series. \$80 for the series.
- Jan 11 **Reiki Night** — Saturday Night, 6pm-8:30pm. *Love Offering*. Come and receive the gift of healing through Reiki. This is a powerfully gentle healing technique for everyone.
- Jan 12 **Bookclub Meets**— Sunday, from noon to 1pm. Book being discussed: *Arthur Conan Doyle's Book of the Beyond*. Tamyra leads. All are welcome to drop in.
- Jan 17 **Monthly Metaphysical Class** — Friday Night 7:30pm-8:30pm. *Love Offering*. This new class is offered once a month for all to come and learn in a relaxed setting.
- Feb 03 **Men's Breakfast** — Monday evening, 6:30pm. All men are invited to join Patrick for a men's breakfast. He prepares the awesome food—eggs and bacon—and you bring a side to share.
- Feb 06 **Psychic Development I Class** — Feb 6—Mar 12, Thursday evenings, from 7-9:30pm, \$500 for the 6-weeks course. Learn to read the energies of another!
- Feb 08 **Reiki Night**— 6pm-8:30pm. *Love Offering*. Everyone could use a healing on some level. Our healing team is ready to channel God's love in a beautiful, gentle way.
- Feb 16 **Reiki I Initiation for Teens** —Sunday Afternoon 1pm-4pm. Wonderful opportunity to learn the art of Reiki. You are never too young to start!_Members are free, non member are \$70.
- Feb 21 **Monthly Metaphysical Class** — Friday Night 7:30pm-8:30pm. *Love Offering*. A metaphysical topic will be explored so that you can have created understanding! A fun evening with like minds.
- Feb 23 **Bookclub Meets**—Sunday from noon to 1pm. Book being discussed: *Before the Fall* by Neal Harley. All are welcome to drop in.

WEEKLY ACTIVITIES

Sunday	Metaphysical Class	9:30-10:15 am	Adults
	Sunday Service	10:30-11:30 am	Childcare /Sunday School
Tuesday	Tuesday Night Group	7:30-9:00 pm	
Wednesday	Choir Rehearsal	7:00-9:00 pm	
Mon-Fri	Healing Sessions	10am-4pm by appointment	(770) 521-2875
Mon Evening Appointments Available			
Counseling, Spiritual Readings, Body Scans, Reiki, Color Therapy, Crystal Sound			



Inner Quest

New for 2020

Monthly Metaphysical Classes

We are creating an open class that will meet the third Friday night of every month. This is an opportunity to come and learn about Metaphysical Principles without going through the formal weekly training required in the Metaphysics Year long program.

Three teachers are teaming up to bring you topics that will enlighten and expand your understanding of what Metaphysical Christians believe and how they use these beliefs in their worlds.

The first class will be held on January 17 at 7:30pm. All are welcome. The topic will be presented and you are encouraged to ask questions and explore the concept as deeply as you would like.

Over the years, many people have commented that they didn't even know that they didn't fully understand certain concepts until they began their formal training. Now, you don't have to wait!

Mark your calendars, and join us as we embark on a journey of exploration and fun. Rev. Cheryl Provence, Rachel Shively, and David Fuller will be creating and leading this experience!

Love Offering



What we do at Inner Quest

Inner Quest is a Metaphysical Christian Church that teaches the principles of Jesus the Christ. We believe that God's love flows to and through us all to create a life of joy and abundance. In alignment with these ideas, we have Sunday Services at 10:30am and Tuesday Evening experiential classes where you can have a "hands on" experience with God.

We offer healings that will help you clear your energy field of blocks and obstacles.

We also offer counseling. This allows you to talk about your feelings and issues in a safe space. And your counselor will help you look at your experiences from a Metaphysical perspective.

In addition we offer readings that enable you to "see" what you are currently creating in your thoughts and beliefs. Readings are a great way to get clarity on why things might be happening and what you could do to shift your "future" into the world that you want to create.

We believe that we are all spiritual beings. When we acknowledge our spiritual nature as the creative aspect of our consciousness, then we can make major changes very quickly.

Tending your spiritual needs is the greatest gift you can give to your life!

Come and Participate!



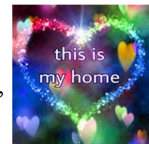
New Member

Erin Harris

May God's love bless each of your heart's desires, and may our Inner Quest Family continue to blossom in miraculous ways!

God, we thank you for making our church a heaven on Earth

From Shelly Cherner:



When I think about Inner Quest, I am grateful for how life changing it has been. Through the classes and training, I have gained "tools in life" I never had before. Feeling the direct relationship with God and the power within has enabled me to feel empowered. I feel as worthy as anyone in the world and this was very new for me.

Learning to shift my energy with simple thoughts, can lead to huge forgiveness. Learning to tap into joy and not be weighed down with guilt and negativity, has been freeing. Metaphysics has salvaged relationships in my life and allowed me to remain free of toxic ones. Learning not to judge has been a huge lesson for me.

Learning to choose not to be offended has been a great joy for me. Learning to see through the eyes of love has helped me see other's intentions more clearly. Living in the grace of God has softened my karma. And daily connections in prayers have helped me find my path and purpose.

I have become a different person through 11 years of life changing experiences here at Inner Quest. I am so thankful for having a loving, non-judgmental church family. It means everything.

Stay up on all of the latest activities

Follow us on **Instagram**: innerquestchurch and **Twitter**: Cindy Fuller @AquarianGospel
Cindy Fuller @intrepreter

Inner Quest Facebook Page

www.facebook.com/innerquestchurch/

Cindy Fuller Facebook Page

www.facebook.com/cindy.fuller.9026

Inner Quest Community Page— this is for our people to post private requests for support or prayer.

www.facebook.com/groups/1042717255809787/

Prayers and Reiki

You can also call in for prayers and/or reiki to be sent to a situation for healing. We have a Reiki Train that works daily, sending reiki to all of the requests we receive.



Sundays at Inner Quest

2020 Master Builder Year



January

Gratitude

Jan 05	Gratitude for Blessings- And Abundance	Rev. Cindy Fuller
Jan 12	Gratitude for Change- Challenges & Opportunities	Rev. Cindy Fuller
Jan 19	Gratitude for Outcomes- Karma and Dharma	Rev. Cindy Fuller
Jan 26	Gratitude for the Simple Things "Thank you, God for my life!"	Rev. Patrick Abent

February

Relationships

Feb 02	Relationships– Listening to the Language	Rev. Cindy Fuller
Feb 09	Relationships– Fighting with Respect	Rev. Cindy Fuller
Feb 16	Relationships– Loving Harmoniously	Rev. Cindy Fuller
Feb 23	Relationships with All "I See God's Love in the People Around Me!"	Rev. Patrick Abent

2020! What a powerful year this will be. Not only are we facing a year of becoming Master Builders in our lives, but we are also moving into a space of greater communication and relationship with God! God is our source, our partner and our guidance in every detail. Join us in this journey of co-creating with our Divine Source.

In January, we will be setting our first building blocks of the year. Gratitude! We will explore and embody the vibration that true gratitude brings into your thought streams. Not only will your heart and mind open, but your physical body will become filled with hope and joy as you consciously acknowledge the blessings and miracles that surround you. Ask, and it shall be given. Then be Grateful for what you received!

In February, we will be setting a second building block in the area of relationships. As Metaphysical Christians, we desire to treat everyone as a Child of God. However, this intention is often forgotten when the ones we love the most do not act in the way "we desire them to". This month we will look at ways to maintain our connection to our higher selves while we are embracing the uniqueness of another.

Yes, it is time for us to redesign the foundations of our lives. In order to attain greater, we must create space to receive, and the consciousness to hold it. See you in 2020!

To love God is to be at one with God.

*When the mind is clouded with the confusion of materialism, and subject to the claims of the physical body,
...it is not easy for any of you to be still and know God.*

You can, and will attain it, but it requires strength of purpose....

Be Good, Be God.

Jesus Teacher and Healer by White Eagle



Crystal, Sound, and Color Sessions for Transformation

Each session blends the energy of crystals, color, and quantum frequencies.

This process creates a synergy that supports the respatialization of the human form.

We can live at a higher level. The time is Now.

#1 Whole Brain Activation

In this session the quantum healing fields improve the connectivity between neuroreceptors in your brain. This session promotes positive thinking, helps synchronize motor function, improves alertness, balances left and right brain hemispheres, and supports brain cell regeneration, as well as healthy brain function.

#2 Whole Body Healing

The body is engulfed in waves of quantum healing field with the intention of regeneration. During the session,

dormant cells are reawakened. There is a redistribution of life force energy. This process up levels healing codes, cleanses the blood field, helps regenerate the liver and assists subtle body communication.

#3 Divine Antidepressant Music

The quantum energy therapy with color and crystals uplifts and shifts stuck energy patterns. You are cradled in an energy field of Love, Appreciation, and Support. Peace is yours to experience.

#4 Ascension – Expansion

On waves of quantum energy, sound, and color, you will be transported to mystical realms beyond time and realize new ways of seeing life, self, and manifestation.

#5 Alignment with Spirit

Quantum waves of sound and color raise your core vibratory frequency, allowing better communication with spirit, and supporting your access to higher realms and living in harmony with life on all levels.

*Sunday Services now available on YouTube– innerquestchurch.
Also, check out our Bookstore for the latest spiritual books and gifts.*

Inner Quest

2020

Tuesday Nights - 7:30pm-9:00pm

Tuesday evenings are set aside for the purpose of touching more intimately the presence of God within our hearts.

January

This month, we are entering a new decade with a new focus and vibration.

Jan 07 **New Decade– New Vibration– Master Builder** Tonight we will review the shift in vibration and how this new year and decade will shift our focus from a personal perspective to a perspective of relationship.

Jan 14 **Manifest 2020– Annual Goal** Time to set a goal that we WILL achieve this year. As we focus tonight, we will be setting our magnet to begin the attraction of our greater good.

Jan 21 **Gratitude to Greater** – Tonight we will look at how to use gratitude as a tool to expand our living conditions in matter. Bring your Gratitude Journal.

Jan 28 **Color Your Affirmations** – It's all about the textures! Tonight we will be adding a new texture to the dream you are creating for 2019. We will add another layer of energy!

February

In February, we will allow the color energies to assist in transforming our energy fields so that we are able to create a new experience on Earth. Each week builds upon the previous week. So, plan on attending them all!

Feb 04 **Color and Sound for Creativity** – Tonight we will be using the color violet so that we will be lifted into higher realms for creativity.

Feb 11 **Color and Sound for Focus** – Using the color gold, we will be able to create a focus for what we have set into motion on week 1.

Feb 18 **Color and Sound for Passion** – The color orange allows us to create passion and enthusiasm for charging our energies to support our manifestation.

Feb 25 **Color and Sound for Balance** – Tonight the green energy will help us connect with our heart, where our true power lies. Now we can truly become one with our manifestation.

Every evening begins with a healing circle. Join us as we learn to lovingly and gently experience life.

If you are unable to attend, you can email your prayer requests to us. Each Prayer request is included in our Healing Circle for 30 days! The results of God's love moving through each situation is amazing!

God's Promises

The following scriptures were attributed to Jesus as he taught his disciples. In them, you can see the responsibilities that are ours. God wants great abundance for his children, however, it is up to us to ask and to act in a way that causes God's energy to move more deeply into us.

“Give and it will be given to you; good measure shaken down and running over.....For with the measure that you measure, it will be measured to you.” Luke 7:38

“Ask, and it shall be given to you; seek, and you shall find; knock and it shall be opened to you.”
Matthew 7:07

“If you remain with me, and my words remain with you, whatever you ask shall be done for you. In this the Father will be glorified, that you bear abundant fruit and be my disciples.”
John 15:7-8

“Therefore, I say to you, anything you pray for and ask, believe that you will receive it, and it will be done for you.”
Mark 11:24

“Truly, truly, I say to you, He who believes in me shall do the works which I do; and even greater than these things he shall do, because I am going to my Father.”
John 14:12

So, we are to ask and believe. A very simple thing to do.

Keep your eye on God and believe that you are heard. Your consciousness will open so that all of your dreams can become a reality.

“Every good and perfect gift is from above, and comes down from the Father of lights, with whom there is no variableness nor shadow of change” James 1:17

“Beloved, I pray above all things that you may prosper and be in good health, even as your soul prospers.”
3John 1:02

“I have come that they might have life, and have it abundantly.”
John 10:10



A Brush with Death (Closely Followed by a Miracle)

Meredith Burns

On December 13, 2019, I was nearly killed, and I want to share my gratitude for being alive to see 2020. Here's what happened.

I was driving back from Atlanta on that dark night in the pouring rain. My first mishap was that I turned the wrong way onto a one-way street and faced 3 lanes of cars coming at me. Luckily, there was no collision and the cars stopped so I could get turned around.

I then got onto 75 and soon a car sped past me through a huge puddle and a torrent of water hit my windshield, blinding me completely for seconds during which I prayed I was still in my lane. I started thinking about how I need new windshield wipers, need to get my night vision checked, need to reconsider driving in the city on rainy nights. I started praying again, thanking God for seeing me home and thinking what a blessing it is to have my ride-along angel card (one of the "mailbox angels" from the bookstore) in the door of my car.

Immediately, I saw a huge black SUV begin to hydroplane backwards and sideways- across all 4 lanes in front of me. Then I realized it had turned and was heading straight for me, barreling...oddly, silently, and quickly toward the front left side of my car like a terrible looming wall. I thought "oh no!" and fully expected to die.

Without time to process, my body took the actions of slamming on my brakes as hard as I could and veering to the lane on my right, but the SUV was still coming. Miraculously, suddenly, the SUV stopped, inches from me in the lane I had just occupied. No car was in the lane I had swerved into without time to look. I swerved back to the lane I had been in, ahead of the stopped SUV, terrified and awaiting sounds of crashing behind me, picturing cars piling up and flipping, even forward into me, certain that the driver of the SUV would come to death as well. But no crash came. I had not hydroplaned, on the same section of road the SUV had, despite slamming on my brakes. No cars collided at all. I kept going. Shaking violently, mind numbed, saying over and over, for myself, the SUV, the others, "thank you God, thank you God," I drove on.

Matter was moved for me that night, and for all the souls on that section of highway 75 in Atlanta. This was not a simple near-miss. It was an impossibility, made possible by God and my ride-along angel. The intrusive images and heart-shrinking fear are fading fast, due to interventions in the form of prayer the next day by Cindy, and reiki and chakra balancing by Bette and Charmayne at reiki night the next night. I am eternally grateful for these interventions, for my ride-along angel, and for all at Inner Quest for teaching me the metaphysical principles that led to my consciousness owning that the movement of matter is possible.

Cindy told me that when we have these brushes with death, we are given a second chance at life and an opportunity to do something with it. So: I now co-create with God a miraculous future. And so it is!



Everyone Needs a HUG!

Did you know that JANUARY 21st is recognized as National Hug Day? It all started as a movement about 30 years ago when a minister in Michigan noticed the letdown people often experience after the holidays are over.

The minister recognized several things:

- People thrive with positive human interaction.
- American culture is such that we are embarrassed to show feelings in public.
- Sometimes people need to be encouraged to do things they want to do anyway.

He suggested setting aside a day to recognize those who matter to us. Everyone should be encouraged to hug family and friends more often. It's good for us and it's good for them. Be grateful for the gift of one another and for the gift of this life!

Hug Day caught on and people talked it up. A local newspaper printed a story that was repeated by national press, and then by international press. A movement was begun!

The US Patent & Trademark Office made National Hug Day official about 25 years ago. And it is very popular in Germany! Churches are encouraged to celebrate and recognize National Hug Day on a close Sunday.

The best advice is: "always ask first". Not everyone is there yet. And whoever assigned December 26th as National Whiners Day? What's up with that? Let's keep the energy high for the new year to come!

Bonnie Westbrook

Tree Light

A tree in the forest

The clouds clear to reveal the starry night

Gathering the energy, it moves through the roots

Until it connects with the roots of all of the trees around;

Community is felt on a level that is deeper than
the eye can see.

Each tree appearing separate, continually
connected as a family

Safe in the Heart of Mother Earth.

Erin Harris

The Best of White Eagle

*"The aspirant today is not concerned
with the monastic or ascetic life of old period.
He or She is called to mingle with humanity;
to mingle with and bring through,
into the minds of those he or she meets,
the light of the ages."*

Enrichment Classes and Special Workshops

2020– An Amazing Year of Building a New Reality

This year, we will offer workshops– Classes– and experiential opportunities to assist you in your journey to spiritual awakening!

Meditation I

Jan 9-30, 2020

Thursdays, 7-9 pm, \$80 for the series.

Learn to Relax. Open to Your Intuition. Connect with God & Improve Concentration. This series offers many different meditation techniques to teach you the basics. You will learn to relax the body and to focus the mind so you can “go within.” Then you will find that world of peace and guidance that you always knew existed.

Reiki I Class for Teens

February 16, 2020

**Sunday, 1-4 pm, \$70 for non members
Free for members**

It is never too soon to begin using Reiki for self healing and healing of others. This class is being designed for the young people of our metaphysical community. We will teach them all about Reiki as a healing tool and will initiate them so that they can use it. Learn about Reiki in this is a foundational class and take a step to enter the world of Reiki healing. This is an amazingly easy method to share God’s healing energy with another.

Psychic Development I

Feb 6-Mar 12, 2020

Thursday Evening, 7:00-9:30, \$500 for the series.

Learn to tune into and read the energies of another person. You will learn of the various ways to gather information and then to interpret it for your client. You will discover how easy it is to move into the energy of another and begin to “read” their world.

Monthly Metaphysical Classes

**The Third Friday Every Month—Love Offering
7:30– 8:30ish**

These classes are designed for you to learn Metaphysical Principles in a relaxed and easy way. Cheryl Provence, Rachel Shively and David Fuller will be leading these sessions on a rotating basis. Each gathering will have a Principle to focus on, selected by the teacher of the day. You are invited to ask questions, discussion approaches, and really delve into the ideas being presented. This should be a wonderful evening of becoming “the Light.”

**Jan 17, Feb 21, Mar 20, Apr 17, May 15, Jun 19,
Jul 17, Aug 21, Sep 18, Oct 16, Nov 20, Dec 18**

Other Gatherings and Workshops

Higher Education Classes

Begins January 4, 2020

Foundational classes to inspire and teach the building blocks of metaphysical thought!

Each class series consists of six classes held on Saturday mornings. Class begins at 9:30am and ends at 12:00pm.

Metaphysics I– An amazing experience which will help you define principles of energy. Transformational at its core, the ideas presented here will become the basis of your reality!

These classes are life changing in every way! Check your heart to see if this is your next step!

Team teachers: Rev Cindy Fuller, Rev Charmayne Scuggs, Adriana Suarez, David Fuller

Aquarian Gospel I– An in depth energy study of Jesus’ walk and his great gifts to mankind!

Metaphysics is a prerequisite. Rev Patrick Abent will be teaching.

Higher Education Classes throughout 2020:

Meta I and Aquarian I	Jan 4– Feb 8
Meta II and Aquarian II	Feb 22– Mar 28
Aquar III	Apr 11– May 23
Meta III, Aquar IV	Aug 8-Sep 19
Meta IV, Aquar V	Oct 3-Nov 14



Bookclub

Sundays, 12-1pm All are Welcome!

Here are the dates for our upcoming Bookclub meetings during 2020. The books we read are from the suggestions of the group and vary in type. There is a great discussion on the material covered and there is always something metaphysical to be found!

Jan 12	<i>Arthur Conan Doyle’s Book of the Beyond</i>
Feb 23	<i>Before the Fall</i> by Noah Harley
April 05	<i>I Know Why the Caged Bird Sings</i> by Maya Angelou
May 17	<i>The Only Woman in the Room</i> by Marie Benedict
June 28	<i>To Kill a Mocking Bird</i> by Harper Lee
Aug 09	<i>I Miss you When you Blink</i> by Mary Laura Philpot
Sept 20	<i>Elevation</i> by Stephen King
Nov 1	<i>The Library Book</i> by Susan Orlean

Dates to Remember

Inner Quest Fest– spring	May 09, 2020
Inner Quest Fest– fall	Oct 10, 2020

Unlimited

Limits are for the limited
Potential seems a curse
Frozen in their game of fear
Could it get much worse

Visions, dreams, and metaphysical things
This world can be exciting
Especially, when we choose a part
That's guided from our heart

Spirit vision will guide our mission
Encouraging our dreams to grow
Into our new reality
Not the status quo

I am—the door—to know I can
God's perfect gift of grace
Releasing love's potential
So simple, yet, essential.

Peace,
Patrick



Inner Quest

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God Bless.....