

# INNER QUEST CHURCH

## Communications

### Christmas Season



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*"I love this church. Cindy and Patrick really are the best teachers and Practitioners of metaphysics. They helped me break through so many barriers so that I can have the life of my dreams today.!" SY*

*"This church is a safe haven. The services are instructional, uplifting and encouraging. The people are warm and welcoming and the grounds are a little heaven on earth. I love coming when work allows!!" BH*

*"Great Place for healing. Love their Services." JV*

*"A marvelous place for spiritual growth and fellowship." MA*

It is Here! There are so many ways for you to join your Church Family to celebrate our Connection to God and Jesus Christ!

Among the many ways are:

Our Christmas Family– You can participate by purchasing a gift for a child who is desiring support this year.

Christmas Party in the Bookstore– December 5. Join us for fun, snacks, and extremely generous discounts on all inventory. Patrick is dealing!

Candlelighting and Burning Bowl Ceremonies. These two events are our moments of Oneness with God. Each year, we gather with open hearts and receive the awesome connection that our group consciousness enhances. The energy of Family is a magnet of blessings for all. (We have more details on these events on Page 4.)

Sundays, Tuesdays, Reiki Nights– all of these events are about our love for God and our love for each other. This is the Season of the Angelic Presence of the Christ. Just as 2,000 years ago, the world is seeking a greater light to fill our hearts. Christmas calls us all to remember that we are children of God. The gift of Jesus the Christ was so amazing, we can't really understand it, but we can Feel it! So, do what you can to connect with your Spiritual Family this December!

#### A Christmas Message

**Greetings from the Realms of Glory! The Angels are gathering to begin the journey, in mass, to the Earth as they did that evening so long ago. If you listen, you can hear their songs as they move closer and closer into your world. They bring with them a pure vibration of God love. It is the perfect match for the vibration of the Christ that Jesus brought to mankind on that Christmas morning. All who could see, saw his great light. It was never hidden. Never withdrawn.**

**That light that he brought has shown in the consciousness of mankind for all these many years. As it vibrates and opens the hearts of so many, the angels are able to, once again, come and bless that little individual light with the greater light of God. Universal love fills all who can accept. And for those few moments or even weeks, mankind is connected to the One.**

**You call this Christmas Spirit. We call it the Christmas anointing, for you are all anointed with a light that far outshines anything you, of yourself, could have created. You are connected with the Divine Creator, Father/Mother God. And you are home.**

**We begin our journeys now. Will you be ready to greet us? Life, Love and great joy is our gift to you, Child of God. It is time to remember home. Open your heart and welcome us in. The awakened Christ awaits your presence. Together you will find the light of God's true love.**

**From Spirit, Nov 17, 2020**

**Christmas Love Fills Our Hearts!**

## Sunday Services for December 2020

### Christ Light

Dec 6	Why are there Christmas Miracles?	Cindy Fuller
Dec 13	Christmas Morning– Awakening the Christ	Patrick Abent
Dec 20	Merry Christmas	Cindy Fuller
Dec 27	The Glow of the Season	Cindy Fuller

“I follow Jesus in the Path of the Christ!”

Christmas– the Celebration of Jesus the Christ! All year long, we reach out to Jesus relying on His help in every way. We turn to him for healings, comfort, guidance, love and companionship. He is a part of our meditations and prayers. He literally lives with us every day in every way! What an honor it is to set aside a month to honor the Light that he brought to the world! I am so grateful that we have this time to understand the great gift that he was able to bring to all. He is not just my Wayshower, but also the Light for all humanity.

Join us this December as we look at the amazing vibration of pure God love that Jesus brought in his birth!

The Earth had to be ready to receive this higher light, and we now have to be ready to receive a higher understanding of the immense love that was able to change the world and keep growing for over 2,000 years. Open your hearts and celebrate the Christ that came to connect us to our Father/Mother God.

## SPECIALS IN THE BOOKSTORE

Remember the bookstore is open during the week from 10am to 4pm, Monday through Friday. And open again before and after the church service on Sundays. It's great shopping here because there are NO crowds in the bookstore! So, keep us in mind for your holiday shopping.

Once again there will be specials in the bookstore. They will run Sundays through Saturday, and here are the scheduled specials:

- 11-29 20% off calendars, planners and incense
- 12-6 20% off card decks & greeting cards
- 12-13 20% off all Jewelry
- 12-20 20% off books, sprays, and herbals
- 12-27 20% off all inventory



Don't forget our **HOLIDAY PARTY** on Saturday, **Dec. 5 from 10am to 2pm**. Patrick will be offering hot beverages and snacks and working deals. This will be the **ONLY** time during the holiday season he will offer to sell the crystals, minerals, and gemstones at a reduced price! Don't miss this event!

### **CHRISTMAS PARTY in the BOOKSTORE**

**Saturday, December 5, 2020**

**10am to 2pm**

**Patrick** is opening the doors to the bookstore and running a 4-hour sale. It will be amazing! Come with your Christmas list in hand and bring your friends and family **ALL INVENTORY** at least 10% off.

## **Congratulations to our Graduating Students**

### Teachers of Principal

Jim Hunt  
Peggy Mills  
Terry Lufkin

### Aquarian Gospel Studies

Suzanne Ardiff  
Kathy Lohr  
Janet Mayer  
Brittany McCalla  
Omar Villapando

We normally acknowledge our students during a Sunday Service, but since these classes had to be done on line, we are acknowledging their focused commitment here.

Many Blessings to You All.

Cyber Classes will also be offered in 2021!



**New Energies to End the Year!**

We are ready to look at the possibilities instead of restrictions.

## 2021

During the coming year, we will be offering many classes, half day workshops, and special events that will not only be “in person”, but also virtual. Whenever possible, we will provide all training via facebook portal while we are teaching those in attendance.

We will be offering Healing Techniques on Sundays after service, which you will be able to take from the comfort of your own home. By following along in our connected energy, you will feel the amazing energy moving. These are techniques you can use on yourself.

We will be offering a Meditation Series which will be virtual only. In these meditation classes, you will be able to tune in and interact in your own meditation room.

We are hoping that by providing cyber options, we can get more God energy out into the world! Look carefully at all upcoming classes and workshops. They just might be the ones you have been waiting for!





## Tuesday Nights 7:30pm- 9:00pm

*Tuesday evenings are set aside for the purpose of touching the presence of God within our hearts.*

Christmas is one of the most wonderful times of Celestial Blessings for mankind. Even in our “sheltered lives”, we are still experiencing overwhelm and outer focus— which makes our connections with Spirit even harder.

Join us each Tuesday this month as we open to receive the Divine Blessings of the Season. God awareness is even closer than you could imagine and with our collective efforts, we can easily access a direct connection of Celestial Love.

As with each Tuesday Night, we will open with our Healing Circle— which we have been doing for 30 years. If you are unable to make it, you can call in, or email your prayer requests or place them in the basket while you are here on Sunday. Each prayer is prayed over for 30 days, and individually blessed before releasing.

Make Tuesday Nights a part of your Christmas Celebration!

## December

Dec 1- **Christmas Healing**— The Christmas Angels bring a wonderful inclusive healing energy. Join us as we open to channeling and receiving this healing of love.

Dec 8- **Santa Meditation** Our annual meditation of connecting with someone in the Atlanta area that could use some spiritual strength and faith support. Everyone can share their love!

Dec 15- **Star Meditation** Tonight we will link to the Star energies that bring the Celestial Light to the Planet. Bring your mats and be comfortable.

Dec 22- **Angel Messages** Angels are all around us protecting and guiding. Tonight we will open to receive a Christmas message for ourself and for another.

Dec 29- **Circulation Day**— Tonight bring something that you are complete with and ready to release to the Universe. And if you want to take something that someone has brought, you will be able to do so! This is to realign your energies for the year ahead!

**The results of God's love moving through each situation is amazing!**



## Ways to Support Inner Quest that Cost You Nothing!

**AMAZON** - We are moving into the holiday season and that always means looking for that perfect acknowledgement to someone of how much they mean to your life – yes, that's involves looking for the perfect gift. And while you're purchasing, remember that we are a registered charitable site for AMASONSMEILE donations. All you have to do is log into AmazonSmile (<https://smile.amazon.com>) and select Inner Quest Unlimited as the recipient of your donation. Your prices remain the same; Amazon simply donates 0.5% of all sales to the church. This really adds up through the year and especially during the holidays. Consider letting Amazon support your church!

**KROGER** also lets us participate in receiving your charitable donations. Enroll in Kroger Community Rewards by signing up with your Plus Card # (or an alternate ID, usually your phone number), and select your chosen organization (Inner Quest Unlimited is #49149). Now every time you purchase from Kroger, the church earns between \$25 quarterly up to \$8000 quarterly in donations! This includes all purchases: gas, grocery goods, and drug-store purchases. Help us earn in the \$1000's!



## Familia y Amigos:

Se acerca la navidad y con ella llegan nuestras fiestas tradicionales, los regalos, las cenas y momentos de compartir en familia y amigos, sin embargo, este año es diferente dada a las condiciones que hemos estado viviendo el año 2020 con la llegada del Covid en todo el mundo.

Me siento a reflexionar en el nuevo normal al cual nos hemos tenido que adaptar y encuentro fascinante como los seres humanos somos tan resilientes frente a estos cambios y como nos vamos adaptando a ellos día a día. De seguro la navidad no será la excepción y deberemos adaptarnos a una nueva manera de celebrarlo...le confieso que eso me inquieta porque siento que lo que he vivido toda mi vida ya no estará ahí y me da cierta nostalgia, pero a la vez me siento entusiasmada de empezar nuevos ciclos, explorar nuevas ideas, nuevas formas de celebrarla teniendo en cuenta el bienestar de la gente a mi alrededor.

Hoy quiero invitarlos a que abramos nuestros corazones a nuestra nueva realidad teniendo en cuenta que la celebración de la navidad es la energía del amor encarnada y que de donde te encuentres abras tu corazón y dejes que tu Cristo interno sea el que llene de luz tu vida y sea expandida a todos los seres que te rodean.

¡¡¡Los quiero mucho y Feliz Navidad!!!

Adriana Suarez





# Thoughts of the Ministers



## Awake This Christmas

This Christmas Season, I find myself grateful for so many things. I am grateful for the peace that I have gained in glimpsing a higher understanding of all that we are going through. All of the changes that we have been asked to move through

individually and collectively have a strange importance. I can see the importance of letting go of comfort zones, habits, and ideas that keep us from growing.

I am grateful for the fact that it has turned me within, more so than ever. I found the strength to let go of ego— to allow myself to love more freely— to let go of judgement and petty criticisms. I am being shown more and more how we are not alone. We are all connected in more ways than we could ever imagine. I have truly come to realize how important family is to me. I love my physical family and my spiritual family. I miss our spiritual family and the times we have together on Sundays and our functions. Yet, I know we are all part of a greater whole, a Universal Soul.

And I have come to understand the truth of Inner Quest. Our church is a living, breathing experience of God. In this simplicity, we can find life to be such a blessing. The true essence of God that is being revealed daily, to and through us all, is the gift of Life.

As I look toward Christmas this year, I look with new eyes. This year I seek to see the life of God manifesting in my world. And there is nothing I have to do—this is an experience I allow. As I surrender my will to God's will, I allow myself to truly be who I came to be— authentic love.

Jesus woke us up to eternal truths that will lead us home. And then he said, Follow Me.

This Christmas, I will see the gift of God in all men and allow God love to flow.

Peace, Patrick



## Merry Christmas

As we move into our Sacred Holiday Season, we can not help but reflect on the journey we have all taken this past year. Never before has fear gripped our world like it did in 2020. For so many, our focus went from a joyful trust in God and turned to fearing even our fellow man. And now it is Christmas.

As a minister, I can preach about the miracles and marvelous gifts of Jesus the Christ. But as a person, I just want to feel that wonderful love that encompasses us all. I just want to feel God's Love and feel Jesus' hand in mine. And I want to feel my love for my fellow man.

No matter where you stand in your political views, no matter where you stand in sheltering or not, it is my prayer that we can all open and allow the Christmas Angels to lift us up in the immense love that is coming to mankind. "Peace, Peace on Earth and Goodwill to Man." These were the words of the angels who proclaimed Jesus' birth. These were the words Jesus used when he visited so many after his resurrection. These are the words that need to come from our mouths as we plan a holiday of celebrating God, and His beautiful Awakened Christ-Jesus.

Peace and Goodwill. The Will of God is good toward mankind. What greater gift can we receive this Christmas? If we can truly receive God's good for us, the peace that it contains will fulfill our souls. God's light overwhelms our mortal senses and we know that we are his children, spiritual and complete. From this vibration we can look at our material world with new eyes. We can direct our spiritual energies into this world of matter and create a space where we can thrive in the year ahead. There will be no fear because we will be walking in God's love.

Our Father/Mother God did not leave us on this planet —planning to return later. God is with us every moment. Jesus Christ is with us—guiding and loving us every moment. This Christmas, let us stop and receive the Goodwill that leads us to Peace. My Love to all,

Cindy



## 2021 Upcoming Classes— Mark your Calendars Today!

**Jan 17 MAP Healing Sessions**—Sunday after Church 1pm to 4pm Come and Learn a "Home" healing technique that will assist you in any illness or discomfort you may be experiencing. \$50

**Jan 21– Feb 11 Meditation Class I– Facebook Portal** A four week class to learn meditation techniques. Patrick will be live and connected to all students via the computer Thursdays at 7:30 pm \$100

**Jan 23 Higher Education Classes Begin**— Each Class is Six weeks and a part of a year long study. Classes offered are: Metaphysics I, Aquarian I, New Testament I - Sat mornings 9:30-12pm \$160





## *Holiday Activities*

### *The Metaphysics of Christmas*

*An Internet Event*  
Inner Quest Facebook Page

**December 13, 2020 - Sunday 7:30pm**

Unusual times require Unusual Methods! This year we will be offering a streamed down version of our traditional Metaphysics. With a few songs from our small choir, I will talk through the basic story with you. Hopefully, you will be able to feel God's love filling your hearts.

Again, topics to be discovered:

The journey of mankind on this planet.  
How we got so focused on our individual natures.  
How we all came to feel so isolated in our walk.

Then we will see the great love God has for all of His children. Have you ever wondered-

*"How did we get here in the first place?"*

*"Why did God send Jesus, the Christ?"*

*"Why did we forget our Divinity?"*

The journey of man and the Christmas Story is an event honored by the Angels.

Join us for a fun filled evening as we remember the great love that created us and the great love that was given to us in Jesus' coming. There is magic to our lives and magic in the Gift of Jesus the Christ! Mark Your Calendar and settle in for an evening of Enlightened Fun!



### *Christmas Eve*

### *Candlelighting Service*

*Outdoors on the Grounds*  
*Thursday, Dec 24 at*  
*7:30pm*



**The light of God's love shines all around us,  
but no place brighter  
than in our hearts.**

On this very Holy night, we gather to celebrate God's Love and the Love of Jesus the Christ.

We can always feel his presence and the presence of the celestial kingdom loving us and reminding us that we are truly the children of God. There is no doubt that the heavens and the earth truly became one in the moment he of his birth. We can feel and acknowledge the Light of God within our own Hearts.

This night, we will gather in the field in front of the barn to join our hearts. Dress warming and join your spiritual family in making this Candlelighting service amazing! Together we will illuminate our world with Peace and Love. God is our Creator and Jesus Christ his Gift to mankind. Come and shine your light as we shower the world with beauty from our hearts. Be part of the beauty as everyone lights their candle in honor of the light still shining in each of our hearts. *Love Offering*

*New Year's Burning Bowl Ceremony*  
*Outdoors on the Grounds*  
*Thursday, Dec 31 at 7:30pm*



2020 brought so many lessons, and if you have learned them, join us in releasing the details. Our Burning Bowl Ceremony is a wonderful opportunity to reclaim your focus for 2021. If you are ready to set your destiny into motion, this meditation will allow you to do just that! Let's totally let go of 2020, and set our intentions in motion for 2021! **This is God's World!!!**

*Love Offering.*

Please follow us on:



Twitter.com #innerquestchurch



Instagram.com/innerquestchurch/



Facebook.com/innerquestchurch/

Direct emails to the church:  
iqc@innerquestchurch.org

See Updates on our website:  
www.innerquestchurch.org

**Clearly**

**When winters wind comes calling  
Grab your hat and coat  
It's time to take a journey  
Forget about the cold**

**Life's adventure awaits the Soul  
Open to the challenge  
Each new day presents a gift  
Can we allow our vision to lift**

**Perspective paints illusion  
Can we let go of the past  
And listen to God's whispering word  
That reveals a truth that lasts**

**The seasons are but clothing  
Unmasked this very day  
Creation, what it needs to be  
I know one day we'll see.**

**Peace,  
Patrick**



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*God Bless.....*