

INNER QUEST CHURCH

Communications



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"Love, support, guidance and so much more await you here! This has been my spiritual home for over 10 years. Even when I moved out of the state I found ways to stay connected. Now that I am back, there's nothing like it!" SR

"This is such a beautiful place. Love and family abound. I have been looking for this place my whole life. I am home. "CB

Congregational Meeting

We recently had our Congregational Meeting live and streaming, and the energy was awesome. You could truly feel the energy of group consciousness creating a metaphysical community! We could all feel the gratitude for how God had continued to supplied us during these months of isolation and confinement. We, of course, are looking forward to once again being able to meet and worship without concern! Until then, some of the main points discussed were:

*Gratitude for the financial blessings that sustained us in miraculous ways.

*We will be hosting Inner Quest Fest on October 10 with all of the Covid Restrictions in place.

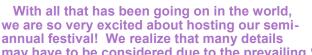
*We will be having our annual Christmas Eve Candlelighting Service outside this year. We are making plans to have some heating available, and some hot drinks. But we will have an OUTDOOR CANDLELIGHTING SERVICE 2020! This way everyone can come, stay social distanced, sing and shine their lights as the Christ!

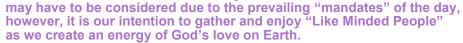
*Tuesday Nights will have more of a social distance component.

We are so very grateful to all of our members for continuing to hold us in the light, continuing to contribute financially, and continuing to Be and Live as a Child of God!

InnerQues

Inner Quest Fest! October 10, 2020





We would love to offer readings and healings- even if masks and social distancing is still required.

We will be inviting vendors to join us in providing wonderful gifts for purchase. And we will be offering food items, handled with love and safety procedures. We would love to have everyone come out and celebrate life with us. As we gather and join our hearts in forward motion of God's love, we can create a space of light and healing for the world. In our newsletter, we share how you can volunteer to help make this day a day of renewal.

It is our prayer that all we do bless the world and that healing can occur in our human consciousness. Let there be light! Let the Love of God Flow into the Hearts of All!

Sunday Services for September 2020 Fulfillment

Sep 06	Reward vs Riches	Cindy Fuller
Sep 13	Finding Meaning in Life	Cindy Fuller
Sep 20	Soul Fulfillment	Cindy Fuller
Sep 27	The Joy of the Journey	Patrick Abent

"God fills all of my Desires and More!"

Living a life of fulfillment is everyone's dream, but it is not easily accomplished. With all of the challenges that appear to distract us and take us off of our path to our desires, we are constantly confronting issues that feel like struggle. From a higher vantage point, we can see that we are only dealing with the ideas we hold that will keep us from achieving our goals as well as our centered sense of being.

During September, we will discuss how we can consciously keep our focus on the "joy of the journey" instead of letting the challenges become greater than our desires. Jesus said that the Father knows your needs before you ask and only waits for you to ask. Join us as we explore how to stay focused on God's love moving through the details.



\$25 for One Reading Session & One Healing Session

Explore metaphysical thought! We offer mini-readings, healings, classes and other activities. The readings and healings are \$15 each, and the various classes are free!

This year, we will be Social Distancing and wearing masks where required!

The InnerQuest Fest is **fun for everyone**. It will be a wonderful day to explore the grounds, purchase gifts for yourself and for others, and enjoy a **tasty lunch**, freshly grilled just for you.

We HIGHLY recommend that you book your reading and healing ahead of time! Pre-Registration begins October 1. Call us at—770-521-2875

Sunday Services for October 2020 Brotherhood

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Oct 04	Who is My Brother?	Cindy Fuller
Oct 11	Brotherhood in Motion	Cindy Fuller
Oct 18	Brotherhood without Sacrifice	Cheryl Provence
Oct 25	The One in the Many	Patrick Abent

"I Walk in the Brotherhood of Light!"

October begins our time of fall and reflection. After moving through a most unusual summer, we are all now ready to decide how we want to go forward in our world. Are the problems of the world also ours? Are we able to assist in a way that doesn't take us off of our own personal journey? How do we want to go forward in harmony with all the unique individuals around us?

Jesus was very specific about the need to love one another. He actually gave that as a new commandment before he left. How can we love one another as we all grow in our journey home to God awareness? Are we strong enough to be one of those that can enhance Group consciousness just by our vibrations of love? Join us for this series on Brotherhood!

"One of the first lessons of an aspirant, one of the points of brotherhood, is to overcome egotism; then the flowers of the spirit bloom and you have your saint. A saint is human, is understanding; a saint is able to enter into all the feelings, the joys, and the sorrows of another. A saint is all love."

The Quiet Mind by White Eagle

New Office Assistant Needed

We have been so blessed having Carrie Jones work for our church this past year! Her talents and love of the church are amazing. At this time, however, she is being asked to take a new path in her personal life that will not allow her to continue to serve us in the way she has done. She will continue to assist when she can, however, she must now pass her desk on to another.

So, if you know of anyone who would be interested in working in an office capacity for us, please let them know. It is a four day a week job. Hours are 9:30-4:30 ish.... We will begin interviewing soon.

Please hold this in your prayers. Thanks everyone.

Inner Quest Turns Thirty Years Old

When Inner Quest was started in 1990, I had no idea what God had in mind for this little church, school and healing center. Since that time, we have seen thousands of people heal their lives and souls within our walls. We have been blessed beyond our abilities to understand and have been used as a channel of God's love in so many ways. Think of one of your favorite memories of Inner Quest and email it to us! We would love to populate our next newsletter with your stories! Blessings to all!

InnerQuest Fest Registration: Prepaid reservations will begin on October 1.

You can call to book your sessions or make your plans in person anytime you are in the church.



Tuesday Nights, 7:30pm-9:00pm

Tuesday evenings are set aside for the purpose of touching the presence of God within our hearts.

Time to take charge of our own energies and learn a deeper communion with the world around us!

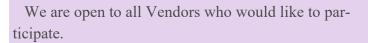
In September, we will be learning about our own energy fields and how we can clear, enhance and direct the energy we are. Join us in learning how to connect with the Divine and align with the greater light!

Then in October, we are focusing on how to connect with nature. We all need to create an open dialogue with the world around us. The trees, plants, animals and nature spirits all have a supportive connection to our realities! This month we will learn to "read" the subtle energies that

As with each Tuesday Night, we will open with our Healing Circle—which we have been doing for 30 years. If you are unable to make it, you can call in, or email your prayer requests or place them in the basket while you are here on Sunday. Each prayer is prayed over for 30 days, and individually blessed before releasing.

The results of God's love moving through each situation is amazing!

Our Semi-Annual Festival OCT 10th 11am to 4pm **Vendor Participation**



COST: There is a \$10 non-refundable booth fee in addition to 10% tithe on your total sales. A typical fair will be visited by 150-200 people. (However, this year we have no idea how many will come out.) You will need to register with the office, 770-521-2875, and we can answer your other questions at that time.

SET-UP: Vendors bring their own tables and/or canopy and set-up begins at 9:00am.

WEATHER: We have never cancelled in 20+ years due to weather, so it's a rain or shine event. The area is largely covered by trees, so use your own judgment about bringing a tent or canopy. You are welcome to come and look at the vendor area.

September

Sep 01 Energy . Tonight Patrick will be demonstrating some wonderful ways to enhance your own energy fields.

Sep 08 Clearing Exercise We will teach the Clearing Exercise and go over other ways that you can do a quick energy clearing anywhere...

Sep 15 **Orbs of Influence** Tonight we will examine what enhances your energy fields and what depletes it. Bring your dowsing rods if you would like.

Sep 22 Light of Protection- Angels are all around us protecting and guiding. Join us in accessing this light.

Sep 29 Directing the Light — You affect matter. Join us as we learn how to shift the energies of the world around us.

October

Oct 06 Learning to read Oracle Cards Bring in your own deck and we will learn how to "read" our own messages.

Oct 13 Talking to Nature Dress for the out of doors. We will learn how to gather messages from the trees and creatures

Oct 20 **Star Meditation** We will again be outside, so dress warmly! Tonight we will do our star meditation. Bring your journal and blanket!

Oct 27 **Peace Prayer for the World** Tonight we will join our hearts in a meditation for world peace. We will align with all of the Light Beings who are holding the love for mankind and allow our hearts to become the batteries necessary to shower the Earth! Bring what you will need to be comfortable! We will probably be inside~ but...

Readers and Healers

If you would like to read or offer your healing services, sessions are scheduled in two hour segments. Much of the activity will be outside this year

due to restrictions and social distancing. We will be doing all we can to ensure that everyone has an opportunity to receive a blessing! Please let us know if you will be able to do readings or healings! We are looking forward to an amazing Festival! Let the Light Shine!

No Reiki Night in October

Since we will be having our festival, we will not be hosting our monthly Reiki Night. Be sure to come during the day and receive your Reiki or other healing session!

InnerQuest Fest Registration: Prepaid reservations will begin on October 1.

You can call to book your sessions or make your plans in person anytime you are in the church.

770-521-2875

Thoughts of the Ministers



Trusting Love

"Fear not—I am with you always." What comfort these words from Jesus afford. This simple yet profound truth is foundational in our walk as Metaphysical Christians.

These words remind us who we

are, and that we are always loved. We are the sons and daughters of God and we have come to walk the planet as Love. When Jesus said, "Follows Me" it was to live as he lived, always knowing he was God's beloved son. It is in the living of this truth, it becomes our truth, and we can truly become the gift we came to be.

This process is to simply "trust love". In the past we may have allowed ourselves to be labeled or defined by an outer experience or situation, heck, we even did it to ourselves. We have also labeled and defined other using this same criteria—which is not the whole truth. It is our understanding that we learn from experience—we aren't the experience. We created it—to learn, grow, and transcend a limited belief we hold about our self, life and others. We have learned that its not the part we play—its how we play it.

Being awake to our truth, <u>I am Love</u>, allows us to transcend the limitation of matter. We can truly begin to see with the eyes of Spirit—beyond the physical—the bigger picture. We can now operate or function at the causal level and truly effect change. As we lift we lift the whole.

As we find ourselves in our current situation being bombarded with all sorts of "opinions" this is the time to go within. When we seek from within we open the door to true understanding—not opinion.

As we ask we will receive! Clarity, guidance and steps for us to take in our personal journey will be revealed. With this knowing, we can now exercise our right to choose what is best for us.

We have to remember that we have the right to choose how we participate in life, and that others have this same right. We are all at different levels of Consciousness— each perfect for the individual— ours is not to judge. Ours is to be true to self and recognize that in being the best we can be we can bring out the best in others.

When we choose to "trust love" our world will change. We will move from Me to We, able to glimpse oneness. With an understanding of oneness we can move into acceptance. To trust love to guide us, will free us from fear. When one is healed, all are healed—what a wonderful gift.

Peace, Patrick

Forward Motion in These Times

As we find ourselves moving into Autumn, by nature, we are all ready for a new relationship with the world. In normal times, we would be getting ready for football, long walks in the cool air, and awesome holiday gatherings. But now we find ourselves watching! We are waiting to see what the next wave of energy will bring.

Nature is being nature. And we should be us. Even if the world is calling for caution and extreme measures, we can still live in our own beliefs as Children of God. Wear a mask, if needed, but send love to the people around you, because that's what YOU DO! Social distance if needed, but remember to honor and respect your space and the space of others. Don't comply with these restrictions out of fear. Comply because the situation is requesting it. Outer conditions may be asking us for caution, but we don't have to allow fear to interrupt our soul's journey.

This Fall, let's get out there! Be You. If there is no football, you can watch the trees turn colors. Create something that represents your love of life. And, please find people to hug. It has been way too long! You can send a hug via text. You can mail a card with a hug inside. There are so many ways to connect with those you love. We need each other right now. We need to feel that we are all Choosing God and we are Trusting God's forward motion.

In a play in the Old Testament, God told Job to: *Get your clothes on and make your self beautiful. Then I will know that you have saved yourself by your own hand.* The author is showing us our part to play in demonstrating God's Love on earth.

It's time to put on our true identity—Child of God. Then it will be easy to wear our beauty and radiance. And then we need to step out into the world that God has given us. Our lights need to shine brightly as we move through the latter half of 2020.

This is a world that will reflect the prevailing beliefs of the children of God. As we live our beliefs, we can become the sparkling lights that breathe hope, love and inspiration to the whole.

Football or no football—that is an unheard of choice in our culture. But not shining my light is not a choice!

Time to celebrate the life we have been given. This is God's world. Celebrate the morning Sun, the stars, the wonders of nature, the laugh of a friend, the words of a teacher, and the hug of those who love you.

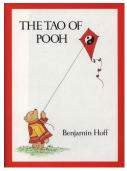
I am sending the Biggest Hug to you all!

My Love to all,

Cindy



Live your Life! Walk as Love! Become aware of your Eternal Nature!



Excerpts from...

The Tao of Pooh

by Benjamin Hoff

Insights from a Bear of very little Brain but a big Heart

© Things in their original simplicity contain their own natural power, power that is easily spoiled and lost when that simplicity is changed.

- © We need to recognize our Inner Nature and work with Things As They Are. When we don't we get into trouble.
- © Everything has its own place and function. That applies to people too. Where you know and respect your own Inner Nature you know where you belong and where you don't belong.
- © The Way of Self-Reliance starts with recognizing who we are, what we've got to work with, and what works best for us.
- © Living in a hurry wastes life.
- © In order to accomplish something of lasting value, we must learn to Believe....believe in the power that's within us and use it. When we stop imitating and competing with others, things begin to work for us.
- © From Caring comes Courage and Wisdom. Those that have no compassion may have Cleverness and Knowledge but no true Wisdom. A clever mind is not a heart and Knowledge doesn't really care.
- © Wisdom, Happiness, and Courage are not waiting somewhere out beyond. They are part of a continuous cycle that begins right here. They are not only the ending, but the beginning as well.

Direct emails to the church: iqc@innerquestchurch.org

See Updates on our website: www.innerquestchurch.org



Please follow us on:



Twitter.com #innerquestchurch



Instagram.com/innerquestchurch/



Facebook.com/innerquestchurch/

New Friends-

As many of you know, we have had four baby girls born into our church family over these past few months.

We are so very grateful that in the middle of the pandemic, these little souls have arrived to teach us of a love that is greater than the world can give.



Lucy Marin (right) and Hazel Fuller (left) meet for the first time!

On Sunday, August 16, Lucy Marin—born Feb 4, 2020 met Hazel Fuller, born April 1, 2020. They were very excited to finally meet. And although they were pandemic babies, they were not aware of social distancing. They immediately reached for one another, touching faces and even tasting each other's dresses! We are so very excited to welcome these little ones that have come to bring God's Light to the world!

We also welcome Gisele Mencias, born June 6, 2020 and Elizabeth Doscher, born June 10, 2020 to our family. We know they will make their church debuts at the perfect time!

Metaphysical Classes—Sep 18 & Oct 16 Friday Nights 7:30pm

Join us on these Friday nights for an evening of metaphysical discussions. All talks are interactive and are designed to allow full discussion— even "down the rabbit hole" if necessary. This is a fun and informative place to discuss metaphysical principles in every day life!

Rev Cheryl Provence, Rachel Shively and David Fuller facilitate.

Crystals in the Bookstore-

Tektites are gravel-sized natural glass formed from terrestrial debris ejected during meteorite impacts. Spiritual Properties— *Tektites help you release emotional issues by allowing the release of the emotional energy while maintaining the wisdom of the lesson. Also balances the male and female in the individual. Cindy recommends tektities for all couples!*

Hematite is a grounding stone that eliminates negativity.

Spiritual Properties-It focuses emotions for balance between the body, mind and spirit. Dissolves negativity and prevents you from absorbing the negativity of others. It boosts self-esteem and confidence.

Energy Grid of Protection-Crystal working Together

Hematite-Grounding & Protecting

Apache Tears-Prevents influence of others. Shields you from people who drain you.

Tiger's Eye-Keeps you immune from the judgment of others and promotes prosperity.

Selenite Charger- Cleanses and Amplifies stones!

These four energies work together in a magical way to aid in keeping your energies clear and strong! \$15 for the set!



At Peace

The beauty of the morning Sun Reveals the gift at hand The breath of God expressing Creation oh so grand

Harmony sustains the life We choose to partake of No such thing as idle days Just ever flowing love

The push and pull of struggle Saps the sweetness of life Think about your choices A carousel of voices

The still small voice, within our heart Can free us from the mind And guide us through the maze of life To Be—Not be Defined

> Peace, Patrick



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God Bless....