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## COMMUNICATIONS

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### January and February 2019

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#### Time to Build- 2019

These past few years have turned our attentions to personal will and how we can find and express our truths. And, in this process, we have struggled to reach a new level of authenticity. But we did. Many energies which had been living in harmonious relationships began to become polarized as they each sought to crystalize their unique perspective. And while it has been a much needed exercise in self fulfillment, it is not a sustainable condition for mankind.

Now, we find ourselves being given the concept of freedom— And yes, freedom from our own newly formed crystalized perceptions of self, as well. As we move into our new year, we will all be experiencing a time of redirection which is being quickly followed by a time of reconstruction!

This is a year that will ask us each to decide how we can be our unique self and still remain flexible— able to grow— able to expand. Now that we know our inner truths, we will be asked to take these truths into a new world of co-operation and order. We will be investing our energies in building a new perception of life from all of the various perspectives that have been defined.

Co-operation is the only sustainable condition for mankind! And through co-operation we will find that our uniqueness can be helpful in the expansion of the whole. Individually, we can honor our goodness by sharing it with the world. We don't have to change who we are for the world, we just have to be good in the world.

When Jesus taught the people, he told each to connect with God and live a Godly life. In our words, he was saying, Go within and find the treasures of your own soul. Then share those treasures in the world as you walk in love with one another.

What if the world needs your particular treasures to build the perspective that will take us into a global energy of peace? What if your God walk will enhance the forward motion of not only your world, but the world as a whole?

This is the beginning of the time of building something that will be able to bless all and still allow our uniquenesses to flourish. And all who are on the planet at this time are the chosen ones who are to lay the foundation of the world that is to become.

See the great freedom being given to all of us—the freedom to *BE* in safety, the freedom to create in harmony, and the freedom to love and live without harming others. 2019 is our first step in a new direction which will eventually rebuild our society. Let your light shine as we will build a platform for our future selves. We can create the peace we seek.

Walk in love and embrace Spirit. Time to allow the concepts of “Heaven on Earth” to begin.

Much love and peace to all,  
Cindy

#### The Gift

Christmas is “THE” holiday for Cindy and I so what better way to honor the birth of Jesus than at our Church. So on Christmas Night, we had a meditation to be able to have some personal time with Jesus.

There were five of us, all here by divine appointment, ready for a divine experience. Cindy led the meditation. We each were able to personally connect with Jesus and we lifted into the higher realms of divine love. In this higher awareness, an angel came to me and took my hand. She told me she was going to reveal to me my true gift.

A portal opened and we entered into a different world. This was a world not that different from ours except on a vibrational level. The energy here was more alive. Everything seemed clearer and brighter and the colors were more vibrant. They seemed to breathe. The people had a gentle presence of accepting openness. Love truly was in the air.

Several scenarios played out involving myself and others in the simple experience of life. I was shown the true relationship that we can have with one another...with all of life.

I kept asking myself “Why am I experiencing this? What does this mean?” Wanting to understand, I just kept surrendering.

I finally got it. I was being shown the spark of joy that was at the core of all creation, that the joy of life is life itself.

I was shown the spark of joy in each human heart, and it is this joy that allows us to enter into the divine relationship with life.

The joy I am talking about isn't a human trait, it is the divine expression of God love for all of creation. The accepting with joy of the uniqueness of all allows us to lift beyond judgment and limitation to just BE!

There are many paths TO God. I was shown how joy is the path OF God. The gift I received this night was a gentle reminder that I, too, had a joyful heart. And I am grateful for this gift.

This new year when we make our resolutions and set our dreams, remember to be joyful in our walk. God is Here.

Peace,  
Patrick



# Inner Quest

12830 New Providence Road, Alpharetta, GA 30004

(770) 521-2875

At **Inner Quest**, we are committed to creating Heaven on Earth. We believe in the promises of Jesus Christ - "Everything I do, you can do, and Greater." We are here to take that next step in Christed evolution, and to assist all others in doing the same. We sincerely appreciate your support, your love, and Your Lights. Many Blessings.

**Inner Quest** is staffed by:

<b>Cindy Fuller</b>	Minister, Reiki Master, Counselor Master Ro Hun Therapist
<b>Patrick Abent</b>	Minister, Reiki Master, Counselor Crystal and Color Therapist
<b>Charmayne Scruggs</b>	Children's Minister
<b>Bonnie Westbrook</b>	Bookkeeper
<b>Madison Ivanyisky</b>	Office Manager

## Upcoming Events

- Jan 05 **Seminary Classes I**— Saturdays, 9:30am-12pm. Six week series— every Saturday morning —Sign up in the lobby. \$150 for the series.
- Jan 07 **Men's Breakfast** — Monday, 6:30pm. Bring a dish to share and enjoy refocusing for the year with men of like-mind. Patrick will make the eggs.
- Jan 10 **Meditation I Class 1**— Jan 10-31. Thursdays, 7-9pm. Learn to meditate, open your mind and heart to receive, and experience stillness in this four week series. \$80 for the series.
- Jan 12 **Reiki Night** — Saturday Night, 6pm-8:30pm. *Love Offering*. Come and receive the gift of healing through Reiki. This is a powerfully gentle healing technique for everyone.
- Jan 18 **20's & 30's** —Friday Night, 7pm-9pm. Time to gather and discuss Metaphysical topics of interest. Everyone in their 20's and 30's are welcome to join. It is always a blast!
- Feb 03 **Reiki I Class** — Sunday, 1-5pm. Learn about Reiki and be initiated so that you, too, can use this energy to heal yourself and others. Dress comfortably.
- Feb 04 **Men's Breakfast** — Monday evening, 6:30pm. All men are invited to join Patrick for a men's breakfast. He prepares the awesome food—eggs and bacon —and you bring a side to share.
- Feb 09 **Reiki Night** — 6pm-8:30pm. *Love Offering*. Everyone could use a healing on some level. Our healing team is ready to channel God's love in a beautiful, gentle way.
- Feb 15 **Our Annual Poetry & Scones Night** — Friday Night, 7:30-9pm. Touch your talent in a unique way. Write an original poem to share with your church family, and enjoy some hot tea and scones! This is a fun and creative way to hear your inner voice!
- Feb 22 **20's & 30's** —Friday Night, 7pm-9pm. Metaphysics at its most fun! Join us.
- Feb 23 **Seminary Classes II** — Saturdays, 9:30am-12pm. Six week series— every Saturday morning. Sign up in the lobby. \$150 for the series. Metaphysics II, Aquarian II, Metaphysics IV.
- Mar 07 **Psychic Development II** — Mar 7-Apr 11, \$450. A six week class to learn how to read the energies of the Spirit world all around us. Psychic Dev I is a pre-requisite.

## WEEKLY ACTIVITIES

<b>Sunday</b>	<b>Metaphysical Class</b>	9:30-10:15 am	Adults
	<b>Sunday Service</b>	10:30-11:30 am	<b>Childcare /Sunday School</b>
<b>Tuesday</b>	<b>Tuesday Night Group</b>	7:30-9:00 pm	
<b>Wednesday</b>	<b>Choir Rehearsal</b>	7:00-9:00 pm	
<b>Mon-Fri</b>	<b>Healing Sessions</b>	10am-4pm by appointment	(770) 521-2875
<b>Mon Evening Appointments Available</b>			
Counseling, Spiritual Readings, Body Scans, Reiki, Color Therapy, Crystal Sound Therapy, Chakra Balancing, Inner Light Therapy & RoHun Therapy			



# Inner Quest

## Closing the door to 2018 and opening to a Bright 2019

I want to thank everyone for their participation in our Holiday events this past month. The Christmas Celebration was energetically amazing. The measurable energy of God present was overwhelming.

I am so grateful for our Choirs and all of the volunteers and attendees who brought their lights to make our gatherings Celestial!

As we moved into New Years, we were all ready to take a new step into a “Wonderland of God’s Love” right here on Earth.

If you were there, you know. If you were not, just tap into the energies of your church family and feel the great faith and knowing of our abilities to walk with God in the truest sense.

### Our Higher Education Program

Every January, we offer our Metaphysics Classes. These are designed to provide a foundational understanding of Metaphysical principles and perceptions of life. These are a must study for those who seek to walk the path of Metaphysical Christianity. These classes will challenge you, uplift you, and change your life.

The first six weeks, Meta I, you gain the language and understanding of basic energy movement. The second six weeks, Meta II, analyzes the different perceptions associated with the traditional Christianity. This enables you to use the Bible and understand the energy meaning behind the words.

In the third six weeks Meta III, you will learn the universal laws and how to use them for your benefit. And Meta IV will teach personal interpretation. Each of these series are amazing! Think about signing up.

The first class is only offered at the beginning of each year! January 2019 just might be the year for you to begin your journey!

### New Interior Core Design

As we move into 2019, we will be launching an upgrade to our kitchen area. This is a hub for the social activities of the church and is a vibrant space of creativity during the week.

As we begin this process, we would invite all of our members to consider a “central core redesign” for their own hub of social activities. You may find that you, too, are ready for a new internal “look” of how you celebrate yourself in the world. You may want to redesign how you plan your social events, how you build your energies to support your joy, and how you create the “food” that you share in your world!

Time to Clear the Core and Design something that will take us into a new, more efficient future.

And when you come in, be sure to bless the work you see being done! Yea God!



### Stay up on all of the latest activities

Follow us on **Instagram:** innerquestchurch  
and **Twitter:** Cindy Fuller @AquarianGospel  
Cindy Fuller @intrepreter

#### **Inner Quest Facebook Page**

[www.facebook.com/innerquestchurch/](http://www.facebook.com/innerquestchurch/)

#### **Cindy Fuller Facebook Page**

[www.facebook.com/cindy.fuller.9026](http://www.facebook.com/cindy.fuller.9026)

**Inner Quest Community Page**– this is for our people to post private requests for support or prayer.

[www.facebook.com/groups/1042717255809787/](http://www.facebook.com/groups/1042717255809787/)

#### **Prayers and Reiki**

You can also call in for prayers and/or reiki to be sent to a situation for healing. We have a Reiki Train that works daily, sending reiki to all of the requests we receive.

### Want to know how to keep your Vibrations high?

Most people would answer “daily meditation,” and they would be right– to a degree. Our lights are heightened every time we meditate. But one of the quickest ways to go even beyond that level of intensity is to come to church!

Joining your hearts with like-minded people in joy and love can lift you into a space of divine connection which outshines your own efforts. Many lights vibrating together creates a synergy that will fill each of the participants with an energy that surpasses what any single person could have created.

And the awesome benefit is that this heightened state will stay with you throughout the week. All you have to do is think back on Sunday, and you can access that agreed upon state of love and peace.

So, why not try? Join us in making Sundays an amazing experience in your life. 2019 can be the year when you had your greatest breakthrough– with the help of a little group of Spiritual Friends.



### Adult Sunday School Class– 2019

We are beginning the year with a study of a book by one of the world’s experts on the Aramaic language and scripture interpretation, Dr. Rocco Errico. “*Let There Be Light!*” is a wonderful study of spiritual events in an ancient culture. It is a window into the world of everyday man. Every week, you will discuss a chapter that will uncover some of the mysteries, the idioms, the riddles, and cultural references that would have been understood by the man of their time. Dr. Errico sheds a light that allows us to now understand what was originally meant. Moving through the Old and New Testament, this book will clear the energies of many ideas that we have not been able to fully accept.

Class meets every Sunday morning at 9:30am. All are welcome! We begin on January 6, so get your copy and read Chapter 1. See you then!

# Sundays at Inner Quest

## 2019 The Year of Spiritual Communion

### January

#### Energy Building Blocks

Jan 06	The Power of Ebb	Rev. Cindy Fuller
Jan 13	Input equals Output	Rev. Robbie Hunt
Jan 20	Defense Mechanisms	Rev. Cindy Fuller
Jan 27	Meditation– Miracle of Oneness	Rev. Patrick Abent

“I consciously create with God!”

### February

#### Love in the Building Blocks

Feb 03	Love is God	Rev. Cindy Fuller
Feb 10	Loving Many Shades	Rev. Cindy Fuller
Feb 17	Love and Money	Rev. Charmayne Scruggs
Feb 24	Loving When you don't Want to	Rev. Patrick Abent

“My words and my energy reflect God's Love!”

This year we are in forward motion! We are so excited to have the support of the Universe as we begin to actively “move forward with Spirit” in creating the world we want to experience.

So, in January, we will be addressing some of the basic principles of energy. We will look at our thoughts and our desires and how these are not always in agreement. Learning tools to shift our reactions to life, creates the change we seek. Jesus taught this – now we will look at it with fresh eyes.

Then in February, we will be learning about the energy of love and how we can include it in everything that we do. Love should not be an afterthought; rather, it should be the essence of all that we create from. But, in our human existence, it is so easy to use other energies and forget the power of love.

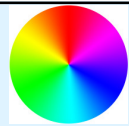
Join us as we truly begin our forward motion — enlightened, educated and empowered.

*God-in-you makes all things new.*

*When you realize the Christ Spirit within, everything changes for you.  
For then you begin to see beauty instead of ugliness, love instead of hate;  
to realize health instead of sickness.*

*The world becomes fresh and new, as when after rain you can look out on an earth washed clean,  
and shining with the sunlight.*

*The Quiet Mind by White Eagle*



### **Crystal, Sound, and Color Sessions for Transformation**

Each session blends the energy of crystals, color, and quantum frequencies.

This process creates a synergy that supports the respatialization of the human form.

We can live at a higher level.

The time is Now.

#### **#1 Whole Brain Activation**

In this session the quantum healing fields improve the connectivity between neuroreceptors in your brain. This session promotes positive thinking, helps synchronize motor function, improves alertness, balances left and right brain hemispheres, and supports brain cell regeneration, as well as healthy brain function.

#### **#2 Whole Body Healing**

The body is engulfed in waves of quantum healing field with the intention of regeneration. During the session, dormant cells are reawakened. There is a redistribution of life force energy. This process up levels healing codes, cleanses the blood field, helps regenerate the liver and assists subtle body communication.

#### **#3 Divine Antidepressant Music**

The quantum energy therapy with color and crystals uplifts and shifts stuck energy patterns. You are cradled in an energy field of Love, Appreciation, and Support. Peace is yours to experience.

#### **#4 Ascension – Expansion**

On waves of quantum energy, sound, and color, you will be transported to mystical realms beyond time and realize new ways of seeing life, self, and manifestation.

#### **#5 Alignment with Spirit**

Quantum waves of sound and color raise your core vibratory frequency, allowing better communication with spirit, and supporting your access to higher realms and living in harmony with life on all levels.

*“I experienced #2 Whole Body Healing. When the music started playing, I could feel hands working physically on my body in multiple locations. Their touch was intense and focused. Then my spirit lifted and I began to travel out into the universe. I could sense the gathering of energies into a “Oneness” and everything began to make sense to me. I felt myself then expand into this oneness. I received a major download that expanded my conscious mind. This was a transforming healing on every level.” Charmayne Scruggs*

*Sunday Services now available on YouTube– innerquestchurch.  
Also, check out our Bookstore for the latest spiritual books and gifts.*

# Inner Quest

## Tuesday Nights - 7:30pm-9:00pm

Tuesday evenings are set aside for the purpose of touching more intimately the presence of God within our hearts.

### January

This month, we are making our worlds different. Time to choose a new experience.

Jan 01 **New Years Day – we will be Closed!**

Jan 08 **Planets for Fun!** – It's a wonderful year of challenges and opportunities. Let's explore some of the themes that the Universe is blessing us with!

Jan 15 **Numerology New Year** – Every Year brings a new vibration to support our growth and evolution. Join us as we look at our *Universal Year* and our own *Personal Year* to see what lies ahead for us.

Jan 22 **Color Your Affirmations** – It's all about the textures! Tonight we will be adding a new texture to the dream you are creating for 2019. We will add another layer of energy!

Jan 29 **Reiki Healing** – Tonight we are enjoying a wonderful reiki healing. Even if you don't have reiki yourself, we will create a reiki circle so that all can receive the energy.

### February

In February, we will explore beliefs and learn about healing! Each Tuesday will bring new energies into your life!

Feb 05 **Color Therapy** – Tonight we will be using the color orange to help generate enthusiasm, creativity and passion. Orange is necessary when you are attempting to create a new destiny. Join us tonight– it is like putting money in the bank for your future endeavors.

Feb 12 **Chakra Toning** – Our voices are very powerful. Tonight we will use sound to open our chakras and align them in harmony and health.



Feb 19 **Super Moon Meditation** – The full moon actually occurs in the morning at 10:54am, but the effects linger all day. Join us as we open to the wonderful health benefits from this Virgo full moon.

Feb 26 **Super Sound** – Join us for a frequency healing that will reset the cells of your body so that they are vibrating in harmony and health. We will use Solfeggio tones to bless your body, mind and spirit.

*Every evening begins with a healing circle. Join us as we learn to lovingly and gently experience life.*

*If you are unable to attend, you can email your prayer requests to us. Each Prayer request is included in our Healing Circle for 30 days! The results of God's love moving through each situation is amazing!*

### New times Coming

Since June 2011, we have been experiencing a time of conflict like never before. Struggles with authority and rebel energies have marked every part of our society and our planet. Wars of every kind have pitted power against power. And the focus was not so much on winning as it was on just demanding will and implementing force without thought of the effects or long term outcome.

On March 06, 2019 at 3:35am, this Revolution of Chaos ends. Now, it will go out with all of the loose ends still unwound, but the energy that has propelled these past seven years will finally be silenced as Uranus moves into Taurus.

This does not mean that we will not see upheaval and change. Uranus always brings a sense of evolution- revolution wherever it travels. However, now that change will move into a space of visible matter.

During the next seven years, we will see changes, probably some dramatically, in the arts– in our financial system, in our value system, and in our Earth itself. Many astrologers are concerned that this position of Uranus will “turn on” the Earth changes that have been predicted for so many years. We shall see.

But what we know for certain is that “War and self-serving conflict,” as a way to change, will no longer be the first choice for our world. And that, my friends, is a Blessing!

### Heal Thyself by White Eagle excerpts by Rachel Shively

“This love, placed in your heart by your Creator, is infinite power, supreme happiness; it is heavenly joy, unrealized at present. It is the power which controls the physical atoms. It is the power which draws to itself happiness and perfection of life.” Page 49

“We are going to give you a very simple formula for health. It is this: **to live thankfully.** When a heart beats with thankfulness for its creation and for all life's experiences, a light shines from the very center of the being, which illumines the whole life.” Page 54

“Divine love is omnipotent, omniscient, omnipresent. God is within your innermost being, and with God all things are possible.” Page 70

“You are the channel for the light. You yourself form the symbol of the six-pointed star. The I AM, the Christ within your heart, is the star, the flame.” Page 69

“What you think today you become tomorrow; you recreate your body, your life, your soul, every day, and you build your spiritual achievement, through thought. Right Thought, God-Thought requires self-discipline, and the effort is too much for most people.” Page 35



## Message from the Whitsuntide Meditation

*The world that you live in is vibrating at a high level, but there are pockets of lower vibrational energy across the planet that make you feel heavier and denser than you would like. It is the attention to this low vibration that perpetuates it. Connect to the light and bring it into your body. Walk one with the light, with the intention of sharing that light, wherever you go. As you walk through pockets of uncertainty, fear, anger or any lower vibrational energy, the light you bring will foster healing. Earthly matters grow with the attention paid to them. Focus on the light instead. Be the light in whatever you do, in both your work and play.*

*Focus on your dreams for what you want in your world. Your heart will take you on a beautiful path of exploration and creation on the Earth plane. You feel as if we are far away, but we are not.*

*Call upon us, as you desire, to assist you.*

*Call upon us to feel love surrounding you.*

*Call upon us to talk to you.*

*We love your curiosity for it takes you away from a lower vibrational focus.*

*Keep asking. Keep dreaming.*

*You are a Master in training. Your dedication is true. Follow the impulses to seek and explore more, as the Spiritual being that you are. Fun should be a priority for you because it lightens you in all ways. You become heavier as your focus shifts to lower vibrational thought resulting from stress or fear.*

*Spend time with your spiritual family, laugh, play games, walk in nature, meditate, read for pleasure, pamper yourself, rest, think happy thoughts, love yourself just as you are. Love yourself as we love you.*

*We are showering the planet with love this day.*

Lori T.

## Creating Family

For the past two months my husband and I have reconnected by becoming involved more with Inner Quest. How you ask...we signed up for the Metaphysics of Christmas play.

During that time, we got to see each other in a different light. At rehearsals, when I saw my husband across the stage singing, with a deep emotion, I was overwhelmed by the energy connections that we shared. There was a new level of pure love.

We also had the opportunity to get to know some of our church family even better. We got to see every one sharing their hearts in a playful way, and supporting each other when little mistakes were made. These moments helped us all feel safe in our creativity.

On our drive home, Jim and I would talk about our experiences of the rehearsal (I was an angel and he was a shepherd). Together, we got to know the souls of the others in the program and it brought joy to us both— just experiencing a new level of family.

A lot of the time we forget that the people we see on Sunday are our family. We only see them for a short time and don't always get to see the fun and the unique ways in which we all express.

After the play, I realized that I wanted to keep these special connections and create even more. This experience made me want to learn more about the individuals that comprise our Church family.

It was such an honor to give my love in this production, but an even greater blessing to receive all that I got in return. I am closer to Jim and got to see a spark of light and an inner piece of him that I had not seen before.

I can't wait to see the wonderful things we will now create in 2019. And yes, we will do the play again next year!

Charmayne Scruggs

## **Lament & Ascension**

Now I am certainly grateful for this earthly body, although it complains – it gets its feelings hurt, it inflames, it is allergic.

And this heart – yes, with its dings and notches, dark corners that long for loud sobbing, but sob silently, politely instead.

This behind the bright side.

This brain, oh dear, the clutter, the to-do lists and lists of lists, the Very Important Things, the I Am Needed, the poor, poor hamster on his ceaseless wheel, very busy, going-- well, let's not tell him, he's very brisk and focused  
Maybe it's moving meditation...

And now, to rise above,  
to fill up with stacks on stacks  
Of fresh green leaves and golden light!

Rise again, and now here is the treehouse  
With my love-to-be.  
From a sacred space on cozy cushions,  
we gaze out at the vast splendor of earth and sky,  
in peace, in peace.

And rise again, ah the light and shimmer,  
drawn upward, released into a burst of love,  
and there is a door and it begins to open.  
Beyond it there are bright things, flowers, light.  
Hints of white gloves, silver lids lifted,  
Arms flung ta-da reveals!

I take a peek but leave it,  
mustn't push it.  
I will let it unfold...

Meredith Burns, January 2018

# Enrichment Classes and Special Workshops

## Special Classes and Workshops

During 2019, we will be offering one day workshops and special classes throughout the year. Mark your calendars for these special events!

### Meditation I

**Jan 10-31, 2019**

**Thursdays, 7-9 pm, \$80 for the series.**

Learn to Relax. Open to Your Intuition. Connect with God & Improve Concentration. This series offers many different meditation techniques to teach you the basics. You will learn to relax the body and to focus the mind so you can "go within." Then you will find that world of peace and guidance that you always knew existed.

### Reiki I Class

**February 3, 2019**

**Sunday, 1-5 pm, \$150 for the series.**

Learn about Reiki and become attuned to give it to yourself and others. This is a foundational step in entering the world of Reiki healing. You will learn the history, techniques, and you will become a Reiki healer. This is an amazingly easy method to share God's healing energy with another.

### Poetry and Scones

**February 15, 2019**

**Friday, 7:30-9pm**

Discover your inner poet. Write your own poem and share with others over hot tea and scones! A great, fun family experience. Everyone is welcome. Love Offering for the food.

### Psychic Development II

**Mar 7- Apr 11, 2019**

**Thursday Evening, 7:00-9:30, \$450 for the series.**

This class teaches you how to deal with energies in the environment. You will learn about the astrals, missing persons, identifying and dealing with earth-bound entities, and understanding how to contact loved ones on the other side. Class will include several field trips for hands-on experience, so some class times will alter. Our focus will be spiritual work in the world. Psych I is a prerequisite.

### What we Believe

**Mar 31, 2019 - Sunday, 1-3 pm—Love Offering**

Come and ask any question you would like, and we will address it metaphysically! Our metaphysical Christianity perspective is pretty amazing! No question is off limits! Join us for an afternoon of fun!

## Other Gatherings and Workshops

### 20's and 30's

**January 18, February 22, March 22, April 26**

**Friday Evening, 7:00-9:00pm**

Our 20's and 30's are an amazing gathering of bright, love-filled beings. Many come from different backgrounds and beliefs, but they all share an honest desire to understand the energy and the flow that sustains our world. Join us for a great discussion, and snacks!

### Bookclub

**January 13, February 17, March 24, April 28,**

**June 02, July 07, August 11, September 15,**

**October 20**

**Sundays, 12-1pm**

Here are the dates for our upcoming Bookclub meetings during 2019. The books we read are from the suggestions of the group and vary in type. It is always a great discussion on the material covered and there is always something metaphysical to be found!

## Higher Education Classes

**Begin January 5, 2019**

**Foundational classes to inspire and teach the building blocks of metaphysical thought!**

Each class series consists of six classes held on Saturday mornings. Class begins at 9:30am and ends at 12:00pm.

**Metaphysics I**— An amazing experience which will help you define principles of energy. Transformational at its core, the ideas presented here will become the basis of your reality!

These classes are life changing in every way! Check your heart to see if this is your next step!

**Metaphysics III**— This series is all about the Universal Laws and principles. Learn how to use the laws in a way that supports your dreams.

**Aquarian Gospel I**— An in depth energy study of Jesus' walk and his great gifts to mankind! Metaphysics is a prerequisite.

**January 5-Feb 9, 2019**

Metaphysics I	Rev. Cindy Fuller
Metaphysics III	& Rev. Cheryl Provence
Aquarian I	Rev. Patrick Abent

**Higher Education Classes throughout 2019:**

Meta II, Aquar II, Meta IV	Feb 23- Mar 30
Meta III, Aquar III	Apr 7- May 12
Meta IV, Aquar IV	Aug 3-Sep 7
Aquar V	Sep 21- Nov 2



### Dates to Remember

**Inner Quest Fest- spring**

May 11, 2019

**Inner Quest Fest- fall**

Oct 12, 2019

## Seeking

Love can be elusive  
Especially in the realm of thought  
It can be right around the corner  
Or, something to be bought

Always looking out there  
The journey never ends  
Life's carousel continues  
Many rounds - to make amends

Peace to those who go within  
Mere words to mortal man  
Thou freedom to the awakened soul  
That's ready to expand

Into a phase that knows no bounds  
Beyond both time and space  
In cosmic mind's creation,  
Love reveals its Face

Peace,  
Patrick



## *Inner Quest*

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*God Bless.....*