
COMMUNICATIONS

May and June 2018

Value

In our world, everything is given a value. We each determine the value something has by our need for it, by our use of it, or by the power that “it” holds. For most of us power represents the influence the person, idea or thing has in our world. The more power- the more value something has.

It’s all in the perception.

When we look at churches today, could this be the reason that they, as a whole, are no longer well attended? Are they perceived as not having any power in the material world? And this started me thinking:

How about Prayer? There are numerous scientific studies that have determined, without a doubt, that prayer for healing works. Blind tests were done where people did not know who they were praying for, and some subjects were prayed for and others not. In each of these, those that were prayed for by a church or religious group had much greater recovery rates. Simply through prayer. Powerful?

How about Inspiration? When someone is not feeling capable in this world and can turn to a church and find their own spirituality again, is that not powerful? Inspiration, from the smallest thought to the grandest transformation, always ignites change. Inspiration is comprised of hope, love and a greater concept of life. Powerful?

How about fellowship? “*Where two or more are gathered whatever they ask in agreement shall be done.*” Jesus was teaching us about the power that is created when people join together in their Spiritual Energy. Our Christed selves are immense, and when we are aligning with God and sharing that energy with each other, miracles happen. Not only is there more love than you can imagine, but there is a true sense of family. You can stand with someone who loves God as much as you do. You can feel another's joys and triumphs and you can share in their hopes for a better tomorrow. The Family connection and support for your life journey as a Child of God is amazing. Is that not powerful?

Of all of the powers in the world, Love is the greatest of all. And Churches, those places where God Love is the center of every activity,- those churches are powerful.

Therefore, if we value Power, we should certainly value Churches.

Much love to all,
Cindy

Thoughts

Basic metaphysics reveals that thoughts creates in this dimension. “Thoughts held in mind produce like kind.” We are all in the process of transformation, so you can see how important it is to be aware of our thought process. The first step is to acknowledge we are participating in this process we call life—whether we are aware of it or not. Through the details of every experience of life, we connect the dots of manifestation with our thoughts. Creation is a part of us and we are a part of it. This inner relationship of life is beautiful in its workings, and we are integral.

The old paradigm “that life happens to us” has kept us on our toes with both anxiousness and fear. We sought to create a world we could feel safe in. A basic trait that man has developed for life is survival. Our quest being, “how can I survive,” followed with “how can I feel safe in the world.” Next “security” was created for the means to experience peace. Doesn’t this seem like a lot of work for illusion?

Well, when we see life as being outside of self or that we are separate in any way—limitation and fear become the foundation for our experience.

When we look at the history of man on this planet we see these simple themes being played out time and again. The rise and fall of civilization of man is the effect of this faulty thought of separation. That we are separate from life, from one another, even separate from God, has been unhealthy for all of life! What next? Can you see this theme, separation, playing out in any aspects of your life? If you can, and it doesn’t feel good, perhaps it’s time to go within (meditate) and begin to explore your unique consciousness. You’ll get to know your true self as well as God, now let these be the foundation of your life.

Love, and love in action, allows life to take on a new meaning, our options expand as well as our life experience.

We are all in this big family of life with God as Father. Each the individual expression of God.

When we remember this—what a wonderful world.

Peace,
Patrick



Inner Quest

12830 New Providence Road, Alpharetta, GA 30004

(770) 521-2875

At **Inner Quest**, we are committed to creating Heaven on Earth. We believe in the promises of Jesus Christ - "Everything I do, you can do, and Greater." We are here to take that next step in Christed evolution, and to assist all others in doing the same. We sincerely appreciate your support, your love, and Your Lights. Many Blessings.

Inner Quest is staffed by:

Cindy Fuller	Minister, Reiki Master, Counselor Master Ro Hun Therapist
Patrick Abent	Minister, Reiki Master, Counselor Crystal and Color Therapist
Charmayne Scruggs	Children's Minister
Bonnie Westbrook	Bookkeeper
Madison Ivanyisky	Office Manager

Upcoming Events

- May 05 **Inner Quest Fest—Spring Celebration** — Put the date on your calendar and plan on staying all day! Readings, healings, vendors and amazing food! Bring the entire family.
- May 06 **About Inner Quest**— Noon– Sunday. An informational meeting for those new to Inner Quest.
- May 07 **Men's Breakfast** —All men are encouraged to bring their hungry hearts for an evening of great food on all levels. You can also bring a dish to share. 6:30-8:00pm
- May 11 **20's & 30's** — Friday night, 7pm-9pm. Time to gather and discuss Metaphysical topics of interest. Everyone in their 20's and 30's are welcome to join. It is always a blast!
- May 12 **Reiki Night** — Saturday night, 6pm-8:30pm. *Love Offering*. Come and receive the gift of healing through Reiki. This is a powerful, yet gentle healing technique for everyone.
- May 31 **Bricks** — Through the month of May you will all have the opportunity to have your bricks added to our current collection. \$100 donation.
- June 01 **Feng Shui Class** — *Entrances & Exits*. Friday, 7:30-8:30pm. Energy must keep flowing. Join us as we look at what helps and what hinders the flow. \$27
- June 03 **Bookclub** — Sunday at 12pm. Book to be announced at the April 29th meeting
- June 04 **Men's Breakfast** — 6:30-8:00pm. Come share your energy of light with the men of the church! Bring a dish to share.
- June 09 **Reiki Night** — 6:00-8:30pm. *Love Offering*. Everyone could use a healing on some level. Our healing team is ready to channel God's love in a beautiful, gentle way.
- June 15 **20's & 30's** —Friday night, 7pm-9pm. Metaphysics at its most fun!
- June 23 **Healing Class** — Saturday 6/23, from 9:30am–4:30pm, Sunday 6/24, 1pm-5pm, Thursdays—June 28, July 5, July 12, July 19 & July 26, 7:30-9:30pm. The series is \$450. A six week class to learn how to channel God's healing energies for another. Each class teaches a unique technique.
- June 29 **Feng Shui Class** — *Do You Love it?* Friday, 7:30-8:30pm. \$27. Learn about the reason you keep the things you do, and the energy they keep alive in your world.
- July 6 **Psychic Development I**— Friday Jul 6, 7:30-9:30, Saturday Jul 7, 9:30am– 4pm, Friday Jul 13, 7:30-9:30, Monday Jul 16, 7:30-9:30 and Sunday, Jul 22 1pm-4pm. This series is designed to teach you how to read the energies of another. \$450
- July 15 **Bookclub** — Sunday at 12pm. Book to be announced at the June 3rd meeting
- July 27 **Feng Shui Class**—*Closets & Hidden Things*—Discovering packed potential!

WEEKLY ACTIVITIES

Sunday	Metaphysical Class	9:30-10:15 am	Adults
	Sunday Service	10:30-11:30 am	Childcare/Sunday School
Tuesday	Tuesday Night Group	7:30-9:00 pm	
Wednesday	Choir Rehearsal	7:00-9:00 pm	
Mon-Fri	Healing Sessions	10am-4pm by appointment	(770) 521-2875
Mon Evening Appointments Available			

Counseling, Spiritual Readings, Body Scans, Reiki, Color Therapy, Crystal Sound Therapy, Chakra Balancing, Inner Light Therapy & RoHun Therapy



Inner Quest

May 5, 2018
11AM-5PM

NEW
NAME!

NEW
ENERGY!



NEW
VENDORS!

NEW
CLASSES!

The energy is building for our Spring fundraiser! The **InnerQuest Fest** will include everything you loved about the Psychic Fair of past years—the readings, healings, food, and our favorite vendors will be returning as well. But this Metaphysical Festival will feature some new classes and many new vendors.

No registration is required for the free classes under a tent where you can learn about ideas that interest you. There will be crystal classes where you can learn about the crystal you take home with you!

The same fabulous food will be prepared and delivered to you in a basket with little to no waiting.

This will have a new look and a new energy and we know you will want to participate and attend!

Decide what you'd like to do! We'll need people for readings, healings, front desk, food prep, bookstore, setup and cleanup.

**Registration starts April 23rd
for Readers and Healing Sessions
770-521-2875**

Become a path
to the future

Family Energy Building

Campaign Extended to
May 31, 2018!

Spirit guided us to “renew” the energies in our “health and family area” of the church. Our Brick Garden was started in 2000 when we had our first building fund created for our new property. In these bricks, you will find the energy of the loving members that helped make our property a reality. The angels wanted us to open this area and add bricks from our current Spiritual Family so that their energies could also enhance our church property.

Go within and see if you are one of the folks the angels were speaking of. We would love to see your energies included in this beautiful space.

To add your brick to the current collection, let us know what you want it to say. This can be your name, a scripture, or a saying. There are three lines with 18 characters per line allowed (including spaces). Your contribution of \$100 will be used to continue in our upgrading of the property.

Join your beautiful hearts with ours and become a permanent stepping stone for our future!

Your Name
Engraved Here!
Your title or message.



Welcome New Members!

**Kim Chastain
Juan Mencias**

May God's love bless each of these in their hearts desires, and may our Inner Quest Family continue to blossom in miraculous ways! God, we thank you for making our church a heaven on Earth!

About Inner Quest

May 6—after church

If you are new to our church or if you have questions about how we operate (What is a healing? What is involved in counseling? What books do you reference in your Sunday services?), plan to be with us for a short informational meeting after church on Sunday, May 6.

Rev. Cheryl Provence will be presenting the material and she will be available to answer any questions you may have. It is our intention to offer these informational sessions about once a quarter.

This would be a great time to bring a friend to church and stay for the meeting so they know what we're all about! You may be surprised what you learn as well!



Make Carole Well

Make Carole Well GoFundMe benefiting Carole White

Our sweet Carole is undergoing an alternative cancer treatment, that is not covered by insurance. The family is asking for your help to raise the amount of \$34,500 to cover these expenses. To donate, you can find the GoFundMe page for Carole on the GoFundMe website. You can also reach it through Tamara Rosekrans' facebook page.

Please continue to keep her and her family in your prayers and please keep the reiki coming.



A Prosperity Story

by Rayne Johnson

When I wanted to take Psychic Development 1, I really didn't have the money saved and didn't know where it would come from. So, I connected with Spirit and said, "I want to do this. I don't know where the money will come from, so if it's for me to do right now, I need some money to flow my way."

During the next week, I got a call about doing some hypnotherapy even though I hadn't had an active advertisement in a few years. I did a session for one woman, and then she had me come back to do a session with her mother. Then I got two more calls from people she referred to me!

All the sessions added up to just about what I needed, so I got to take the class without any hardship.

Yea God!

Sundays at Inner Quest



2018 The Year of Becoming

May

Eternal Youth

May 06	Eternal Youth– Creativity	Cindy Fuller
May 13	Eternal Youth– Nurturing	Cindy Fuller
May 20	Eternal Youth– Your Body	Cheryl Provence
May 27	Eternal Youth– Your Dreams	Bette Webb

“I Love my Life as God’s Child!”

June

Following Guidance to a New Reality

Jun 03	Touching Many Worlds	Cindy Fuller
Jun 10	Manifesting Made Easy	Cindy Fuller
Jun 17	A Father’s Guidance	Patrick Abent
Jun 24	Letting Go, and Showing Up	Cindy Fuller

“My Dreams become my New Reality!”

In May, we are looking at the journey of becoming an aware child of God, and this begins with our own body consciousness. We spend the first half of our lives wanting to “grow up” so that we can be in charge and do the things we want to. Then when we do move into adulthood, we realize that it is a much more complex situation than we had imagined. And for many of us, when we loose our magic hopefulness, we begin to age. Join us as we look at the principles of living as God’s Spiritual Child. We will look at the teachings of Jesus the Christ and his knowing of the world of man.

Then in June, we will be studying how we can use our intentions to move forward into a greater reality. Jesus was a Master Manifester. He understood the relationship of Spirit and Matter and how to use Spirit to alter the appearances and challenges of matter. This month, we will look at His walk and teachings and how they still apply to our world today!

*To love is to give the Christ spirit within, without any thought of return.
You are all so apt to feel that you must have a return for your love,
but the soul has to learn to give love.
Love is an inward beauty which flows from the heart, from the life.
The Quiet Mind by White Eagle*



Sunday School Class Discussion

Join us at 9:30am every Sunday morning for a great opportunity to discuss topics that you may need more clarity on.

We start May by exploring the
Three States of Mind-

- May 6 Conscious Mind
- May 13 Subconscious Mind
- May 20 Superconscious Mind

Then

- May 27 Creator or Reactor
- Jun 03 Race Consciousness
- Jun 10 Affirmations and Denials
- Jun 17 Your Higher Self & Your Lower Self
- Jun 24 Absolute Truth and Relative Truth

Each of these topics lends itself to a rousing time for all. Every Question is important. Every contribution is valuable. Everyone’s input helps the understanding grow. So, join us and let’s expand together!



Psychic Development I Class Special Dates

Due to an overwhelming request for this class to be offered again, we are scheduling a special “condensed time” frame for those who are interested.

Friday– July 6, 7:30-9:30 will be the first class where the basic skills are taught.

Saturday– July 7 9:30am-4:00pm will be the second and third classes.

Friday– July 13, 7:30-9:30 the fourth class

Monday– July 16, 7:30-9:30 the fifth class

Sunday– July 22, 1pm-4pm the final class

We are basically condensing this six week class into a two week experience. So, if you are ready to learn how to read the energies of another and interpret what you sense, this may be the perfect time for you!

Psychic Development provides skills that you will use in every area of your life, in addition to learning how to do a “professional reading”. The series is \$450. Call to register today!

*Sunday Services now available on YouTube – innerquestchurch.
Also, check out our Bookstore for the latest spiritual books and gifts.*

Inner Quest

Tuesday Nights - 7:30pm-9:00pm

Tuesday evenings are set aside for the purpose of touching the presence of God within our hearts.

May

May is our month of preparing for new energies. Whether these are from within our hearts or being gifted to us from the Divine, we are all being showered with change this month, so it is our great opportunity to receive the Blessings.

- May 01 **Oracle Cards**—Tonight we will learn to use those beautiful cards that we always purchase. Bring your favorite deck of oracle cards, or use one of ours as you learn how to “read the energy” and apply the blessing. Rev. Cindy Fuller leads.
- May 08 **Release the Distractions**— Tonight we will release all of the people and things that we have taken on as our “problems” in order to create room for our greater selves. Rev Patrick Abent leads.
- May 15 **Celestial Meditation**—Tonight we will be celebrating Uranus leaving the sign of Aries and moving into the sign of Taurus for the first time. We will release our inner warriors and call forth a greater embodiment of love, beauty, harmony and abundance! Rev Cindy Fuller leads
- May 22 **God Empowered Breath**—Tonight we will experience expanding our body to hold more of our Spirit. We will use muscles that you may not be aware of, to bring more breath and Spirit to relax the body. Then using color and light, we will direct that energy to areas of pain or limitation to reestablish youthful energy. Rev Cheryl Provence leads
- May 29 **Malta Meditation**—Tonight we will discuss our experiences at Malta and will be leading you all on a shared journey of the energies. Rev Cindy Fuller leads

June

In June, we will be healing at a deep cosmic level. It is time to embrace our Christed natures as we begin to move into a greater world of God love.

- Jun 05 **Cosmic Healing**—Tonight we will heal with the Brotherhood of Light. Rev Patrick Abent leads.
- Jun 12 **DNA Healing**— Time to send healing energies to our DNA and to everyone that we share that DNA with. Bring your reports if you have them and join us in shifting our history into our Christed potential. Rev Cindy Fuller leads
- Jun 19 **Color with Solfeggio Tones**—We will experience the frequency of 528, which is known to assist in heart healing, cell regeneration, skin repair, and so much more. The color will be Emerald Green. Rev Patrick Abent leads.
- Jun 26 **Water Healing**—Tonight we will experience the transformational cellular healing with energized water. We will connect physically and spiritually to higher frequencies and allow our bodies to lift. Rev Charmayne Scruggs
- Every evening begins with a healing circle. Join us as we learn to lovingly and gently experience life.*



If you are unable to attend, you can e-mail your prayer requests to us. The results of God's love moving through each situation is amazing! Love Offering.



IQ BOOK CLUB UPDATE-

New people drop in from time to time, and they seem to enjoy these informal meetings of the Book Club.

April's book was: Believing As If the God in All Life Mattered, by Machaelle Small Wright. This just happens to be a book with a metaphysical topic, but we are not limited to metaphysical books.

Every 6 weeks you will find us meeting somewhere on the church property (outside when it's pretty) for an hour (noon to 1pm). We discuss the subject book and we make selections for upcoming meetings. The position of leader rotates through the membership, and each leader will suggest the book for their month.

The following meetings are scheduled for the remainder of 2018: June 3, July 15, Aug 26, Oct 14, Nov 18.

Our meetings are open to anyone, and we are always looking for new members!

Dates to Remember

Malta Trip

May 17-26, 2018

InnerQuest Fest- fall

Oct 13, 2018



A Canned Foods Drive

During the Month of July we will be sponsoring a canned goods drive for the Food Bank at North Fulton Community Charities. As a church, we often find the need to refer people to NFCC when we are approached with requests for assistance. North Fulton Community Charities is an agency where they help with temporary housing, food, utilities, and day care on a merit basis. They are a helping hand, not a hand-out organization: they help people find resources to get back on their feet.

Because of their limited storage space, it is best if we try to stick to the list they have provided. They are requesting:

**rice, dry beans,
toothpaste, shampoo,
condiments, canned meat/fish,
snacks, baking items,
recycled grocery store bags**

Plan to help support the drive. A canned foods collection box will be available in the lobby during the month of July.

Sharings

My dad and I loved each other, but we always had a tough relationship. I had always said that I would take care of my mom til the end of her days but I wouldn't take care of him. Well, obviously I was in the position of taking care of both of my parents. It started to get really tough when my dad got Cancer. I didn't know if I could make it through the strain of it with my mother having dementia, too.

One day, Spirit told me that, if I helped him through to the end, we would no longer have any karma between us. So I took a deep breath and committed myself to helping them both through their journey.

When my dad was in the hospital, I stayed with him and helped him. I held my him when he cried, helped him plan his funeral, and helped him with every part of self-care. We had opportunities to really talk. He told me that he never thought I loved him because I didn't obey his rules like he wanted me to. He quoted the Bible to me about "if you love me, keep my commandments". I told him that Jesus fulfilled the law and that the new law was to love.

I talked to him about God's love because he had always secretly been afraid to die. I told him to look for the love and concentrate on that. So, we got passed all our past hurts and forgave each other. I laid down with him and held his hand when he didn't want to talk.

It was a healing time for both of us and I'm not angry about our relationship anymore.

Rayne Johnson

Lament & Ascension

Now I am certainly grateful for this earthly body, although it complains – it gets its feelings hurt, it inflames, it is allergic.

And this heart – yes, with its dings and notches, dark corners that long for loud sobbing but sob silently, politely instead.
This behind the bright side.

This brain, oh dear, the clutter, the to-do lists and lists of lists, the Very Important Things, the I Am Needed, the poor, poor hamster on his ceaseless wheel, very busy, going-- well, let's not tell him, he's very brisk and focused, maybe it's moving meditation...

And now, to rise above,
to fill up with stacks on stacks
of fresh green leaves and golden light!

Rise again, and now here is the treehouse
with my love-to-be.
From a sacred space on cozy cushions,
we gaze out at the vast splendor of Earth and sky,
in peace, in peace.

And rise again, ah the light and shimmer,
drawn upward, released into a burst of love,
and there is a door and it begins to open.
Beyond it there are bright things, flowers, light.
Hints of white gloves, silver lids lifted,
Arms flung ta-da reveals!

I take a peek but leave it,
mustn't push it.
I will let it unfold...

Meredith Burns, January 2018

Special Classes

Healing Class

**June 23, 9:30-4:30. June 24, 1-5. June 28, 7-9:30.
Then Thursday Evenings July 5-26, 7:00-9:30, \$450**

This is a foundational class on energy healings. You will learn how to enter the energy field of another; how to channel God love for a deep healing; how to heal long distance; and how to "see" beyond the symptoms into cause. This very extensive class is an experience of deep revelation for every student!

Psychic Development II

Sep 6– Oct 11

Thursday Evenings, 7:00-9:30, \$450

This class teaches you how to deal with energies in the environment, understanding astrals, missing persons, identifying and dealing with earth-bound entities, and understanding how to contact loved ones on the other side. Class will include several field trips for hands-on experience, so some class times will alter. Our focus will be spiritual work in the world. Psych I is a prerequisite.



Feng Shui Classes

Friday Nights, 7:30pm-8:30pm

Five Remaining Classes over a 5 month period
June 1 Class Two– Entrances & Exits
Examining how energy moves through your home or office.
June 29 Class Three– Do You Love it?
Learning to have a new eye on your stuff.
July 27 Class Four– Closets and Hidden Things
Discovering packed Potentials.
Aug 24 Class Five– Center of Unity
Creating calm in our modern homes.
Sept 28 Class Six– Power Points

Festival

Inner Quest Presents:
May 5th (11am-5pm)



**Activities & Gifts
For Body & Soul**

What is it?

Our semi-annual *InnerQuest Fests* are fun ways to *explore metaphysical thought*. We offer mini-readings, healings, classes and other activities. The readings and healings are \$15 each, and the classes are free!

These festivals are fundraisers for Inner Quest and we really want everyone to attend and encourage their friends, family and neighbors to make it a fun Saturday event.

Shopping for yourself and for gifts is highly encouraged! We invite *unique vendors* to come and sell their *specialty wares*, like artisan jewelry, decor items for the home, candles, artwork, pottery, and organic or eco-friendly consumables like local honey, eggs, seasonal plants, and produce. Our bookstore and gift shop will be open where you can purchase crystals, books, cards, jewelry, incense, and other gifts.

From 11:30AM to 4PM, our grill will be open to prepare a *tasty lunch*. We offer hot dogs, brats, hamburgers, salmon, and vegetarian items as well. Many come just for the lunch!

Hours:

Saturday, May 5 from 11AM to 5PM

Registration:

Prepaid reservations will begin on April 23.

You can call to book your sessions or make your plans in person anytime you are in the church.

For this festival we HIGHLY encourage you to book before the event if you want a specific reader or a specific healing. It is our intention that all our great workers are able work a little and play a little, so that favorite reader you want, may not be available all day. That healing session you have in mind may only be available early or late, so plan ahead and book early.

Vendor Participation:

COST: There is a \$10 non-refundable booth fee in addition to 10% tithe on your total sales. A typical fair will be visited by 150-200 people. You will need to register with the office, 770-521-2875, and we can answer any other questions at that time.

SET-UP: Vendors bring their own tables and/or canopy and set-up begins at 9:30am on the day of the event.

WEATHER: We have never cancelled in 20+ years due to weather, so it's a rain or shine event. The area is largely covered by trees, so use your own judgment about bringing a tent or canopy. You are welcome to come and look at the vendor area.

Special Package Deal!

\$25 for

**One Reading Session &
One Healing Session**

InnerQuest Fest Location:

Inner Quest Church
12830 New Providence Rd
Alpharetta, GA 30004
770-521-2875

(Please don't call during the fair!)

Beyond

To lift your gaze above the crowd
You open up a door
Revealing more than meets the eye
Allowing you to soar

Into the Realm of possible
Where nothing's left to chance
Finally to be Free of fear
Creation with a glance

Choices can be limitless
From which we're not to hide
Look about with wonder
Now to turn inside

To that space of perfect peace
Of purity and light
Allowing love to be the guide
With the Father, I now abide.

Peace,
Patrick



Inner Quest

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God Bless.....