
COMMUNICATIONS

January and February 2018

Relationships with Life - 2018

We are entering a year which is all about relationships. We will be learning about ourselves through how we interact with the world around us. Are we being supported? Are we happy? What are the world, your spouse, and your friends reflecting back to you?

All relationships are about energy exchange. We share with one another and receive energy back in exchange. Some of our relationships feel very supportive, and yet some may feel unbalanced or unfulfilling.

This is the year that we will be asked to evaluate all of our relationships. What is working to support our growth; what is costing too much for the return we are receiving; and how we can make the changes in our actions that will correct and rebalance our life.

Basic metaphysics would tell us that if we are experiencing something that is less than wonderful, we are actually creating or participating in that experience. Now, we can go down the lengthy road to find the causal energy, or we can choose to have a different approach to these situations as they arise.

Simply by acknowledging that we had something to do with the experience at hand— we are empowered to choose another path.

I am experiencing something I do not enjoy. I no longer want to create this experience for myself. I release whatever in me that is creating it and I now choose to create supportive, happy experiences instead of the one I am having. I will walk in love.

Changing our attitude changes everything. When we can actively choose love, and joy for self, the world will begin to reflect that energy back to us in all of the details. Yes, we will still grow in this space of peace. But growth will come from a greater awareness of life, rather than a greater struggle when our needs are not met.

The only real power any of us have in this world is the power to choose. True choice comes from within our own heart and consciousness.

Choosing from what the world shows us is limited. Choosing what another wants us to choose, is reacting.

Choosing what we are told to choose, is not a choice at all.

Learning to grow through relationships is all about becoming conscious of the choices we make. We can choose every detail of our lives; and if we don't like it, we can choose again!

For me, I choose love. As I act from love in all situations, I can draw greater and greater love into my life.

I choose God. I now ask that all of my relationships reflect that divine presence of God's love moving in and through us all. And I choose Peace!

Much love and peace to all,
Cindy

Be Change

Everyone I talk with is ready for change in the new year. They want to see the world change, become a better place. They want to see personal changes as well, they want to experience better life. People are yearning for peace and joy and love to be revealed on a global scale. People are waiting for promises to be fulfilled. People are waiting.

The new year won't necessarily bring new experiences, however, it will bring new opportunities. We define life through our perspective so it is only logical that if we want the world to change, we may need to change our perspective of the world. If we want our life to change, a change in perspective is also needed. Life won't change until we do!

We are the ones that need to shift our viewing point ever so slightly for our picture, our experience, to reveal something new, something different. The gentle turning of a kaleidoscope presents a multiple of experiences for the viewer. Life is not so different.

One of Gandhi's famous sayings, "Be the Change You Seek," can be more than a bumper sticker when taken to heart. It can reveal our life in a whole new light.

We will be shown the continuum of life through transformation, that our transformation transforms the whole.

This new age we enter, Aquarius, is all about transformation to oneness. The simple tenants that we hear over and over again— *age of brotherhood, communication, spiritual enlightenment*— can be more than just bumper sticker material when we take them to heart. They are the foundation of the path we now tread.

A simple way to begin this process for transformation is to look for the oneness of life. See the connectedness. The next step is to begin to live in harmony with life, flow in co-operation. The third is to be your unique expression.

As you are your unique self, a note is sounded in the Universe and creates a new wave of communication. It is here that the uniqueness of other notes combines to create the symphony of life. Now, you can see with greater understanding and act with greater love. Oneness becomes automatic as this harmony is felt.

This is the transformation that allows you to move into your greater self. And in that, you will become one with love, living in the Christ, and from a space of harmony.

Can we be the change we seek?

Peace,
Patrick



Inner Quest

12830 New Providence Road, Alpharetta, GA 30004

(770) 521-2875

At **Inner Quest**, we are committed to creating Heaven on Earth. We believe in the promises of Jesus Christ - "Everything I do, you can do, and Greater." We are here to take that next step in Christed evolution, and to assist all others in doing the same. We sincerely appreciate your support, your love, and Your Lights. Many Blessings.

Inner Quest is staffed by:

Cindy Fuller	Minister, Reiki Master, Counselor Master Ro Hun Therapist
Patrick Abent	Minister, Reiki Master, Counselor Crystal and Color Therapist
Charmayne Scruggs	Children's Minister
Bonnie Westbrook	Bookkeeper
Madison Ivanyisky	Office Manager

Upcoming Events

- Jan 01 **Men's Breakfast** — No Men's Breakfast. **Have a Great New Years Day!**
- Jan 06 **Seminary Classes 1**— Saturdays 9:30-12. Six week series— every Saturday morning –Sign up in the lobby. — \$150 for the series.
- Jan 13 **Reiki Night**— Saturday Night, 6pm-8:30pm. *Love Offering*. Come and receive the gift of healing through Reiki. This is a powerfully gentle healing technique for everyone.
- Jan 19 **20's & 30's** —Friday Night, 7pm-9pm. Time to gather and discuss Metaphysical topics of interest. Everyone in their 20's and 30's are welcome to join. It is always a blast!
- Jan 26 **Our Annual Poetry & Scones Night** — Friday Night, 7:30-9pm. Touch your talent in a unique way. Write an original poem to share with your church family, and enjoy some hot tea and scones! This is a fun and creative way to hear your inner voice!
- Feb 01 **Meditation I Class 1**— Feb 1-Feb 22 - Thursdays 7pm-9. Learn to meditate, open your mind and heart to receive, and experience stillness in this four week series. — \$80 for the series.
- Feb 05 **Men's Breakfast** — Monday evening, 6:30pm. All men are invited to join Patrick for a men's breakfast. He prepares the awesome food—eggs and bacon —and you bring a side to share.
- Feb 10 **Reiki Night** — 6pm-8:30pm. *Love Offering*. Everyone could use a healing on some level. Our healing team is ready to channel God's love in a beautiful, gentle way.
- Feb 11 **Living Intentionally— A Workshop on How to Achieve Your Goals**—Sunday after church, 1pm-3pm. Maximum 8 people. Jason Giuliano and Cindy Fuller lead. \$30 — Sign up early!
- Feb 16 **20's & 30's** —Friday Night, 7pm-9pm. Metaphysics at its most fun! Join us.
- Mar 01 **Psychic Development I** — Mar 1-Apr 5, \$450. A six week class to learn how to read the energies of another. Learn to access your intuition and fine tune your perceptions. A new way to share love.
- Mar 03 **Abun Dance!** — Saturday, 7pm til...? Join us for an evening of building up energy to become magnets for good. It is good to dream, but it is also important to get your entire energy field involved. Come and "dance in" abundance.

WEEKLY ACTIVITIES

Sunday	Metaphysical Class	9:30-10:15 am	Adults
	Sunday Service	10:30-11:30 am	Childcare /Sunday School
Tuesday	Tuesday Night Group	7:30-9:00 pm	
Wednesday	Choir Rehearsal	7:00-9:00 pm	
Mon-Fri	Healing Sessions	10am-4pm by appointment	(770) 521-2875
Mon Evening Appointments Available			
Counseling, Spiritual Readings, Body Scans, Reiki, Color Therapy, Crystal Sound Therapy, Chakra Balancing, Inner Light Therapy & RoHun Therapy			



Inner Quest

2018

As we move into 2018, we can all be very proud of the vast improvements that were made during 2017! What more can be done, you may ask.

Well, in 2018..we have plans:

We are currently revamping the children's classrooms and this should be completed in the first few months of the new year.

We are getting new lighting for the property entrance and securing the lighting that was added a few years ago. We have plans to redesign our sound system area so that it can be more functional in its support of our team.

We will also be improving the grounds with special projects in the prosperity corner and path and in our brick garden and gazebo!

We are very excited about the growth and the help that you all provide in making these changes happen. It is our prayer that your world will blossom beautifully as well.

Adult Sunday School Class– 2018

In January, our class will be studying the Aquarian Gospel of Jesus the Christ. This is one of the foundational books of our Metaphysical Christian Church. Channeled from the Akashic Records by Levi Dowling, it provides an account of Jesus' life from birth to the ascension.

Lead by Rev Patrick Abent, you will have in depth discussions of the metaphysical meanings as well as the metaphysical impact his life had on the world. This is the story of Jesus the Christ and the story of us all. It gives a true blueprint of the Christing process.

Class meets every Sunday morning at 9:30am. All are welcome!

The Intelligence of the Cosmos by Ervin Laszlo, assisted by other authors

This book is amazing. Just reading Laszlo's scientific approach to energy completely validates our beliefs about our Spiritual condition.

"To integrate, harmonize, and unify all things, and at the same time embrace all things in oneness and love, is the Telos (cosmic goal) of all existence. When all is said and done, it is why we are here."

"Laszlo presents some intriguing evidence for the survival of our consciousness beyond the necessity for it to be connected to the brain and the physical body.... The reason for our existence is to evolve through a series of incarnations and improve the vibrational level of the cosmic ground, the Akashic field."
Emanuel Kuntzelman

To read about the energy flowing from the universe in and through the clusters of vibrations that comprise our consciousness is such a breath of oneness. Science and Spirituality are beginning to harmonize in their ability to look to that greater power that loves and guides us all! Yea God!!! Cindy Fuller

Love this Book!



Welcome New Members!

Surely Alvelo

God, we thank you for all of the beautiful lights that make our church a heaven on Earth!
Many Blessings to our New Members!

Our New Admin Assistant is here!

We are very pleased to announce that God has sent us our new Perfect Administrative Assistant who will grow into being our Office Manager.

Madison Ivanyisky joined us right after Thanksgiving. Many of you have already either met or spoken to her over the phone. She is working five days a week and will be available to assist in any situation you may have.

I want to thank you all for your prayers and for your support during this process. It has been a long journey that has ended with a keeper! Yea God!

20's and 30's Group Meeting

Fridays from 7-9 pm, Current Schedule is:
January 19 February 16
March 16 April 20 May 18

This is an amazing group of young people who are looking at the world through metaphysical eyes. It is always fun and always interesting. We never know what topic will come up for examination.

If you are a young person in this world, consider joining us for an evening of lively conversation and fun! This group of young people are the transformers of the world!



Book club starts up again!

Next meeting: Jan 21 at 12pm—**Einstein's Dreams** by Alan Lightman —leader, Andrea Spidalieri

We are always looking for new members. Feel free to join us for a discussion and see what it's all about.

Every 6 weeks we meet for one hour at noon at the church. The tentative dates for 2018 are as follow: Jan 21, Mar 4, Apr 15, May 20, Jul 1, Aug 12, Sep 23, with the final meeting on Nov 4.

At each meeting a new book will be selected for the next meeting, and moderators randomly rotate.

Children's Teachers Needed—

We need your help!

Our beautiful children are such a pleasure to teach and we could use 4 more teachers for our 4-7 year olds and 4 more teachers for our 8-12 year olds. If you would be willing to teach one Sunday every other month, this would be 6 Sundays a year, please sign up!!! Curious children await!

Sundays at Inner Quest

2018 The Year of Becoming

January

Growth Through Relationships

Jan 07	Empathy	Cindy Fuller
Jan 14	Patience	Patrick Abent
Jan 21	Kindness Recognizes Choice	Cindy Fuller
Jan 28	I Behold the Christ in You!	Cindy Fuller

“I am God Child. I Honor the God in all Mankind!”

February

Relationships with God

Feb 04	How You can Talk to God	Cindy Fuller
Feb 11	Honoring God within You	Cindy Fuller
Feb 18	Steps to Following Guidance	Cindy Fuller
Feb 25	Allowing the Christ to Grow	Patrick Abent

“Spirit expresses through me in Amazing Ways!”

In numerology, this year is all about relationships. It can also be about high spiritual relationships if you allow that focus to be maintained. As Metaphysical Christians, we are seeking to own a deep spiritual connection that flows through everything in our lives. So this January, we will be exploring how we can hold a deeper spiritual approach to our fellow man. We will not only focus on what we can say or do to keep our inner calm, but also on how we can reach out to share that calm with all of those around us. Spirit has asked us to do this as a deep reflection of the connectedness of all life.

Then in February we will be focusing on how to “up” our relationship with God. We will look at honoring our own inner Christ and how to allow that conscious awareness to grow. This will be a wonderful new beginning for our walk of Spirit through Matter! Join us.

*You have to learn to seek first the kingdom of heaven,
the place of stillness and quiet at the highest level of which you are capable,
and then the heavenly influences can pour into you, recreate you
and use you for the salvation of all humankind..*

The Quiet Mind by White Eagle



Ghost Maker

I was recently meditating and was aware of a cloudy energy that was hovering over my body. I asked Spirit what it was and I was told it was a Ghost Maker. I, of course, immediately asked that it be lifted from my field, and instead, I was lifted above it.

As I was taken up, Jesus Christ was leading me into a beautiful energy of golden light. And then I was shown-

A spiritual belief that does not allow the individual to connect directly with God almost always makes the person stay close to the earth..ie...a ghost.

I was shown how so many faiths teach that we are each unworthy to be in God's presence and this creates a big problem when we die. Instead of taking our rightful place in the Universal Good, we tend to stay in the familiar. Fear, at a very deep level, keeps us from accepting that our lives are forgivable, and, this keeps us fearful of the journey home. Living at these lower levels of consciousness can be taxing on the loved ones who want their family member to be at peace in God's care.

Those who love Jesus, however, can move up that golden light in his energy and grow to understand who they are as God's child. If they choose to.

Belief sets the course for all of our journeys. If we can believe that God is in charge and wants us to come home, then when the time comes for our journey to end, we can joyfully embrace what lies ahead of us, and hopefully touch the light of God that has always been within us!



How Can You Support Your Church?

PRAY – include IQ as a prosperous center of love & light
SHOW UP – for services, classes, festivals, and special events
VOLUNTEER – it's fun when everyone participates!

TITHE OR DONATE – giving where you are spiritually fed involves the energy of God in your matter.

And let's include other people's energy as well:

Smile.Amazon - participate with IQ as the non-profit.

Kroger Community Rewards - participate with IQ as the non-profit.

Ink & Toner recycling – we collect them and cash in for office supplies.

Support on all levels is necessary if any organization is to remain viable.. God is our source in all things, but YOU are the channels through which we receive that support. And we are so grateful for every way in which you give!

*Sunday Services now available on YouTube– innerquestchurch.
Also, check out our Bookstore for the latest spiritual books and gifts.*

Inner Quest

Tuesday Nights - 7:30pm-9:00pm

Tuesday evenings are set aside for the purpose of touching more intimately the presence of God within our hearts.

January

This month, we are making our worlds different. Time to choose a new experience.

Jan 02 **Affirmation for New Year Goals** What do you want to grow next in your world? Let's get outrageous! Join us as we open to something greater than our normal expectations. Come ready to expand.

Jan 09 **Numerology New Year** Every Year brings a new vibration to support our growth and evolution. Join us as we look at our *Universal Year* and our own *Personal Year* to see what lies ahead for us.

Jan 16 **Crystals-Generators** Tonight we will work with a generator crystal and program it so that it can be used to support our energy fields. Bring your own generator or you can purchase one in the bookstore.

Jan 23 **Crystals- Healing** Come and learn the healing properties of different healing crystals. Bring your healing crystals if you would like.

Jan 30 **Meditation Om Nama Shiva** "God remove the veils of illusion that keep me from knowing you". Tonight we will allow this beautiful intention to guide us into our own private meditation connecting us with God.

February

In February, we will explore beliefs and learn about healing! Each Tuesday will bring new energies into your life!

Feb 06 **What We Believe** This is always a fun experience. You can come and bring any question you have and we will address it metaphysically. There is no question too crazy!

Feb 13 **Breath of Light Meditation** Accessing the light of God transforms every cell of your body. Join us for a relaxing moment of touching the Divine.

Feb 20 **Auric Healing** Learn how to channel beautiful God energy into the aura of another. You will learn to clear energy and share the light. Anyone can do this!

Feb 27 **Super Powers** What type of superhero would you choose to be? And what type of superhero are you right now? Join us for an insightful evening of empowerment!

Every evening begins with a healing circle. Join us as we learn to lovingly and gently experience life.

If you are unable to attend, you can email your prayer requests to us. Each Prayer request is included in our Healing Circle for 30 days! The results of God's love moving through each situation is amazing!

Alive Living

Life is good now. Everything is working out. I am aware of what I want and I am grateful for it. Intensely grateful. When your body feels rested, it's beautiful.

Hmmm, stay grounded. Don't be scared of your fear.

Stay well and happy and surprised about life.

Keep meditating, even if you feel it's not working.

Delight others with your laughter.

Love yourself immensely until the day you leave this planet.

Have infinite energy to help others, and share your love with others.

Support each other through thick and thin.

Shower yourself with compassion.

Treat yourself the way you want others to treat you.

Fill your heart with joy. Say what's on your mind.

Fulfill your dreams at your own pace.

Not a daily to-do list.

Can you trust yourself enough by doing nothing until your heart is ready to move forward?

Can you really wait, not pressure or push yourself to be different, to be liked or to be productive?

Can you let go of all judgments of yourself within yourself?

And just breathe in joy? You are alive and you get to decide how you live and at what pace you like.

Life is meant to be lived with overflowing joy at a snail's pace. Life is meant to be savored like a giant, juicy orange.

Every bite, every morsel, is meant to be felt, experienced, tasted.

Let yourself do that.

Let yourself enjoy every minute, every second of your life.

Slow down. There is no hurry. No one is going anywhere.

With utmost gratitude,

Aqsa Zareen, MS, LPC, CHT, CPCS

A Prayer

Dear God,

I know you are a part of me. But from where I stand today, I am so aware of your greatness—

Bigger, more Immense than my own.

God, when you touch my heart, I feel the sweetest love and a knowing that I am yours.

There is nothing to fear— I am safe.

There is nothing to worry about— I am in your hands.

There is nothing to prove to the world—

Because nothing is outside of you in that moment.

You are in me and I am in you.

Keep me in this energy of peace.

God, let me rest my mind in your Presence.

Let me live in your Love.





The Year of “THAT!” by Rachel Shively

In January, Cindy started out our year with a message of “I want THAT!”, not “If then, then that”, but “I want THAT!” She then led us through weeks

of planting seeds, and creating fertile soil for the seeds to grow in, and connecting our higher and lower selves to give our seed the right energy to grow in during the year.

If you recall, we went into meditation during the services and placed our hand on our heart center to receive the seeds with Jesus by our side. My first seed was unconditional love. I had hummed and hawed around this in 2016, but in January I stated, “I want THAT!” I said it out loud. I may have even stomped my feet at choir practice one night. I will learn to give and receive unconditional love.

My second seed was freedom. I have had quite a journey with this concept. I once again rode the rollercoaster with this word in 2016, but in 2017, I stated that I want THAT! Which put me on what felt like more of my true path. When life flows, you realize that you are doing life right.

This does not mean that you will not come up against obstacles along the way, but if you are in flow with life the obstacles become stepping stones instead of mountains.

My third seed was trust. When promises are repeatedly broken and plans are set but consistently broken, trust becomes an elusive concept. Add on childhood experience, and you have a recipe for trust issues. It can be a painful and ugly process, or it can be a beautiful journey of forgiving yourself and others, and reminding yourself that you are a Divine Child of God.

As we journeyed through the year, the ministers of Innerquest led us through the Aquarian Gospels and other religious texts to show us how to interpret and wield the energy of certain situations in life. What I needed to hear from these messages was that whether it was career, home, or life in general, it was all about relationships. How do you view others? How do you view yourself while you are viewing others? Then how does your viewing affect the situation? I could probably write a book on this so to keep it short and as sweet as possible... whether it is your interaction with a stranger, a conversation at the water cooler at work, a heart to heart with a friend, or daily communication with a significant other, a few things happen. One, they provide a mirror for you. How they respond to some extent is what you are showing them. Two, at some point they stop being a mirror and start being themselves. Finally, you have a choice in how to respond. Stay on your path or let them derail you. Now that may sound a tad extreme (it is not as if your train is going over the edge of a cliff). You may just be taking a detour for a little bit. So, who’s path are you on? Will 2018 be the year you stop taking so many detours?

June led us into the Beatitudes, or as I voice-texted Cindy for a copy of them, it came out the InnerQuest attitudes. Who remembers them? For those of you that may be a little hazy from the holidays, or the fact that you may not remember what you had for breakfast, and that was all the way back in June. Here is a recap...

“Blessed are those that seek God’s counsel daily, for they will be advised in every detail.

Blessed are those who return to love, for their kingdom will be built in joy.

Blessed is the man who is unappreciated in his work, for he will find the true value within himself.

Blessed is the man who pauses to breathe, for he fills

himself up with the Spirit of God.

Woe to you who seek to create what another has in wealth & status, you will never find contentment living another’s dream.

Woe to you who cannot forgive your mistakes, for as long as you look at it, you live in it.

Woe to you who dream of better times but live in fear, for you will languish in the longing.

Woe to you who build another’s kingdom – never realizing you could have your own.”

During that message, I could hear her really telling me that it was time to come back to “I want THAT!”

Many of the “woe to’s” were speaking directly to me, especially the languishing part. She told us to stop that day, and get back on track. Plus, I had close friends that were telling me the same thing. “Have you had enough with the detours Rachel? When are you going to get back on your track?”

A reminder came in July that I am “I AM”. The God piece in me cannot shine its brightest if I am one, not acknowledging it, and two, off my path due to not being connected to God and my higher self.

Then comes the moment when you reconnect to the message in January of “I want THAT!” not if...then...that, but, I want THAT! You look ahead, and you see only your path. The journey that begins with one step. It may be one of the most difficult steps to take, but God and the Universe are conspiring to make everything right and perfect for you. Sit with that for a moment...breathe it in...you don’t have to push, you just need to flow with the energy. The moment you feel like you are pushing or fighting with something, stop. Reconnect. It is that simple. If you have a thought that you have to do it now, but nothing is falling into place, then you are working on your timing and not the Divine. Ah, Divine timing, the ultimate lesson in patience. Some of you may recall the day I was asked to do the Divine dip, and came up against pointed objects (read the excerpt if necessary). Now, I am a Taurus, and a strong-willed child of God. God knows that sometimes my hard-headedness requires me coming into contact with points and prickly things. But this year, I have learned to be more aware of those moments. Then I stop. Remind myself of Divine timing, that I am a Divine Child of God, and take a breath.

I do not stand up here just repeating wonderful sound bites from a year’s worth of messages. I have lived it. This year, I got divorced, bought a new house, moved into a new house, dealt with the transition of my father-in-law and mother-in-law, attended too many funerals of former students due to drug issues, celebrating a year of “lasts” with my son, Michael, who is a high school senior and my daughter, Keira, who is an 8th grader. I have been on the dance floor with Divine timing all year. However, I have also been on my path journeying toward unconditional love, freedom, and trust.

So, for 2018, if you didn’t declare in 2017 that “I want THAT!”, then I hope you find your “THAT” in 2018. Once you find it, wrap it in intention daily. Meditate about it. Ask God and the Universe questions for directions on how to journey toward it. When you come into contact with pointed objects and prickly things, take a moment to figure out why you are fighting it. Give it to God, and go with the flow. Give gratitude to God, Jesus, your higher self, your angels celestial and earthly, and to yourself. Then watch your life unfold into what God has in store for you. Happy New Year!

Enrichment Classes and Special Workshops

Special Classes and Workshops

During 2018, we will be offering one day workshops and special classes throughout the year. Mark your Calendars for these special events!

Poetry and Scones

January 26, 2018

Friday, 7:30-9 pm

Discover your inner poet. Write your own poem and share with others over hot tea and scones! A great, fun family experience. Everyone is welcome. Love Offering for the food.

Meditation I

Feb 1- Feb 22

Thursdays, 7-9 pm, \$80 for the series

Learn to Relax. Open to Your Intuition. Connect with God & Improve Concentration. This series offers many different meditation techniques to teach you the basics. You will learn to relax the body and to focus the mind so you can "go within." Then you will find that world of peace and guidance that you always knew existed.

Psychic Development I

Mar 01- Apr 05

Thursday Evening, 7:00-9:30, \$450

This is a six week class designed to sensitize you to begin "reading" the energies of others. Whether you are seeking to expand your intuition for self or for helping others, this program will give you the tools you need to begin to focus and decode the information you receive.

Healing Class

June 23-24, 28, July 5-26

Thursday Evening, 7:00-9:30, \$450

This is a foundational class on energy healings. You will learn how to enter the energy field of another; how to channel God love for a deep healing; how to heal long distance; and how to "see" beyond the symptoms into cause. This very extensive class is an experience of deep revelation for every student!

Psychic Development II

Sep 6- Oct 11

Thursday Evening, 7:00-9:30, \$450

This class teaches you how to deal with energies in the environment. . . understanding astrals, missing persons, identifying and dealing with earth-bound entities, and understanding how to contact loved ones on the other side. Class will include several field trips for hands-on experience, so some class times will alter. Our focus will be spiritual work in the world. Psych I is a prerequisite.

Other Sunday Workshops

Living Intentionally-

A Workshop on How to Create and Achieve your Goals

Feb 11 - Sunday, 1-3 pm—\$30

An interactive class which will provide greater clarity and a workable plan to manifesting your goals. Every dream can become an achievable goal with the right intention and investment. Join us and learn how to make this happen. Jason Giuliano and Cindy Fuller lead. Maximum of 8 people.

Everything you wanted to know about the Bible- Now you can ask!

March 18 - Sunday, 1pm-3pm

This is a great time to explore any and all questions you might have about any text in the Bible. We will look at these ideas and concepts from a Metaphysical Perspective, with the help of Dr Errico's cultural input.

Higher Education Classes

Begin January 6, 2018

Foundational classes to inspire and teach the building blocks of metaphysical thought!

Each class series consists of six classes held on Saturday mornings. Class begins at 9:30am and ends at 12:00pm.

Metaphysics I- An amazing experience which will help you define principles of energy. Transformational at its core, the ideas presented here will become the basis of your reality!

These classes are life changing in every way! Check your heart to see if this is your next step!

January 6-Feb 10, 2018-

Metaphysics I

Rev Cindy Fuller

& Rev Cheryl Provence

Aquarian I

Rev Patrick Abent

Higher Education Classes throughout 2018:

Meta II, Aquar II

Feb 24- Mar 31

Meta III, Aquar III

Apr 7- May 12

Meta III, Aquar IV

Aug 4-Sep 8

Meta IV, Aquar V

Sep 22- Nov 3

Dates to Remember

Inner Quest Fest- spring

May 05, 2018

Malta Trip

May 17-26, 2018

Inner Quest Fest- fall

Oct 13, 2018

Free Flow

If time is an illusion
Why do we make it real
Accepting all its guidelines
With which we have to deal

Don't we know we're energy
Dare we take a look
And ask revealing questions
That aren't found in a book

Sometimes the flow of life seems slow
But how are we to know
Have we missed the only truth
That life IS simply flow

The journey keeps unfolding
Expanding love – our quest
Surrender to your inner guide
Life is not a test

Peace,
Patrick



Inner Quest

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God Bless.....